



**Public Health**  
Prevent. Promote. Protect.

**MONITEAU COUNTY HEALTH CENTER**  
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MONITEAU COUNTY, MO –The Moniteau County Health Center issued a press release on March 21, 2020 confirming the county’s first positive case of COVID-19. Contacts were notified and instructed to take necessary precautions to limit the spread of COVID-19 per DHSS and CDC guidelines in regard to isolation and quarantine. The individual is an adult, in their 60’s with no travel history and continues to be in isolation. The patient’s identity will remain confidential; therefore, we will not be releasing any personal information about this case.

It is important that each and every one of us continue to practice basic preventative measures to help decrease the spread. These measures, as outlined by the CDC, include: social distancing, avoiding contact with people who are sick, covering coughs and sneezes, proper hand-washing, cleaning frequently used surfaces, and staying home when sick.

The Moniteau County Health Center has taken and will continue to taking the necessary precautions to keep our patients and community safe and will continue to diligently monitor the COVID-19 situation as it evolves by following the DHSS and CDC guidelines to help protect the public health and limit spread of this infection.

We highly encourage, if you suspect that you have COVID-19 or have been exposed to someone with COVID-19, call your healthcare provider before seeking care.

If you have questions, please consult a factual source, such as

<https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>,

[www.moniteaucountyhealth.org](http://www.moniteaucountyhealth.org), <https://www.cdc.gov/coronavirus/2019-ncov/index.html>. The community can also call MDHSS 24-hour hotline (877)435-8411.