



# 2019 NWA Gaited Dressage Introductory Level - TEST A

## WALK - FLAT WALK

**REQUIREMENTS:**

Free Walk  
 Medium Walk  
 Flatwalk  
 20 meter circle  
 Halt through walk

**PURPOSE:** To introduce the rider and/or horse to the sport of dressage. To show understanding of riding the horse forward with a steady tempo into an elastic contact with independent, steady hands and a correctly balanced seat. To show proper geometry of figures in the arena with correct bend (corners and circles)

# NO:

TEST		DIRECTIVE IDEA	POINTS	COEFFICIENT	TOTAL	REMARKS
1	A Between X&C	Enter flatwalk  Medium Walk	Straightness on centerline and in transition; clear flatwalk and walk rhythm.			
2	C M	Track right  Flatwalk	Balance and bend in turn. Quality of transition.			
3	A	Circle right 20 meters, flatwalk	Roundness and size of circle; clear flatwalk rhythm and bend			
4	K-X-M	Change Rein	Clear flatwalk rhythm and straightness on diagonal; bend through corners.			
5	C	Circle left 20 meters, flatwalk	Roundness and size of circle; clear flatwalk rhythm and bend			
6	Between C&H	Medium walk	Willing and balanced transition; clear walk rhythm			
7	H-X-F	Free Walk	Complete freedom to stretch neck forward and downward; clear walk rhythm, straightness on the diagonal; ground cover.			
8	F-A	Medium walk	Willing and balanced transition; clear walk rhythm; bending in corner and turn.			
	A	Down Centerline	Straightness on centerline.			
9	X	Halt and salute	Straightness; willing, balanced transition at halt.			

Leave arena at free walk - exit at A



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### COLLECTIVE MARKS

<b>GAITS</b> (Freedom and regularity)			
<b>IMPULSION</b> (Desire to move forward with suppleness of the back and steady tempo).			
<b>SUBMISSION</b> (acceptance of steady contact, attention, and confidence).		<b>2</b>	
<b>RIDER'S POSITION AND SEAT</b> (keeping in balance with horse).			
<b>RIDER'S EFFECTIVENESS OF AIDS</b> (correct bend and preparation of transitions).			
<b>GEOMETRY AND ACCURACY</b> (correct size and shape of circles and turns).			

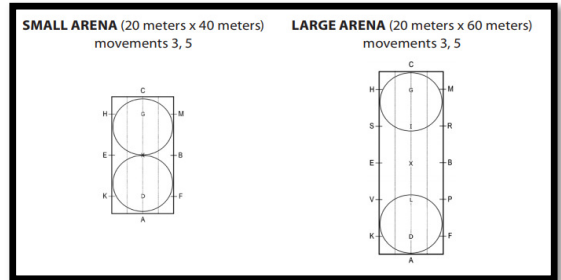
160

### FURTHER REMARKS:

SUBTOTAL: \_\_\_\_\_

ERRORS ( - \_\_\_\_\_ )

TOTAL POINTS: \_\_\_\_\_



National Walking Horse Association  
**2019**  
**INTRODUCTORY LEVEL - TEST A**  
**WALK - FLAT WALK**

NWAHA  
**INTRODUCTORY**  
**LEVEL TEST**  
**A**

This unique series of tests provides an opportunity for the horse and/or rider new to dressage to demonstrate elementary skills. The tests have been designed to encourage correct performance and to prepare the horse for the transition to the USDF tests.

### SUGGESTED SCHEDULING TIME

5:00 Standard Arena  
 4:00 Small Arena  
 (Possibly long for schooling shows)

### INSTRUCTION:

Turns from centerline to long side and long side to centerline should be ridden as a half circle, touching the track at a point midway between the centerline and the corner, and vice versa.

### COMMENT:

Horses should be ridden on a light but steady contact, with the exception of the free walk in which the horse is allowed complete freedom to stretch neck forward and downward.



**National Walking Horse Association**  
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Scoresheet effective date: December 1, 2018 - November 30, 2022

Name of Competition \_\_\_\_\_  
 Class \_\_\_\_\_  
 Date \_\_\_\_\_

Number and Name of Horse \_\_\_\_\_  
 Name of Rider \_\_\_\_\_

**MAXIMUM POSSIBLE POINTS: 160**

**FINAL SCORE**

Points \_\_\_\_\_ Percent \_\_\_\_\_

Name of Judge / Position \_\_\_\_\_  
 Signature of Judge \_\_\_\_\_