

CASE Events Calendar - April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 EASTER MONDAY	2 Healthy at Heart TFRC 11:30 to 12:45	3 CASE Essentrics Online 10:45 AM	4 Healthy at Heart TFRC 11:30 to 12:45 Social Breakfast 9:30 AM	5 Essentrics Online with Lynn 9:30AM	6 Essentrics Online with Lynn 10:00 AM
7 Essentrics Online with Lynn 10:00 AM	8 Essentrics Online with Lynn 1:00 PM Education Evening TBA	9 Healthy at Heart TFRC 11:30 to 12:45	10 Essentrics Online with Lynn 9:30AM	11 Healthy at Heart TFRC 11:30 to 12:45	12 Essentrics Online with Lynn 9:30AM	13 Essentrics Online with Lynn 10:00 AM
14 Essentrics Online with Lynn 10:00 AM	15 Essentrics Online with Lynn 1:00 PM	16 Healthy at Heart TFRC 11:30 to 12:45	17 Essentrics Online with Lynn 9:30AM	18 Healthy at Heart TFRC 11:30 to 12:45	19 Essentrics Online with Lynn 9:30AM	20 Essentrics Online with Lynn 10:00 AM
21 Essentrics Online with Lynn 10:00 AM	22 Essentrics Online with Lynn 1:00 PM	23 Healthy at Heart TFRC 11:30 to 12:45	24 Essentrics Online with Lynn 9:30AM	25 Healthy at Heart TFRC 11:30 to 12:45	26 Essentrics Online with Lynn 9:30AM	27 Essentrics Online with Lynn 10:00 AM
28 Essentrics Online with Lynn 10:00 AM	29 Essentrics Online with Lynn 1:00 PM	30 Healthy at Heart TFRC 11:30 to 12:45				