

CASE Events Calendar - December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Healthy at Heart TCRC 11:30 to 12:45	2	3
4	5 CASE Essentrics Online 1:00 PM	6 Healthy at Heart TCRC 11:30 to 12:45	7 CASE Essentrics Online 11:00	8 Healthy at Heart TCRC 11:30 to 12:45	9 CASE Christmas Party West End Seniors Cent. 5:00PM	10
11	12 CASE Essentrics Online 1:00 PM	13 Healthy at Heart TCRC 11:30 to 12:45	14 CASE Essentrics Online 11:00	15 Healthy at Heart TCRC 11:30 to 12:45	16	17
18	19 CASE Essentrics Online 1:00 PM	20 Healthy at Heart TCRC 11:30 to 12:45	21 CASE Essentrics Christmas Zoom Online 11:00	22 Healthy at Heart TCRC 11:30 to 12:45	23	24
25 Christmas Day	26 Boxing Day CASE Essentrics Online 1:00 PM	27 Healthy at Heart TCRC 11:30 to 12:45	28 CASE Essentrics Online 11:00	29 Healthy at Heart TCRC 11:30 to 12:45	30	31 New Years Eve