

CASE Events Calendar - January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Years Day	2 CASE Essentrics Online 1:00 PM	3 Healthy at Heart TCRC 11:30 to 12:45	4 CASE Essentrics Online 11:00	5 Healthy at Heart TCRC 11:30 to 12:45	6	7
8	9 CASE Essentrics Online 1:00 PM	10 Healthy at Heart TCRC 11:30 to 12:45	11 CASE Essentrics Online 11:00 Welcome Back Dinner 6PM Boston Pizza	12 Healthy at Heart TCRC 11:30 to 12:45	13	14
15	16 CASE Essentrics Online 1:00 PM	17 Healthy at Heart TCRC 11:30 to 12:45	18 CASE Essentrics Online 11:00	19 Healthy at Heart TCRC 11:30 to 12:45	20	21
22	23 CASE Essentrics Online 1:00 PM	24 Healthy at Heart TCRC 11:30 to 12:45	25 CASE Essentrics Online 11:00	26 Healthy at Heart TCRC 11:30 to 12:45	27	28
29	30 CASE Essentrics Online 1:00 PM	31 Healthy at Heart TCRC 11:30 to 12:45				