



# Mary Allan Hand Therapy

Occupational Therapist / Certified Hand Therapist

## HISTORY FORM: OCCUPATIONAL THERAPY

Age: \_\_\_\_\_ Male/Female \_\_\_\_\_ Hand Dominance: Right/Left/Both \_\_\_\_\_  
Highest Education Level: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Current Work Status? \_\_\_\_\_

What was your work status prior to your current condition? \_\_\_\_\_

List your leisure activities/hobbies/sports \_\_\_\_\_

Do you have any difficulties with: \_\_\_ vision \_\_\_ hearing \_\_\_ speech/language? If so, please explain \_\_\_\_\_

### HISTORY OF PRESENT ILLNESS

What problem(s) brings you here today? \_\_\_\_\_

When did this problem begin? \_\_\_\_\_ Did this occur gradually or suddenly? Please Describe \_\_\_\_\_

Were you hospitalized for this condition? Yes/No If yes when, for how long, & where \_\_\_\_\_

Since this problem began have your symptoms \_\_\_ improved \_\_\_ worsened \_\_\_ stayed the same

What Diagnostic tests/ procedures have you undergone for this problem (ie x-rays, MRI, EMG, surgery)? \_\_\_\_\_

Please list results/findings: \_\_\_\_\_

Have you received any other treatment for this condition (i.e. OT, PT, injections). Yes / No If yes describe type of treatment, dates received \_\_\_\_\_

What activities increase your symptoms: \_\_\_\_\_

What activities decrease your symptoms: \_\_\_\_\_

What is your pain level: Pain at Rest \_\_\_\_\_ Pain With Activity \_\_\_\_\_  
0 1 2 3 4 5 6 7 8 9 10  
No Pain Unbearable Pain

Where is your Pain \_\_\_\_\_

Quality of Pain is: \_\_\_ sharp \_\_\_ dull \_\_\_ throbbing \_\_\_ numbness \_\_\_ tingling \_\_\_ shooting \_\_\_ burning \_\_\_ other \_\_\_\_\_

Frequency of Pain: \_\_\_ constant (76-100%) \_\_\_ frequent (51-75%) \_\_\_ occasional (26-50%) \_\_\_ rarely (25% or less)

Please list all medications you are currently taking \_\_\_\_\_

### PAST MEDICAL HISTORY

Do you have/had any of the following medical conditions?

\_\_\_ Heart Condition \_\_\_\_\_

\_\_\_ Kidney Disease \_\_\_\_\_

\_\_\_ High Blood Pressure \_\_\_\_\_

\_\_\_ Arthritis \_\_\_\_\_

\_\_\_ Cancer \_\_\_\_\_

\_\_\_ Angina \_\_\_\_\_

\_\_\_ Seizure Disorder \_\_\_\_\_

\_\_\_ Vascular Disorder \_\_\_\_\_

\_\_\_ Osteoporosis \_\_\_\_\_

\_\_\_ Diabetes \_\_\_\_\_

List any allergies and reactions \_\_\_\_\_

List any other medical conditions or surgeries (pregnancies, injuries, etc.) \_\_\_\_\_

Please continue on next page



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## PATIENT HISTORY FORM: OCCUPATIONAL THERAPY (continued)

### FUNCTION

What problems resulting from your current condition are limiting your ability to participate in your activities

Are there any techniques or assistive devices that you currently use to help you complete your daily activities? \_\_\_\_\_

Check the following activities you are having any difficulty with because of your current condition?

Check

Briefly describe

	DRESSING	
	EATING	
	GROOMING/HYGIENE	
	KITCHEN ACTIVITIES	
	BATHROOM ACTIVITIES	
	HOUSEKEEPING	
	YARDWORK	
	HOMEMANAGEMENT	
	MONEY/BANKING ACTIVITIES	
	WRITING	
	HANDLING COINS, KEYS, etc.	
	TELEPHONE USE	
	USE OF TOOLS	
	SHOPPING	
	TIME MANAGMENT	
	WORK/SCHOOL TASKS	
	SOCIAL ACTIVITIES	
	MOBILITY	
	LEISURE ACTIVITIES	
	COMPUTER	
	READING	
	OTHER	

Do you live alone: Yes/No If no, who do you live with: \_\_\_\_\_

Do you have any assistance at home: \_\_\_\_\_

### GOALS

Please list your goals/what you hope to accomplish in occupational therapy (include functional activities)

Patient Signature \_\_\_\_\_

### FOR THERAPIST USE ONLY

Comments \_\_\_\_\_

Above report reviewed with patient for accuracy.

Therapist Signature \_\_\_\_\_