PROFESSIONAL COACHING STAFF

Denine Page 905-376-2230

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REGISTRATION

www.baltimorefigureskatingclub.ca

Complete registration form, COVID-19
Acknowledgement Waiver and
Code of Conduct
Email to

treasurerbaltimore@gmail.com

Wait for invoice and payment instructions

Baltimore Figure Skating Club Executive 2020-2021

President: Denine Page

2pages@xplornet.ca

Treasurer: Travis Doyle

treasurerbaltimore@gmail.com

Secretary: Virginia Redwood

smithgin@hotmail.com

Registrar: Sharon Anderson

jimsharonanderson@gmail.com

Test Chair: Krista Seto

kseto@cogeco.ca

Communication Director: Denine Page

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Coaching Representative: Denine Page

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Website Facilitator: Megan Anderson

megan.anderson17@hotmail.com

2020 - 2021 SKATING SEASON

CanSkate – Learn to Skate
CanSkate – Parent & Tot
PRE StarSkate
STARSkate

Baltimore Figure Skating Club

P.O. Box 201

23 Community Centre Rd. Baltimore, ON KOK 1C0



Visit our Website for updates and information at www.baltimorefigureskatingclub.ca

PROGRAMS

Canskate (Learn to Skate) is a dynamic, learn-to skate program that focuses on fun, participation and basic skill development. Based on Sport Canada's long-term centers on physical literacy and the fundamentals needed to take part in any ice sport or to skate as a recreational activity.

This program is led by NCCP-trained professional coaches and assisted by trained assistants.

You can expect Action, Movement and Fun in this program! Lessons are delivered in a group format. Skaters progress at their own rate and coaches make sessions active using teaching aids, upbeat music and a wide variety of activities that create a motivated environment and promote learning.

A CSA approved hockey helmet, long pants, mittens, warm sweater/jacket and skates are required for this program.

CanSkate – **Parent & Tot** can be used as option for skaters who require hand-on assistance getting up and maneuvering on the ice. Parent will be responsible for assisting their skater.

"Parent" includes members of the skater's household or members of their social circle.

All participants on a Parent & Tot session must be registered with Skate Canada.

A CSA approved hockey helmet, long pants, mittens, warm sweater/jacket and skates are required for this program. Parent must wear a CSA approved helmet if their own skating ability level is below Stage 5.

PRE STARSkate is for skaters who have successfully completed their CanSkate Stage 4 badge (and looking to continue in the sport of figure skating). The skaters will continue to progress through stages/badges 5&6, and will be provided with professionally coached group lessons.

A CSA approved hockey helmet and mittens are mandatory until completion of Stage 5.

STARSkate – offers opportunities for skaters of all ages to develop fundamental figure skating skills in the areas of ice dance, skating skills, freeskate and interpretive skating. Skaters have the opportunity to take Skate Canada tests through a nationally standardized testing system. Private Coaching is required for individual lessons and should be arranged with the Coaching staff prior to the start of the season. Please be sure to discuss all formats of lessons with your Coach (private, semi private and group).

Baltimore Figure Skating Club is sanctioned by:



2020 – 2021 ICE SCHEDULE

Canskate - Learn to Skate and Parent & Tot

\$330.00 + \$45.00 = \$375.00 (1 night)

Starts - November 2, 2020

Monday 5:30p to 6:20p

STARSkate

For less than 3 sessions per week

Monday 4:30p to 5:30p

\$280 + \$45 Skate Canada Ins = \$325

Wednesday 4:30p to 5:50p

\$415 + \$45 Skate Canada Ins = \$460

Friday 4:00p to 5:20p

\$415 + \$45 Skate Canada Ins = \$460

3 sessions per week

\$875 + \$45.00 = \$920

Starts - November 2, 2020

GENERAL INFORMATION

REGISTRATION FEE - To participate in the Skate Canada programs, all skaters must be a member of Skate Canada. The \$45 fee is payable at time of registration and will be remitted by the club to Skate Canada.

FAMILY DISCOUNT – If you have more than one skater registered <u>full time</u> in our skating programs, the first skater will pay the set registration fee and each additional skater will receive a 10% discount at the lowest club level.

A FEE OF \$30 WILL BE CHARGED ON ALL NSF OR RETURNED CHEQUES.

Due to limited coaching resources, and in order to ensure a good learning experience for all skaters, children age 3 and under may undergo a skating assessment to ensure they are ready to enter the program. If the Coaches feel that it is too early for your child to enter the program, the club will issue you a full refund.