



# Eagle Leadership Martial Arts



## Test for Pyung Ahn Cho Dan

Student Name: \_\_\_\_\_

### Question and Answer Section

1. What does Pyung Ahn Cho Dan Mean in English? \_\_\_\_\_
2. How many counts are in Pyung Ahn Cho Dan with Choon Bee? \_\_\_\_\_
3. What is the animal characteristic of Pyung Ahn Cho Dan? \_\_\_\_\_

### True and False Answer Section on Protocol

1. Student should just throw their shoes and bags anywhere they would like as they come in the class? \_\_\_\_\_
2. A student should always be respectful to their seniors and their juniors?  
\_\_\_\_\_
3. A student should always go to the bathroom at any point during class?  
\_\_\_\_\_
4. A student can just leave the floor without asking permission? \_\_\_\_\_
5. A student should always raise their hand to answer a question in class. They should never just speak out? \_\_\_\_\_
6. A student arriving before class should quietly stretch before class begins? \_\_\_\_\_



## Eagle Leadership Martial Arts



### Terminology

1. Kap Kwon: \_\_\_\_\_

- a. Hammer Fist
- b. Reverse Punch
- c. Back Fist
- d. Side Punch

2. Ahp Cha Ki: \_\_\_\_\_

- a. Side Kick
- b. Back Kick
- c. Front Kick
- d. Round Kick

3. Yup Cha Ki: \_\_\_\_\_

- a. Stretch Kick
- b. Side Kick
- c. Back Kick
- d. Round Kick

4. Ha Dan Soo Do Ma Ki: \_\_\_\_\_

- a. Low Knife Hand Block
- b. High Knife Hand Block
- c. Center Knife Hand Block
- d. Low Block

5. Bahl Potolly Cha Ki: \_\_\_\_\_

- a. Front Kick
- b. Side Kick
- c. Stretch Kick
- d. Back Kick

6. Ha Dan Mahk Ki: \_\_\_\_\_

- a. High Block
- b. Low Block
- c. Attach Punch
- d. Center Block