

# EMPOWERU

AUGUST 2020

# The Newsletter

Therapeutic Empowerment | [www.WomensEmpowermentCoach.us](http://www.WomensEmpowermentCoach.us)

Magistra International | [www.Magistra.us](http://www.Magistra.us)

**THE SUMMER WOMEN OF DIVERSITY  
BUSINESS BRUNCH! AUGUST 15TH, 2020  
AT THE MAKERS PLACE IN SACRAMENTO!**

**OUR ACTUAL MUST OWN BOOKS  
& THE NEW MAGISTRA BOOK  
CLUB FEATURES!**

**LYDIA FENET  
ALICIA KEYS  
SHONDA RHIMES**

**MAGISTRA MAGAZINE!  
JULY 2020 ISSUE NO. 2  
WOMEN LEADERS ARE  
POWER LEADERS!**

**THE EMPOWERU!  
EXPERIENCE  
ONLY FROM  
THERAPEUTIC  
EMPOWERMENT  
THE ONE YOU WILL  
LOVE TO DO!**

# SUMMER SUMMIT

**LIVE & ONLINE WITH 12  
AMAZING WOMEN LEADERS!  
AUGUST 28TH & 29TH, 2020!**

**2020 Women of Diversity Business Brunch!**  
Saturday, August 15th, 2020  
10:00AM - 1:00PM  
Makers Place, Sacramento, California

**BOOK LOVERS UNITE!**  
Introducing  
The Magistra Book Club

**The Magistra Book Club in July**  
*The Most Powerful Women in the Room: 16 Women Who Shaped Our World and Still Inspire Us Today*  
by Lynda Ford

**Magistra Magazine**  
Honoring Women  
to Inspire Women

**EmpowerU!**  
Imagine. Identify. Implement.

**NOT WITHOUT MY COFFEE!**  
Seasonal Coffees & Exceptional Ideas  
By Vikki H. Vigil

**EMPOWERING JOURNAL PROMPTS TO RESTART YOUR WRITING.**

**2020 Business Women of Diversity Summer Summit!**  
LIVE & ONLINE FEATURING PHENOMENAL WOMEN LEADERS

**FRIDAY AUGUST 28TH**

- 9:00AM - STEPHANIE MERRIS, EMPOWER HOUR
- 10:00AM - SHONDA RHIMES, REDEFINING EMERGE
- 11:00AM - DR. WENDY DUNN, DIVERSITY, INK, & BETTERWAY IN HEALTH
- 12:00PM - ALICIA TONNELI, THE LADYMA CONNECTION
- 1:00PM - ANGELA ANDERSON, LEADING WOMEN TO ACTIVISTS
- 2:00PM - JOJO HIGDON, BUSINESS TO FREEDOM™

**SATURDAY, AUGUST 29TH**

- 9:00AM - ELIZABETH BOTMAN, BUSINESS STRATEGIST
- 10:00AM - MONICA HENDERSON, REAL LIFE MOTIVATION
- 11:00AM - SHONDA RHIMES, DIVERSITY WOMEN CONNECTION
- 12:00PM - MEL VIVALDI, MIA, MIA, MIA! DRIP COFFEE THERAPEUTIC EMPOWERMENT | MAGISTRA INTL.
- 1:00PM - SHONDA RHIMES, COFFEE TO FREEDOM
- 2:00PM - TIZAH MONIZ, YES WOMEN COLLECTIVE

SPONSORED BY MAGISTRA INTERNATIONAL | [WWW.MAGISTRA.US](http://WWW.MAGISTRA.US)

AS FOUNDER AND CEO OF MAGISTRA INTERNATIONAL  
I'M PRODUCING WOMEN OF DIVERSITY BUSINESS BRUNCHES,  
POWER LUNCHEONS, THE MAGISTRA MAGAZINE SUMMER  
SUMMIT ONLINE, THE INTERNATIONAL WOMEN IN BUSINESS  
MASTERMIND PODCAST & MAGISTRA MAGAZINE!!!  
HERE IS WHAT'S NEW & WHAT'S COMING UP!

2020  
*Women of Diversity  
Business Brunch!*



Stephanie  
Mearse

Mari  
Shuler

Nikki  
Coner

Sonia  
Hassey

Vihit H.  
Vigil

[2020WOMENOFDIVERSITYBRUNCH.EVENTBRITE.COM](http://2020WOMENOFDIVERSITYBRUNCH.EVENTBRITE.COM)

*Register Today!*

SATURDAY, AUGUST 15TH, 2020  
10:00AM - 3:00PM  
THE MAKERS PLACE  
2618 X STREET, SACRAMENTO, CALIFORNIA  
SPONSORED BY MAGISTRA INTERNATIONAL | [WWW.MAGISTRA.US](http://WWW.MAGISTRA.US)

The Summer 2020 Women of Diversity Business Brunch is open for Registration and we are looking forward to seeing you all there!

California Women of Diversity are gathering for the 2020 Summer Brunch full of speakers, amazing food, gifts, raffle prizes and the gift of collective collaboration!

With a theme of Synergy join in to strengthen your

motivation for success and taking action that is in sync with your long term goals and aspirations! To ensure adequate social distancing our capacity has been reduced so REGISTER TODAY to make sure you have a seat!

[www.2020WomenofDiversityBrunch.Eventbrite.co](http://www.2020WomenofDiversityBrunch.Eventbrite.co)



EMPOWERU! THE SIX WEEKS THAT WILL FOREVER CHANGE YOU!

*EmpowerU! with Women's  
Empowerment Coach Ms. Vihil Vigil*

*I've packaged my strategies, lessons and healing  
approaches to create EMPOWERU! for the Woman  
ready to LIVE HER BEST LIFE!*

*This one to one experience empowers you to  
improve your life + increase your accountability +  
improve your organizational skills TO CHANGE  
YOUR FUTURE FOREVER!*

REGISTER NOW!

**->I'm a FIERCE WOMEN'S EMPOWERMENT COACH  
DETERMINED TO HELP YOU SUCCEED!<-**

Through my organization Therapeutic Empowerment I challenge the mindset of very busy professional family focused women and women business owners like YOU by being your personal empowerment coach! My specialty is working with complex go getter women who want more from life but aren't sure how to make it happen! I left 20 years in Corporate Business Development & Project Management to follow my true path in life and I'd LOVE to connect with more women who want the same for themselves!!!

**THE PROGRAM FOR YOU!!**

**Your EmpowerU! Experience! A Personalized Program Designed for YOU!!**

Your EMPOWERU! Experience starts with a one night stay at a luxury hotel in proximity to your location. During your stay we will have in depth in-person or phone and video conversation while you spend time relaxing, refocusing and preparing to begin your new life! Your program length is 6 weeks which can be scheduled consecutively or bi-monthly. EMPOWERU! is our signature coaching program and cycles once a quarter.

**EMPOWERU! is a ONE to ONE Coaching Course to CHANGE YOUR LIFE!**

**IF YOU SIGN UP BEFORE JULY 31ST YOU ARE GIVEN \$500 OFF!**

## Here is to New Perspectives

Working with someone who has experience in problem solving, working through pain points, strategizing for success and preparing for your plan's implementation provides you with someone to keep you accountable while teaching you how to achieve your goals.

## Forever Tools

Throughout your Empowerment Coaching Program we are setting the framework for how you will accomplish your goals with modules to get you through the work.

## Outcomes & Successes

You have tried to improve on your own  
now work with someone who can produce real outcomes and successes with you!

## Who would benefit?

Women who are **READY FOR CHANGE!** Women who are new graduates, mid-career professionals, business executives and women veterans with a desire to improve their lives. Women who may have experienced trauma in life. Women who **KNOW** they are destined for so much more! Women willing to put themselves first! Women willing to step into her power and work through past disappointments, traumas, setbacks and be done with always putting themselves last.

It is truly your time to shine, so take the chance to change your life!

## So... Empowered Woman

**STOP BANGING THAT BEAUTIFUL HEAD AGAINST THE WALL BABE!**

Take a chance on **YOURSELF**, please. Do this for you and just **SEE** what I'm talking about! Trust your gut. If your heart is telling you damn it girl go for this -then you deserve this **FOR YOU!** Sign up for **EMPOWERU!** and I am so confident that I can take you to the next level in your life that if you hate it you don't have to continue, but I guarantee you will not hate it  
**YOU WILL ABSOLUTELY LOVE IT!!!**

I can **NOT** wait to meet with you!!



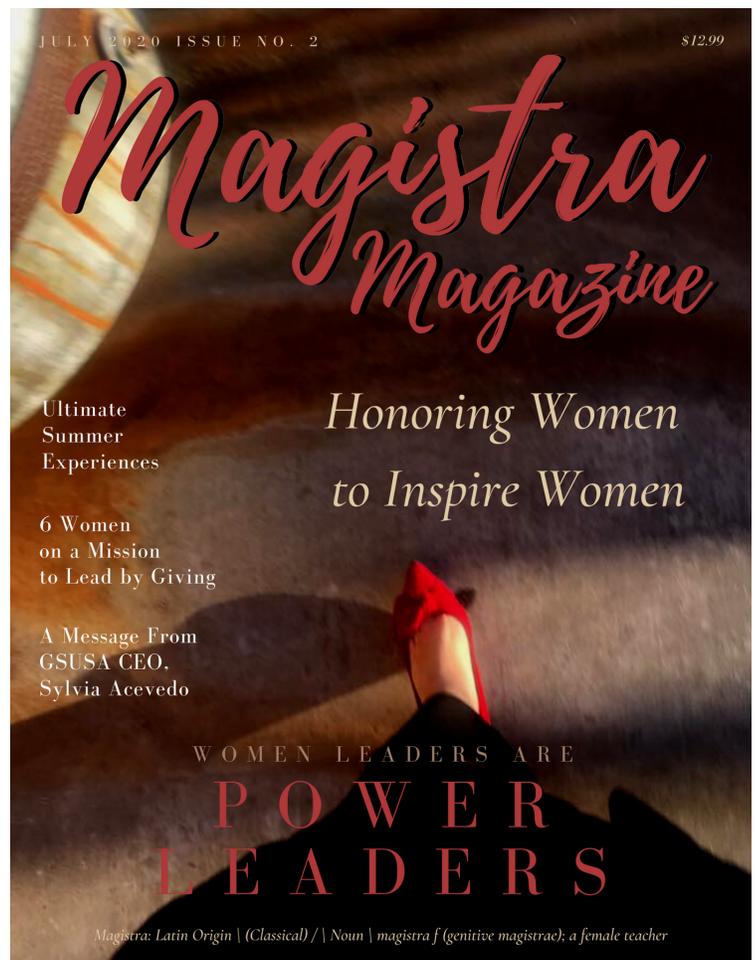
**MAGISTRA MAGAZINE A PRIDE & JOY OF MAGISTRA INTERNATIONAL, LAUNCHED IT'S INAUGURAL ISSUE IN SPRING 2020 TO EMPOWER WOMEN BY ENCOURAGING EXPRESSION.**

**THE MISSION OF MAGISTRA MAGAZINE IS TO FEATURE WOMEN LEADERS WHO ARE BUSINESS OWNERS AND ENTREPRENEURS TO TELL THEIR STORIES TO THE RISE OF THEIR ACCOMPLISHMENTS FROM THE ROOTS TO WHERE THEY BEGAN.**

Each issue features women leaders from the United States and around the world, Women Business Owners have the exclusive honor to advertising within a 100% woman owned & operated magazine, to find other women focused events and women owned businesses within our resource section!

I am sending out into the world Magistra Magazine, a women's empowerment magazine, filled with stories of groundbreaking successful women

entrepreneurs describing how they found their success and giving their advice to women who are working so very hard to achieve their own dreams!!



GET YOUR MAGISTRA MAGAZINE HERE FOR ONLY \$12.99

LIVE & ONLINE  
FEATURING  
PHENOMENAL  
WOMEN LEADERS!

# 2020 Business Women of Diversity Summer Summit!

## FRIDAY AUGUST 28TH



- 9:00AM - STEPHANIE MEARSE, EMPOWER HOUR
- 10:00AM - STEVIE MARIE, REDESIGNED EMPIRE
- 11:00AM - M. VIVIANA OROPEZA, MBA, ESQ., ATTORNEY IN HEELS
- 12:00PM - ALEX TORRES, THE LATINA CONNECTION
- 1:00PM - ANGELA ANDERSON, LEADING WEALTH ACTIVATOR
- 2:00PM - JOJO HUSEIN, BUSINESS TO FREEDOM™



## SATURDAY, AUGUST 29TH

- 9:00AM - ELISABETH BOTMAN, BUSINESS STRATEGIST
- 10:00AM - MONICA HENDERSON, MINK LIFE MOTIVATION
- 11:00AM - SONIA HASSEY, DESTINY WOMEN GLOBAL
- 12:00PM - Ms. VIHIL H. VIGIL, MBA, PMP, CHHC  
THERAPEUTIC EMPOWERMENT | MAGISTRA INT'L.
- 1:00PM - SANTIA DECK, QUEEN OF ABS FITNESS
- 2:00PM - TIRZAH MONEÉ, YES HONEY COLLECTIVE



**SPONSORED BY MAGISTRA INTERNATIONAL | WWW.MAGISTRA.US**

The 2020 Business Women of Diversity Summer Summit! (Online!!) by Magistra International & sponsored by Magistra Magazine is now ready for your registration and we are looking forward to seeing you there!

Women of Diversity are gathering for the 2020 Summer Summit created to continue to push forth even in our Summer of Social Distancing and we are full of TWELVE Powerful Women Leaders sharing their expertise, amazing surprise gifts, raffle prizes and the gift of collective collaboration!

Continuing with our Summer Theme of Synergy join in this special summer program dedicated to strengthen your motivation for success and taking action that is in sync with your long term goals and aspirations!

READ DETAILED BIOS OF ALL 12 AMAZING SPEAKERS,  
SELECT THE DAYS & TIMES OF YOUR CHOSEN PROGRAM OR  
ATTEND ALL OF THEM ON BOTH DAYS!

GO HERE NOW!

[www.2020WomenofDiversitySummerSummit.eventbrite.com](http://www.2020WomenofDiversitySummerSummit.eventbrite.com)

# OUR ACTUAL MUST OWN BOOKS!

Learn from Women's Empowerment Coach | Editor in Chief of Magistra Magazine | Founder of the International Women in Business Mastermind & Podcast Ms. Vihil H. Vigil, MBA, PMP, CHHC

Order Today!  
Not Without My Coffee!

[HTTPS://BIT.LY/2YGHKGN](https://bit.ly/2YGHKGN)

This 50 page journal prompts for action guides you through personal empowerment exercises, reflections, goal setting and action planning to improve your life!

NOT WITHOUT MY COFFEE!

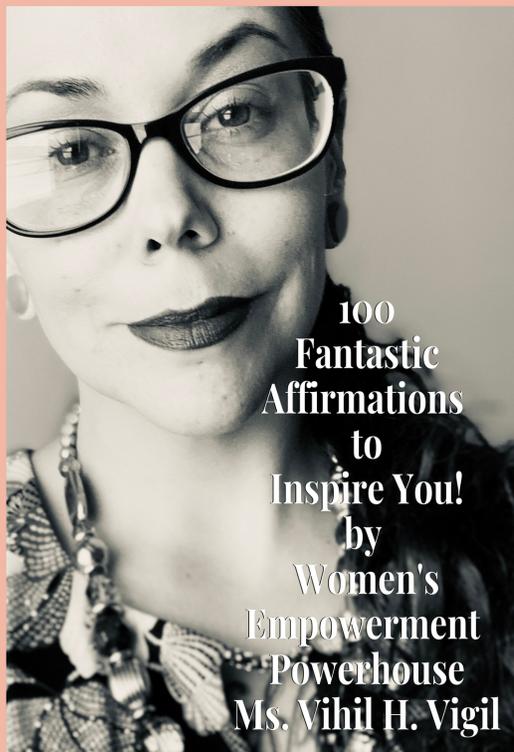
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*Ms. Vihil H. Vigil*



EMPOWERING JOURNAL  
PROMPTS TO JUMPSTART  
YOUR WRITING

MS. VIHIL H. VIGIL  
THERAPEUTIC EMPOWERMENT  
WWW.WOMENSEMPOWERMENTCOACH.US



Ms. Vihil H. Vigil, MBA, PMP, CHHC  
Founder of Therapeutic Empowerment

Order Today!  
100 Fantastic Affirmations to  
Inspire You!

[HTTPS://BIT.LY/2NUMLOV](https://bit.ly/2NUMLOV)

100 affirmations to start off your day inspired by Women Empowerment Coaches, Mentors, Business Women, Founders, Entrepreneurs and Leaders across the globe compiled in one amazing collection just for you!



BOOK LOVERS UNITE!

*introducing*

# The *Magistra* Book Club



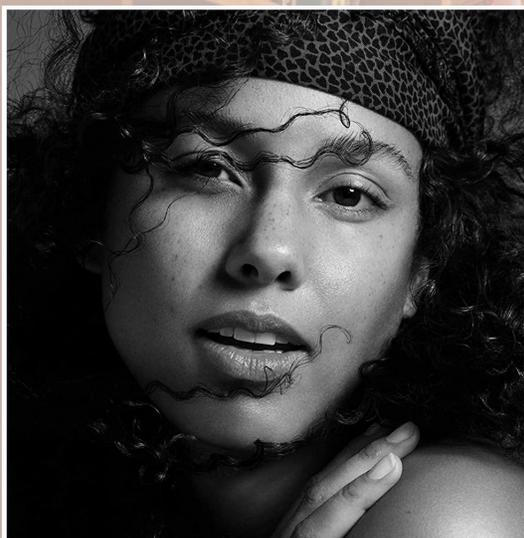
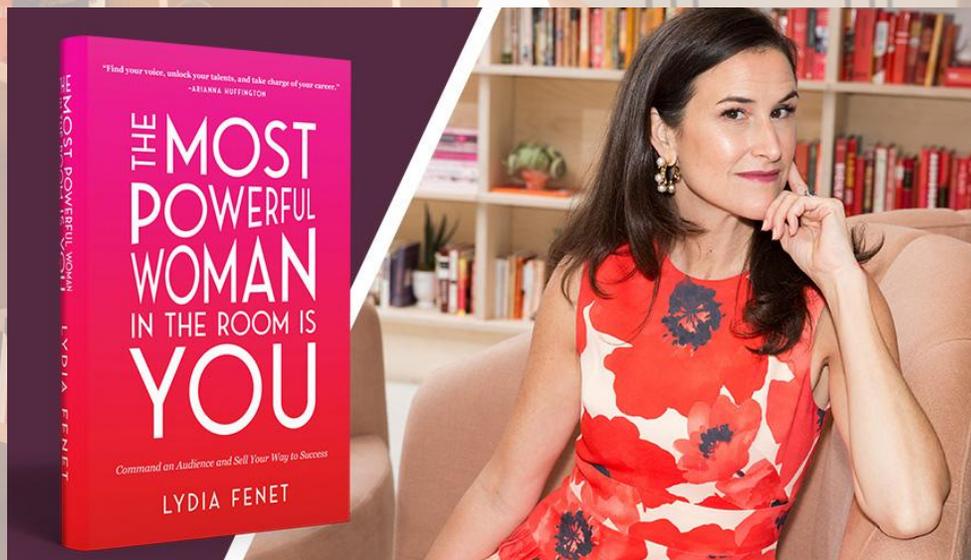
Join us and follow along on Instagram @MagistraMagazine  
as we experience a new title each month.

*Books Finds*  *Author Conversations*  *Editor Reviews*

# The *Magistra* Book Club Lineup

JULY: REGISTER HERE FOR THE DISCUSSION

The Most Powerful Woman in the Room Is You:  
Command an Audience and Sell Your Way to Success  
by Lydia Fenet



MORE MYSELF

A JOURNEY

ALICIA KEYS

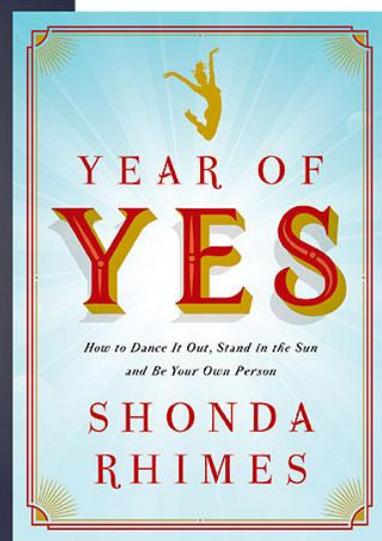
WITH MICHELLE BURFORD

AUGUST: REGISTER HERE

More Myself A Journey  
by Alicia Keys

SEPTEMBER: REGISTER HERE

Year of Yes  
by Shonda Rhimes



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# SEE YOU NEXT MONTH!!

## LET'S CONNECT!

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[HTTPS://WWW.FACEBOOK.COM/THERAPEUTICEMPOWERMENT](https://www.facebook.com/therapeuticempowerment)

[HTTPS://WWW.FACEBOOK.COM/MAGISTRAMAGAZINE](https://www.facebook.com/magistramagazine)

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[HTTPS://WWW.INSTAGRAM.COM/THERAPEUTICEMPOWERMENT](https://www.instagram.com/therapeuticempowerment)

[HTTPS://WWW.INSTAGRAM.COM/MAGISTRAMAGAZINE](https://www.instagram.com/magistramagazine)

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