

# *Therapeutic Empowerment*

HERE'S TO  
**STRONG  
WOMEN!**  
May we know them.  
MAY WE BE THEM!  
May we RAISE them.



*Empowering You!*

[www.WomensEmpowermentCoach.us](http://www.WomensEmpowermentCoach.us)

# *Therapeutic Empowerment*

## **Our Therapeutic Empowerment Practice**

Therapeutic Empowerment works with women to get you back to the person you know you can be and want to be! Empowering women and their voices by encouraging expression, setting goals and defining pathways. With a clear action plan clients achieve their goals, desires and wishes through intentional decision making and calculated planning. Sessions are individualized, focused and action oriented to uplift and empower women of all diversities to reach their desired & true potential.

## **Treatment Focus**

Our focus is to help women address specific barriers, emotionally heal, mentally energize, and embrace their inner strengths. We achieve this by providing a judgement free & empowering safe space, listening to your concerns, customizing a treatment plan and coaching you through it.

## **Our Client Promise**

We promise to be there for you every step of your journey. Our goal is to help you grow from your struggles, heal from your pain, and move forward to where you want to be in your life to feel fully empowered!

## **Book a Complimentary Empowerment Session**

15 minutes to Invest in YOU!

In this 15 minute session we will get right to the point of defining your desired changes and discover if working with Therapeutic Empowerment is the right decision for you!

## **Therapeutic Empowerment Coaching Program**

Tailored programs designed for YOU

Coaching Programs follow a structure that adjusts with each client and include weekly meetings in person, by phone or online. Regular sessions review your program, include focused work on your living action plan and continue discussion on how to keep succeeding, planning and working your new empowered self!

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