



# FATHERS OF FREEDOM

Free Dinner & Child Care!

**You are not alone. We're here for you.**

Fathers, we're only human and we need each other. We're under all kinds of stress trying to raise kids to reach their full potential. It's a lot of pressure and no one can do it alone.

Circle of Parents® provides a friendly, supportive community led by parents and other caregivers where parents are the experts.

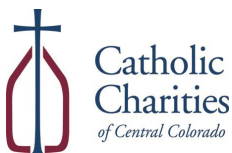
**WHAT:** Join other military fathers in our community to share support, tips and advice or just talk. This is a safe space for sharing the ups and downs of parenting, created for military fathers and led by military fathers.



**WHEN:** 1st & 3rd Tuesday of Every Month  
Dinner at 5pm; Meeting at 5:30pm

**WHERE:** Helen Hunt School  
909 E Moreno Ave, Colorado Springs, CO 80903

**OR Online via Zoom!**  
Zoom link: <https://us02web.zoom.us/j/85139958491>



**LEARN MORE:**  
Contact Adam at [adamnscombs@gmail.com](mailto:adamnscombs@gmail.com)  
or Adrian Nuñez at [anunez6293@my.pmi.edu](mailto:anunez6293@my.pmi.edu)

Join us on Facebook: <https://www.facebook.com/groups/FathersOfFreedom/>

**Join Us!**  
**Visit [CircleOfParentsCO.org](http://CircleOfParentsCO.org)**



Illuminate Colorado, a statewide 501(c)(3) organization dedicated to strengthening families, organizations and communities to prevent maltreatment, is the state chapter lead for Circle of Parents®. [www.illuminatecolorado.org](http://www.illuminatecolorado.org)