

Food menu

Breakfast with Shappen

THE FULL SHAPPEN

2 rashers of bacon, 2 sausages from our Shappen butcher, heinz beans, sliced mushrooms a choice of two eggs (poached or fried) and a slice of white, brown or BH24 Sourdough £12.95

THE MINI SHAPPEN

1 rasher of bacon and sausage from our butchers, heinz beans, a choice of one egg (fried or poached) and a slice of brown, white or BH24 sourdough £7.95

served 9am- 12pm



Brunch at Shappen

+served all day

NEW FOREST WILD MUSHROOMS

pan fried wild mushrooms with spinach

served on BH24 sourdough, avocado and a poached fluffets egg £12.95

Make it Vegan £10.95

SMASHED AVOCADO

with two poached fluffets eggs, topped with rocket oil and chilli flakes

served on BH24 Sourdough £10.95

Make it Vegan £8.95

SCRAMBLED EGGS ON SOURDOUGH

Scrambled fluffets eggs topped with rocket oil and served with two

slices of BH24 Sourdough £6.95

(Chef tip add smoked salmon)

HEINZ BEANS ON TOAST

Heinz beans served with a choice of white, brown or BH24 Sourdough £6.50

TOASTED GRANOLA

Homemade seasonal fruit compote with yoghurt and honey toasted granola £5.95

THE SHAPPEN BACON OR SAUSAGE BUN

Bacon or sausage from our Shappen butcher served in BH24

Brioche bun £5.95. Fancy both? £6.95

SIMPLE TOAST

a choice of white, brown or BH24 Sourdough served with a choice of Tiptree strawberry jam or orange marmalade or marmite £3.95

EXTRAS

Fluffets egg, heinz beans or a slice of toast £1.50

mushrooms £2

avocado £2.95

smoked salmon £4.95

Lunch

= served 12pm-3pm



THE SHAPPEN BEEF BURGER

Shappen butcher 4oz burger with bacon, cheddar, Cos lettuce, tomato relish served with fries, coleslaw and salad £12.95

VEGGIE BURGER

Moving Mountains plant based burger in a brioche bun, topped with tomato relish and cheddar, Cos lettuce, served with coleslaw and salad £12.95

Make it Vegan?

we'll swap the bun and cheese for a vegan alternative £12.95

FISH FINGER SARNIE

Served with Tartare and Cos lettuce in Elizabeths' crusty white bread £9.95

HOT HONEY, BRIE AND PROSCIUTTO TOASTIE

served on BH24 Sourdough, filled with rocket and our homemade hot honey £8.95

HAM, CHEESE AND TOMATO TOASTIE

served on Elizabeths crusty white bread £7.95

WANT IT VEGGIE?

remove the ham for £6.95

ALL OUR SANDWICHES/TOASTIES COME WITH AN
OPTIONAL SIDE SALAD AND COLESLAW



A Bowl of Skin on chips £3.95

KIDS FOOD

A choice of: Shappen burger or two sausages, chicken nuggets or jumbo fish finger.

served with chips and baked beans £7.95



Fancy something sweet?

TOASTED TEACAKE

Elizabeths bakery teacake toasted and served with butter and Tiptree strawberry jam £3.95

CREAM TEA

Elizabeths bakery plain or fruit scone served with clotted cream and strawberry jam with a choice of hot drink £6.95

*luxury hot chocolate and dirty chai isn't included



NEW FOREST CAKES

see the counter for today's selection of cakes with GF and DF available

£4.25



We Are Open 9-4 (takeaway coffees till 4:30) Monday-Sunday food is served 9-3

-When placing your order, please inform us of any allergies or dietary requirements. We will do our best to accommodate your needs; however, please note that we cannot guarantee a completely allergen-free environment.

-Please note that during busy periods, we are unable to accommodate swaps or substitutions—only add-ons are available

Also please note we can be a busy cafe - with our food made to order, there may be a wait so please bear this mind :)

• -Parties of 6+ will have a 10% optional service charge added.



Drinks Menu

Coffee

Supplied by Shutelake

Espresso £2.95

Double espresso £3.25

Americano £3.25

Flat white £3.75

Latte £3.75

Cappuccino £3.75

Mocha £3.95

Machiato £3.35

extra shot or syrup 50p

make it iced 50p

As standard, our coffees are served
with Meggy Moo's whole dairy milk
we can offer skimmed as well.

Alternative milks are an extra 50p per "milky coffee"
and 20p for a dash
our non-dairy options are oat or coconut



Something else

Hot chocolate £3.75

make it luxury with cream and

marshmallows £4.95



Matcha 3.95

make it iced £4.45

Chai Latte £3.45

Dirty Chai £3.95



Teas

From New Forest Tea Company

Brockenhurst Breakfast £2.95

Earl grey £3.25

Mint £3.25

Green £3.25

Lemon and Ginger £3.25

Fruity £3.25

Decaf £3.25



Soft drinks

Pure Orange Juice £3.25

Cloudy Apple Juice £3.25

Original Cola £3.25

Raspberry Lemonade £3.25

Traditional Lemonade £3.25

Ginger Beer £3.25

Elderflower Presse £3.25

NF Still or Sparkling water £1.95



Fresh fruit smoothies

The Berry Best £5.95

Passion Punch £5.95

Sugar free

Cola £3.25

Cloudy Lemonade £3.25

Raspberry Lemonade



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