

# SHAPPEN CAFE FOOD MENU

**Gluten Free Option Available Vegan Option** 

Available

Vegetarian



#### BREAKFAST

served until midday

#### The Full Shappen

£12.95

2 Shappen Butcher's Sausages, 2 slices of Wiltshire Bacon, mushrooms, Heinz Baked Beanz, and 2 Fluffetts Farm eggs (fried, poached, or scrambled) with a choice of white, brown, or sourdough toast.

#### The Mini Shappen

£7.95

1 Shappen Butcher's Sausage, 1 slice of Wiltshire Bacon, Heinz Baked Beans, and 1 Fluffetts Farm Egg (fried, poached, or scrambled), served with a choice of white, brown, or sourdough toast.

#### BRUNCH

served all day

New Forest Wild Mushrooms ( ) ( ) ( ) £12.95 Pan-fried New Forest wild mushrooms, warmed spinach, poached Fluffetts Farm egg, smashed avocado with chili flakes, and rocket oil, served on

Bakehouse24 sourdough toast. Smoked Salmon & Eggs on Toast 🐒 £12.95 Smoked salmon with 2 Fluffetts Farm eggs (fried, poached, or scrambled), topped with rocket oil, served with your choice of white, brown, or sourdough toast.

Smashed Avocado & Eggs (a) (a) (3) £10.95 Two poached Fluffetts Farm eggs with smashed avocado, chili flakes, and rocket oil on Bakehouse 24 sourdough toast.

Fluffetts Farm Eggs on Toast (\*\*) 2 free range Fluffetts farm eggs (fried, poached, or scrambled) with a choice of white, brown, or

sourdough toast. Beans on Toast (10) (10) £6.50

Heinz Baked Beans served on white, brown, or Sourdough toast.

Honey Toasted Granola (19) £5.95 Granola, Greek yoghurt & a seasonal fruit

compote.

Shappen Bacon or Sausage Brioche £5.95 The Shappen Butcher's famous Sausage or Bacon served in a Bakehouse 24 Brioche Bun.

> Why not go for both in one bun? £6.95 Add a fried egg +£1.50

Simply Toast 🕢 🛞 £3.95 Two slices of your choice of white, brown, or sourdough toast with either Marmite, Honey, Tiptree marmalade or Tiptree strawberry jam.

#### Extras

One Fluffetts Farm Egg, Heinz Beanz or £1.50 each a Slice of Toast. One Shappen Sausage, 2 Bacon Rashers or £2 each **Extra Mushrooms** 

**Extra Smashed Avocado** £2.95

PLEASE LET THE TEAM KNOW OF ANY ALLERGIES / INTOLERANCES WHEN PLACING YOUR ORDER.

WHILST WE WILL ALWAYS TRY, WE CANNOT GUARANTEE OUR DISHES WILL BE 100% ALLERGEN FREE.

#### LUNCH

served from midday

Shappen Beef Burger

£12.95

The Shappen Butcher's 4oz burger, with bacon, cheddar cheese, cos lettuce and tomato relish served with skin on fries, salad & homemade slaw on the side.

Add Another 4oz patty +£2.95

Vegan Burger 🕢 🕢

£12.95

Moving Mountains plant based patty, vegan cheese, cos lettuce and vegan mayo.

Served in a vegan bun, with salad and fries on the side.

Fish Finger Sandwich

£9.95

Served with lettuce, tartare sauce & Elizabeth's Bakery white bread with salad & homemade slaw on the side.

£8.95 Brie, Proscitto & Hot Honey Toastie Toasted on Bakehouse24 Sourdough & filled with Rocket and our homemade spicy hot honey.

Let us know if you would like salad & slaw on the side.

Ham & Cheese Toastie (8) £7.95 Toasted on Elizabeth's Bakery White Bread.

Let us know if you would like salad & slaw on the side.

£7.95 Cheese & Tomato Toastie (\*\*) (\*\*) Toasted on Elizabeth's Bakery White Bread.

Let us know if you would like salad & slaw on the

Skin On Fries 🕢 🕢 🛞

£3.95

#### CHILDRENS LUNCH

Mini Shappen Beef Burger,

(with or without cheese)

Chicken Goujons,

£7.95

Shappen Sausages, Jumbo Fishfinger.

each

All served with skin on fries and a choice of peas or beans.

#### SWEET TREATS

Toasted Teacake 🕢

Elizabeth's Bakery Toasted Teacake, served with butter and Tiptree Strawberry Jam.

Cream Tea (🔊)

£6.95

Elizabeth's Bakery fruit or plain scone with clotted cream, Tiptree strawberry jam and your choice of hot drink.\*

\*Luxury hot chocolate & dirty chai excluded.

New Forest Cakes (\*\*) (\*\*)

£4.25

See the counter for todays selection of cakes, including vegan and dairy free options.

OPEN HOURS

**MONDAY - SUNDAY** 9AM - 4:30PM (KITCHEN CLOSES AT 3PM) **PIZZA NIGHT EVERY FRIDAY:** 5PM-9PM (KITCHEN CLOSES AT 8PM)





# SHAPPEN CAFE DRINKS MENU

#### COFFEE

by Shutelake

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Flat White	£3.75
Latte	£3.75
Cappuccino	£3.75
Mocha	£3.95
Americano	£3.25
Espresso	£2.95
Double Espresso	£3.25
Iced Latte	£4.25
Iced Americano	£3.95

#### TEA

Syrups

50p each

Caramel / Vanilla / Hazelnut

by the New Forest Tea C	ompany
Brockenhurst Breakfast	£2.95
Earl Grey	£3.25
Mint	£3.25
Green	£3.25
Lemon & Ginger	£3.25
Fruity	£3.25
Decaf	£2.95

# HOT CHOCOLATE

Standard	£3.75
Luxury	£4.95
(Whipped cream & mallows)	

## CHAI

Standard Chai	£3.45
Dirty Chai (1 shot coffee)	£3.95

#### MILK ALTERNATIVES

Oat	25p
Soya / Coconut / Almond	50p

# SMOOTHIES

Mango & Passionfruit	£4.95
Mixed Berry	£4.95
Peach	£4.95

#### JUICES

by Folkingtons

Pure Orange Juice	£3.25
Pure Cloudy Apple	£3.25
Pressed Mango Juice	£3.25
Old Fashioned Pink Lemonade	£3.25

# MIXED JUICES

by Hartridges

Apple & Mango	£3.25
Apple & Raspberry	£3.25
Orange & Passionfruit	£3.25

# SPARKLING

by Hartridges

Original Cola	£3.25
Raspberry Lemonade	£3.25
Traditional Lemonade	£3.25
Ginger Beer	£3.25
Rose Lemonade	£3.25
Dandelion & Burdock	£3.25
<b>Elderflower Presse</b>	£3.25

# SUGAR FREE

Karma Cola	£3.25
Cloudy Lemonade	£3.25
Raspberry Lemonade	£3.25
Elderflower Presse	£3.25

# ICED

All available still or spar	kling
Peach Iced Tea	£3.95
(Available Sugar Free)	
Raspberry Iced Tea	£3.95
Watermelon Iced Green Tea	£3.95
Lemon Iced Tea	£3.95
Pink Guava & Lime Lemonade	£3.95
Raspberry & Pomegranate	£3.95
Lemonade	

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