Registration Form



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	Make Check To: <u>Kildaire</u> <u>Farms Pro Shop</u> or use: Master Card Visa
	Account Number
Expiration CVV Code	Date
	laims: In entering these programs, I the sanctioning tennis associations,
Kildaire Farms instructors fro	Racquet & Swim Club, and all tennis m any and all responsibilities for accisincurred at this location or traveling is location.

E:kildairefarmsrs@gmail.com 162 Pebble Cary, NC 275|| Creek Drive

www.kildairefarmsclub.com

Swim Club





Junior Tennis Programs

2019



- Tommy Dixon, Tennis Director www.kildairefarmsclub.com 919-467-4313

Advanced Players Program

- Session I April 2,4,9,11,16,18
- Session 2 May 7,9,14,16,21,23
- Session 3 June 17 thru June 20
- Session 4 July 15 thru July 18
- Session 5 Sept 10,12,17,19,24,26
- Session 6 Oct 1,3,8,10,15,17

April, May, Sept., Oct. - 3:30-5:00 pm

Cost: \$180 per session June,July- 11am-Noon

Cost: \$100.00 per session

This program is geared to the players who are "serious" about their tennis development. The workouts consist of drills, match play, and conditioning.

Junior Intermediate Program

- Session I April I thru April 17
- Session 2 May 6 thru May 23
- Session 3 June 17 thru June 20
- Session 4 July 15 thru July 18
- Session 5 Sept 9 thru Sept 25
- Session 6 Oct 7 thru Oct 23

Mondays & Wednesdays April, May, Sept, Oct 4:00-5:00 pm

Cost: \$150.00 per session

June, July- 10-11am

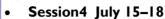
Cost: \$100.00 per session

The objective of the intermediate program is to help each player develop skills to move their game to the "next" level. Drills, match play, and conditioning will be used. The players will be divided into higher and lower groups based on ability.

Quick Start Junior Beginner Program

(Ages 5 to 14)

- Session | April | I-April | 17
- Session2 May 6- May23
- Session3 June 17- June 20



Session 5 Sept. 9–25
 Session 6 Oct 7-23

Mondays & Wednesdays April, May, Sept.,

Oct. Ages 8-14 5:00-5:30 Ages 5-7 5:30-6:00

Cost: \$90.00 per session

June, July Ages 8-14 9-9:30 am

Ages 5-7 9:30-10 am

Cost: \$60 per session

The beginners group is for players who are just starting the game of tennis. Emphasis will be placed on stroke production and quickly developing players for match play .

Junior Memberships

Kildaire Farms Racquet and Swim Club Junior Memberships are available with yearly dues of \$379. Memberships include tennis and swimming privileges. Non members can participate in all instructional programs but may not play on club teams.

Interclub Match Play

We will arrange matches with area clubs for the intermediate and advanced level players.

Beginner -Quick Start—has very limited or no previous tennis experience.

Intermediate—is able to make ball contact on the forehand and backhand and sustain short rallies. Can get 5 out of 10 serves in the service box.

Advanced Group—Can play sets. Has good racquet preparation, foot work, and can rally consistently.



- * June 10-13 Beginner -Intermediate
- Iune 24–27 Advanced
- * July 8-11 Beginner-Intermediate
- * July 22-25 Girls High School Prep

Cost: \$180.00

All camps are 9:00-12:00 noon.

The Kildaire Farms tennis camps are weekday camps dedicated to improving skill level, match play, and conditioning. The camps will begin at 9:00 am.

A typical day for campers is tennis drills and instruction from 9:00-10:30 am, swimming at the pool from 10:30-11:00 am, and tennis matches from 11:00-12:00 noon. The camps will focus on basic skills and preparation for quick entry into match play as well as integrating drills and conditioning for game improvement.

The Girl's High School "Prep Camp" will be drills, conditioning and match play in preparation for the high school season.

Tennis Staff

Tommy Dixon is a USPTA Tennis Professional and member of the NC Tennis Hall of Fame. Tommy is a graduate of UNC-Chapel Hill and has been associated with the Club since 1981.

Kirstie Marx is a USPTR Tennis Professional. She has been a tennis professional since 1992, coached at Meredith College, and is Director of Tennis for the N.C. Special Olympics.

John Panepinto is a USPTR teaching professional with 25 years of coaching experience. A graduate of NC State, John is also a certified sports counselor and an authority on developing the mental side of peak performance.

Sandhya Nagaraj is a former top 500 world player and played #1 singles and doubles at NC State. She works with players of all ability levels.

Form Your Own Group

If the above programs do not fit your schedule please contact Tommy Dixon and you may form your own group at a date and time that will work for you.