



NEW FOREST FIRST AID TRAINING

COVID-19 HEALTH & SAFETY PROTOCOL

This information will be sent to all clients and learners prior to attending any course from 27th May 2020. It is intended to set out how New Forest First Aid Training can minimise any risk of spreading Covid-19 during training. This protocol is based on Government Guidelines and advice from First Aid Awards.

Prior to Training Commencing

1) All courses will be risk assessed to include room sizing and limiting numbers of learners so that all learners can respect social distancing measures.

2) Clear communication will be sent to all clients and learners that they should not attend training if they, or any member of their household have or have had symptoms of Covid-19 in the past 14 days.

Symptoms include a fever, a new and persistent cough, and loss of smell and/or taste.

3) All learners will be asked and encouraged to use the NHS COVID-19 Track and Trace App. Learners will also be asked to notify New Forest First Aid Training if they or a household contact develops symptoms within 14 days of completion of the training.

4) Desks and chairs will be placed 2m apart and will allow for entry and exit whilst still adhering to these measures. Learners will be asked to bring their own food and drinks and or mugs. Learners will also be asked to bring a towel or mat to be able in order to lie on and be able to put themselves into the recovery position.

5) The following will be provided;

- Handwashing facilities and/or alcohol hand sanitiser
- Gloves and tissues
- Ample manikins/lungs/airways/
- CPR Face shields
- Adequate supplies of bandages to allow one per learner
- Adequate supplies of disinfectant /alcohol wipes to clean equipment between use

During Training

- 1) Any learner who has symptoms of Covid-19 will not be permitted to enter the classroom or training environment. Learners will be questioned about symptoms on arrival.
- 2) If learners are asked to return home because they, or one of their household contacts has symptoms, they will be able to re-book onto another course after they have been free of symptoms for 14 days.
- 3) Should any learner develop symptoms during a training course, they will be asked to leave the classroom. All other learners in the classroom must also follow the current Government isolation and testing guidelines to prevent the spread of the disease.
- 4) All learners, including Instructors, must thoroughly wash hands upon each instance of access and egress to the training area/classroom.
- 5) Learners will also be reminded to cough and sneeze into tissues or a bent elbow. Tissues are to be disposed of safely and hands washed afterwards.
- 6) Learners are to maintain a social distance of 2m at all times during the training course.

Adaptations to assessment of First Aid skills

There will be adaptations to the assessment of CPR, recovery position, choking, application of bandages & slings and demonstration of the use of Adrenalin Auto-Injectors. These will be explained to learners on the day of the training.

Post Training cleaning and disinfectant

1. Once all learners have left the classroom it will be thoroughly cleaned using a suitable disinfectant. Cleaning should include: chairs, tables, surfaces such as light switches, door handles etc, cups, glasses, plates, an any resources such as clipboards and pens.
2. All litter will be disposed of and the bin thoroughly cleaned.
3. All non-disposable resources will be throughly cleaned after each session with a suitable disinfectant. This includes: manikins, manikin faces and torsos, Defibrillator trainer machines, training auto-injectors, white-board pens, buzzers, laminated activity sheets.

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New Forest First Aid Training (May 2020)