

AFFIRMATIONS

By Cathy Brown

An Affirmation for Every Day of the Week!

Sunday--- SELF-WORTH:

I have no right to discount my own worth. That would dishonor my Creator's amazing handiwork!

Monday--- PURPOSE:

I am at my personal best when I am true to the purpose that I was uniquely created for!

Tuesday--- GRATITUDE:

When I am appreciative of the circumstances, things, and people in my life, I am strong!

Wednesday--- INTEGRITY:

My personal integrity comes from my core values. I must not measure myself by another person's conscience which may be less ethical than my own.

Thursday---COURAGE:

When I am fearful, I can simply CHOOSE to do it while afraid---now THAT is courage!

Friday--- PERSISTENCE:

I believe persistence is the eventual death of discouragement, and leads to the birth of my successes!

Saturday--- WISDOM:

I have confidence in my ability to make wise choices and decisions, when I keep an open mind and heart, and that even mistakes can make me wiser!