



AHWATUKEE | CHANDLER | GILBERT

Spring 2024

KUPS 2020

MAGAZINE

**There Is No
Deadline On
Dreams, p. 4**

DBP Law Firm p.3

Tracy Gripp with Homesmart Elite p. 34

There is a New Health Coach in the Valley p. 32–33

Mr. Electric p. 30

What's Inside!

Issue 23 · Spring 2024

Content (What's Inside).....	2
Farmers Insurance	3
From the President: The Power of Four	4
Cell Phone Repair.....	5
Any Lab Test Now.....	6
Your CBD Store.....	7
Pop Kettle Corn.....	8
Awaken Chiropractic, Dr. Alyson Cramer	9
Athletico Physical Therapy	10
The Reptile Store.....	11
Big Apple Pediatric Dentistry	12
Ahwatukee's New Flower Shop	13
Straight Up Tukee Style - Tukee Lifestyle Chiropractic.....	14
Soccer/Basketball Moms	15
DBP Law Firm	16
The Cami Girl	17
Cornelis Hollander Jewelry Design	18
Rosati's.....	19
The World is Changing, Practice Gun Safety	20
Sonoran Hills Dental.....	21
Bridge Wellness.....	22
Visiting Angels.....	23
Code Ninjas.....	24
I Remember Candle Company and Logoman.....	25
Heaven Touching Earth (Water Aerobics).....	26-27
Paul Klimke, "The Mortgage Guru"	28
Celebrity Cruises	29
Mr. Electric.....	30
Dignity Memorial.....	31
A Brand New Me/You by Health Coach Aimee Woodward	32-33
Call to Service (Members on the Move)	34
Tracy Gripp with Homesmart Elite.....	35
ID Shield.....	36
Essential Bodywear.....	37
Up, Up and Beyond/Whiz Kids Playland	38-39
Kups 2020 Ad.....	40
Where U Bean Coffee.....	41
Bergies Coffee.....	42
Buzzed Goat Coffee and All About Water.....	43
Kups 2020 Ad.....	44
Popular Hiking Trails.....	45
Dining Guide	46
Sweet Magnolia Smokehouse Ad & Menu	47
Taco Calafia Ahwatukee	48
CK's Tavern & Grill/Wicked Brews Bite & Spirits	49
Impact Nutrition	50
Ghettyo Tacos and Ghettyo Pizza.....	51
Tacos Tijuana	52
Kups 2020 Ad.....	53
Emergency and Frequently used Phone Numbers.....	54
Bell Bank Mortgage.....	55
Clik Clik Bang	56

President/Publisher

Don Bridges
dbridges@gonedigitalenterprises.com

Intern

Dan Babayan

Editor/Graphic Designer

Aimee Woodward
a.woodward@gonedigitalenterprises.com

Kups 2020

P.O. Box 44575
Phoenix, Arizona 85064
Phone: (480) 648-6086
Website: gonedigitalenterprises.com

Kups2020 covers Ahwatukee, Chandler, and Gilbert.

We offer different advertising plans, so if you are a large or small business we got you covered. Copyright 2024 Kups2020 All Rights Reserved
Powered by GoDaddy Website Builders.



FARMERS[®]
INSURANCE

Scott Jenkins

(480) 626 - 5949

**PROTECT YOUR UNIVERSE.
CALL TODAY.**

3233 E Chandler Blvd, #13
Phoenix, 85048



scottjenkinsinsuranceagency.com



FARMERSSM
INSURANCE

- Auto
- Home
- Renters
- Landlord/Rental
- Life
- Business
- Motorcycle
- Recreational
- Umbrellas

There Is No Deadlines On Dreams

After a long day, that started with an early morning workout at your favorite gym and all day at the office, your day ends with a nice dinner at a restaurant or home. After dinner, it's time for bed and a good night sleep.

As the night slowly fades into morning, you begin to dream. In your dreams, you are a successful business person. You have a great staff, a great product, a great business plan/model, and a great advertising campaign (with Kups2020, The Professionals, and The Entrepreneurs Magazines), and a great sales team. Now that you had the dream, what do you do with it?

Remember, when you chase what someone is doing, you have already lost. Your dream is yours, go out and get it knowing that success is easier than you think. The only thing hard about it is, the work you must put into it.

Whatever dream or dreams you are pursuing, always stay true to yourself, but be open to learn. If you are creating a business to help others and find out that you can't help them, don't hurt them. My friends, I am pursuing my dreams. The Digital Magazines that serves the respected cities throughout Metropolitan Phoenix was a dream I had. During the pandemic, many businesses was effected resulting in closure of many. I was one who was affected by the pandemic. That's when I decided to pursue my dream. Being a man of faith, I stepped out on faith understanding that the road ahead would not be easy. It didn't discourage me, it motivated me. So my friends, I ask you to keep following the dreams. I know from scriptures that to be the greatest in the Kingdom is to be the servant of all. In closing, if your dreams are telling you to step out or step up and do something great, remember he who has a why or dream to live can endure just about any how. Never forget, there is no deadlines on your dreams. Go for it!

Don Bridges, President

I Fix It All

Kevin Harper is an army veteran, with a beautiful wife, teenage daughter and 3 fur babies. An Ahwatukee resident, He prides himself in being honest, reliable, and prompt. His motto is 15 minutes or less, because usually he can fix your phone in less than 15 minutes. Don't let that fool you though, Cpr Cell Phone repair doesn't just offer repairs, they have a full selection of new devices for sale as well, including the latest gadgets. Stop in and browse the latest selection of accessories as well, you may be surprised by what you find. As one of the only stores that are also authorized to repair Assurant insured devices as well as ZAGG replacements, you can save yourself a trip to the apple store or your cellular carrier.

Kevin has been an entrepreneur all his life but saw a need for better repair options when he broke his iPhone over a decade ago. The options at that time were to risk craigslist amateur repair men in their living rooms or be price gauged at phone companies. After learning all he could, Kevin ventured out on his own founding Ez Iphone repairs, that would later become a part of the global franchise CPR Cell Phone Repair. He set his sights on Ahwatukee after seeing the small town feel and moving

his family here from the greater phoenix area. Kevin prides himself in being a member of the Ahwatukee community. Employees become a part of his family just like the loyal customers we see time and time again for upgrades, repairs and new devices.



15425 S. 48th St. Ste. 110
480-367-3542



CELL PHONE REPAIR

by  ASSURANT®

On May 24th 2002 Arizona natives Brad and Brandy Lloyd opened their Any Lab Test Now location in Ahwatukee at 4025 E. Chandler Blvd. Suite #54. The Lloyd's along with their outstanding medical assistant team are proud to offer the Ahwatukee community the opportunity to take control of their health with direct access lab testing. Any Lab Test Now[®] provides direct access to clinical, DNA, and drug and alcohol lab testing services, as well as phlebotomy and other specimen collection services, through a retail storefront. Just like any other retail business, our customers walk in, choose the lab tests they want and get tested. The physician's order is provided through our ordering physician network. Our customers are a mix of consumers, businesses and government entities.

So why do our customers choose Any Lab Test Now? Family healthcare and medical budgets are big concerns. There is also a desire for confidentiality and discreetness in some situations. Our affordable, upfront prices fit into most healthcare budgets. Even though we do not accept insurance, our customers can use their Health Savings Account (HSA) or Flexible Spending Account (FSA) for applicable lab tests.

The Any Lab Test Now business model is designed around customer experience. Time matters and our processes intend to get customers in and out of the store in an average of 15 minutes or less. Most test results are also available in only 24 – 48 hours. Any Lab Test Now also partners with many major, high-quality laboratories throughout the U.S. Our lab vetting process ensures our franchise owners and their clients, especially physicians, trust the quality of all lab test results. Reach out today to see how your local ANY LAB TEST NOW[®] can serve your health and wellness needs!



4025 E Chandler Blvd, Suite 54
Phoenix, AZ 85048
(480) 885-6700
www.anylabtestnow.com/Phoenix_Ahwatukee_AZ





SUNMED™

Your CBD Store®

We're proud to be serving
our community premium sleep,
relief, relaxation, and more!

\$40 OFF \$100!

WHEN YOU BRING IN THIS AD

📍 **Chandler**

975 E Riggs Rd. #3
(480) 857-5999

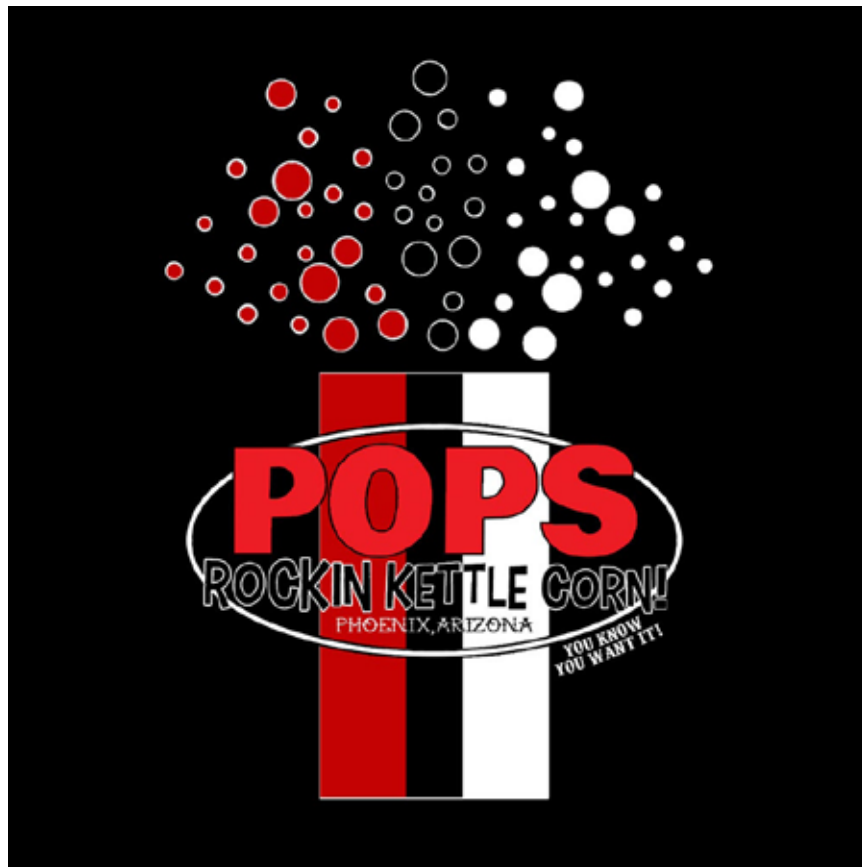
📍 **Ahwatukee**

4802 E Ray Rd. Suite 3
(480) 581-8111



get rewards!
**SUNMED
WELLNESS
CLUB**

*Valid through 9/31/2024. Cannot be combined. One per person. Item of equal or lesser value. Must be legal age in accordance with state law. Void where prohibited. See store for details. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Check us out at **OUR NEW ARIZONA** Location

3961 East Chandler Blvd.

(in the FRY'S Plaza)

Tues-Sat. 10am-6pm.

We have 200 flavors of hand made deliciousness and daily specials. Something for everyone! Sweet, Salty, Spicy, Savory, Sour, and Cheesy. We also have Sugar free & Gluten free options.

You KNOW You WANT It!

FACT: Popcorn is traditionally air popped whereas Kettle Corn is hand popped in a kettle over fire at around 500 degrees. Kettle Corn takes on a subtle and unique "char-broiled" flavor.



Here at Awaken Chiropractic we meet our patients where they are. Dr. Alyson uses a gentle and specific chiropractic technique that works with your body and not against it. We listen to your goals and celebrate your achievements, no matter the size! We are all strong individuals and when you are in pain or limited functionally, it can be hard to see your true inner strength. Dr. Alyson taps into that strength and awakens the best version of you.

Whether you are a weekend warrior, aspiring college athlete, new mom, or taking your first baby steps, you are in the right place.

Healing happens here.

Outside of the office Dr. Alyson loves spending time in the community, exploring local businesses, hiking, volleyball and practicing yoga. She is often accompanied by her loving and supportive fiancé and happy go lucky Golden Retriever Hazel.

Dr. Alyson earned her Doctorate at Cleveland University - Kansas City, learning from some of the most well renowned educators of the field. After graduation, the family traveled across the country. Ahwatukee has welcomed them with open arms, providing them with a great sense of community and love. Dr. Alyson is honored to be serving this deserving community.

Mention "KUPS2020" to receive a New Patient Discount!



Located in Lakeside Plaza
3941 E. Chandler Blvd. Ste. 106
Phoenix, AZ 85048
Call: (480) 247-2069
Text: (623) 288-0200
Email: awakenchiro.az@gmail.com
www.awakenchiropractic.org



AWAKEN THE BEST VERSION OF YOU

ATHLETICO

PHYSICAL THERAPY

Athletico Ahwatukee was opened in December of 2021 with the intent on providing extraordinary physical rehabilitative and preventive care to our community. At Athletico we strive to provide personalized care to assist in management of chronic pain, post-surgical care, sport injuries, motor vehicle injuries, as well as vestibular, dizziness, and balance problems.

Dr. Josh Horner is the clinic's Physical Therapist and is a board-certified Orthopedic Specialist. In addition, Dr. Horner is also a certified Vestibular and Concussion specialist, Dry Needle certified, and educated in Blood Flow Restriction training. Dr. Horner has experience in treating the spine as well injuries to the shoulder, knee, hip, and ankle.

The Athletico Ahwatukee team is pleased to announce the addition of its Physical Therapist Assistant Lee Lindner. Lee provides a great resource to the team as he brings extensive experience in massage and personal training into his physical therapy career.

Our humble clinic has thoroughly enjoyed growing with a community we've grown to love. If you're experiencing any persistent issues, have a surgery coming up that requires rehabilitation following; or simply just wish to move better through your day, give Athletico a call to schedule your free 30-minute Assessment!

For more than 30 years we've been helping remove pain and discomfort from people's lives. Our patients trust in our expertise, which is why 98 percent would recommend us to a friend – because we were able to help make their lives better. – Athletico Physical Therapy, Better for Every Body





THE REPTILE STORE

4804 E Chandler blvd #105,
Ahwatukee Foothills, AZ
(602) 872-0367





BIG APPLE PEDIATRIC DENTISTRY

- In-Network with Most Insurance Companies
- Flexible Scheduling & Payment Options
- New State-of-the-Art Technology
- Sedation Options
- Specializing in Pediatrics & those with Special Health Care Needs
- Infant room for little ones to have a great first dental experience



1345 E. Chandler Blvd., Suite 103
(602) 935-7427
BigApplePediatricDentistry.com
(Chandler Blvd. & Marketplace)



Dr. Henry Martinez & Family

Ahwatukee's New Flower Shop

"Customer Service, Quality Flowers & Stunning Arrangements are our priorities" -This might as well be written in stone and is the Mission Statement of the new owners of Ahwatukee Flowers – which opened their doors just over a month ago in December, 2022.

Ahwatukee Flowers has been quietly building the reputation of "Ahwatukee's Florist." Nestled in the heart of the community selling beautiful flowers and creative arrangements at the northwest corner of Warner Road and 48th Street (commonly referred to as "Nellos Plaza"). As a business, the owners believe that building arrangements collaboratively with customers is incredibly essential, so there are studio tables for customers to order and design their personal arrangements. When asked about the importance of the location and product reputation, the owners commented: "Our belief is, no matter how beautiful our products are, if we are not there for our community when we say we will be, our community will not be there for us." We are committed to Ahwatukee and the community family.

The team has a quick eye for harmony, color, and symmetry that is essential for any florist looking to delight customers with stunning arrangements. Creativity is crucial and the foundation of everything they do at Ahwatukee Flowers. The team is able to convey inspiration, passion and excitement through floral arrangements and placement. They bring a genuine love of the art to the table. Their genuine love of flowers is helpful in attracting attention for beautiful designs, it also keeps creativity in the business, transforms a simple job into a greater passion.

Before they first had the idea to start a new venture, the owners had 3 must have's when building a new business:

- 1) It had to be a product and process they truly believed in.
- 2) It had to be in a location that felt like home, like community.
- 3) It absolutely had to be something that brought pride, joy and optimism to the community & people's lives.

"There is no better moment for us, then when a customer sees one of our creative arrangements or unique creations, and shares with us that it instantly took them to a special place or time in their life." This is what it's all about for the owners – making lasting memories that can be shared with all and serving and supporting the community.

The owners are truly humbled by all the love and support that they have received in Ahwatukee so far. The community has started to open their arms to welcome them and for that they are very grateful. "Our commitment to this community is the same as the commitment we made to ourselves. We promise to always be creative, we promise to deliver the highest quality product, and we promise to do better each and every day."

Ahwatukee Flowers is located at 4730 E. Warner Rd., Phoenix, 85044 and can be reached at 602-434-1111 for custom arrangements. They sell a variety of flowers including custom, fresh cut and pre-made arrangements.



Straight Up Tukee Style

Dr. Lee Gozdich would like to welcome you to Tukee Lifestyle Chiropractic! This state of the art office located in the Ahwatukee Foothills boasts some of the newest equipment available, such as an on sight digital x-ray machine which allows the doctor to see high resolution spinal images within seconds! The office also has a hydraulic chiropractic treatment table which raises and lowers to accommodate patients who are in pain so they do not have to climb on and off of the table– they simply step onto the platform and the table gently lowers to a horizontal position. With these tools the doctor is able to diagnose and treat the patient immediately on the first visit instead of delaying care.

Dr. Gozdich's approach is also somewhat unique. "Many chiropractors are trained in a certain technique that they apply to most patients. I am trained in several techniques and apply the particular treatment that I feel is best suited for each individual patient to get the best result. I also try to work with each patient to meet their individual goals. For instance, some patients may want to get rid of a long time pain or problem and are grateful for more of a correction of the problem. Other patients may be

seeking immediate relief of pain so that they can get back to being a weekend warrior on the bike or the golf course. I am proud to say that I am here to serve you, the patient, whatever your goals may be. In many cases where patients are seeking a correction of their spinal problem, I am able to show them pre and post treatment x-rays so that they can actually see the correction as well as feel the relief of the pain."

In his 30 year career Dr. Gozdich has treated professional and Olympic athletes, infants and elderly and everyone in between. "I love my patients and my goal is that each of them would share their experience in our office and recommend us to their friends and family. There is no greater compliment they could give."

Photo provided by Dr. Lee



Tukee Lifestyle Chiropractic is a full-service chiropractic treatment facility serving the Ahwatukee Foothills and surrounding areas.

1345 E Chandler Blvd Ste 105,
Ahwatukee, AZ, 85048
(480) 535-6697
www.tukeechiro.com



  @tukeelifestyle

Meet Dr. Lee Gozdich

Soccer/Basketball Moms

Now I am not only a soccer mom but I have been promoted to a basketball mom as well. I like to cheer. A few weeks ago at my son's basketball game, he had an awesome block and I cheered loudly. Then I realized that I was cheering like I was at a professional basketball game where you have to be loud to be heard.

So now our Saturdays are filled with soccer and basketball games. We are usually driving from one to the other but I wouldn't have it any other way. Our kids are learning how to be team players and to work hard to get better.

May they always know that I will be there cheering them on, even if it is loud.



Article and Photos by Aimee Woodward

Law Offices of Douglas B. Price



LAW OFFICES
of
DOUGLAS B. PRICE, P.C.

You don't need to face your legal situation alone.

Put my experience on your side.

Serving your Arizona legal needs since 1983

Specializing in Estate Planning (Trusts, Wills, Power of Attorney) and Probate

An Arizona attorney you can trust. My grandfather was a lawyer and spurred my interest in law from a young age. I obtained my undergraduate degree in political science from DePauw University, Greencastle, IN, Summa Cum Laude in 1977. I attended law school in Philadelphia, graduating from Temple University Law School in 1980. I taught law in Crownpoint, NM and was licensed in Arizona in 1983, after which I worked for a local firm for a couple of years, gaining experience in many areas of law before opening my own practice in 1985.

Today I see clients in several practice areas but I am most focused on Estate Planning, the preparation of Trusts, Wills, Powers of Attorney and medical advance directives because of the satisfaction it brings to prevent legal problems and save my clients' money. In addition, Estate Planning benefits my clients while they are still alive, by avoiding the need for guardianships and conservatorships.

I AM PASSIONATE ABOUT EACH CHANCE I HAVE TO MEET WITH PEOPLE AND MAKE A POSITIVE IMPACT ON THEIR LIVES! Unfortunately, most people do not do any estate planning or, even worse, try to do it all themselves without legal advice and guidance.

For those people, I am available to probate their estate, as that is probably what will be legally required when they die and their heirs discover that there is no will or trust (or that the will or trust they created is invalid, or the trust they created is missing and no copy is available). Estate Planning should be done sooner rather than later to avoid emergencies and expense. Please contact me below for a free review of your estate plan if it is more than 5 years old or if you have experienced life changes since you created your estate plan. If you don't have an estate plan, contact me for a free consultation. (Free consultation not available for probate or contested matters). Thank you.

LAW OFFICES OF DOUGLAS B. PRICE, P.C.

2101 E. Broadway Road, Ste 22

Tempe, AZ 85282

480-345-8100

www.AZlegal.net



Doug and his dog Gomez

The Cami Girl

A New Athleisure Clothing Store to Fit All of your Seamless Needs

Located in the Fry's Shopping Center off of 40th and Chandler in Ahwatukee, The Cami Girl, a new clothing boutique owned by Marlene Kanehailua, brings a new fresh look and concept of seamless attire. The Cami Girl outfits women from ages 12 and above. The seamless concept allows for all women to fit into a camisole or leggings of their choice. We have one size fits most and a plus size line as well as maternity. Our products will grow with you in any way that you need. Great to wear with suits, under tops for extra length, for yoga, a night out on the town, or just staying home. Our bralettes were a huge hit during the pandemic because of their soft and functional Nylon and spandex blend of fabric not causing pressure to the shoulders.

A little history about The Cami Girl

The Cami Girl was founded in 2008 in Portland Oregon. At that time, the only item we sold was the basic camisole in 4 colors (Black, white, Ivory and Dark Brown). A year later we expanded to more camisole colors and added the signature favorite Seamless Tank Top. Soon to follow was the cap sleeve top, the ankle and capri

leggings then the long sleeve scoop neck top. By 2011, we had over 45 colors of camisoles and tank tops, added more colors to the long sleeve signature top and 5 different types of leggings. The rest is history. Our price point range is from \$8 to \$38. You can find us online at www.thecamigirl.com as well as on Amazon and now in store. Stop by our store and if you mention this article we will give you 10% off your entire purchase.

The CamiGirl

3961 E. Chandler Blvd. Phoenix, AZ 85048 | (602) 529 8090



CORNELIS HOLLANDER JEWELRY DESIGNS

One-of-a-kind since 1984

Renowned for sculptural designs featuring distinctive geometry and unique shapes Cornelis Hollander has been distributing contemporary jewelry around the world in Canada, Basel, Switzerland, Japan, and all over the US. Visit the website and go to his shop and manufacturing studio in Old Town Scottsdale and you'll see an amazing collection of beautiful jewelry you won't find anywhere else. There are stunning one-of-a-kind rings, engagement rings, bracelets, pendants and earrings in designs ranging from modern to more traditional.

The studio on North Marshall Way in Scottsdale is the artistic legacy of legendary jewelry designer Cornelis Hollander, who passed away in 2017 after a storied career that earned him a reputation as one of the most talented and creative jewelers in the world.

"He was an honest man, a hard worker, and always had a positive attitude. I am grateful to him and just want to honor him by continuing the love of jewelry and design." said his son, Walter Hollander, who inherited his father's talent and learned jewelry design by working by his father's side for ten years, is dedicated to continuing the Hollander reputation for unique design and flawless production. Cornelis's passion for beauty, dedication to excellence and unique vision live on through his son's creations.

Cornelis Hollander Jewelry Designs has built a cult-like following of dedicated clients and a perfect track record of hundreds of 5-star reviews online. Their most popular service is creating custom jewelry because of the experienced team of

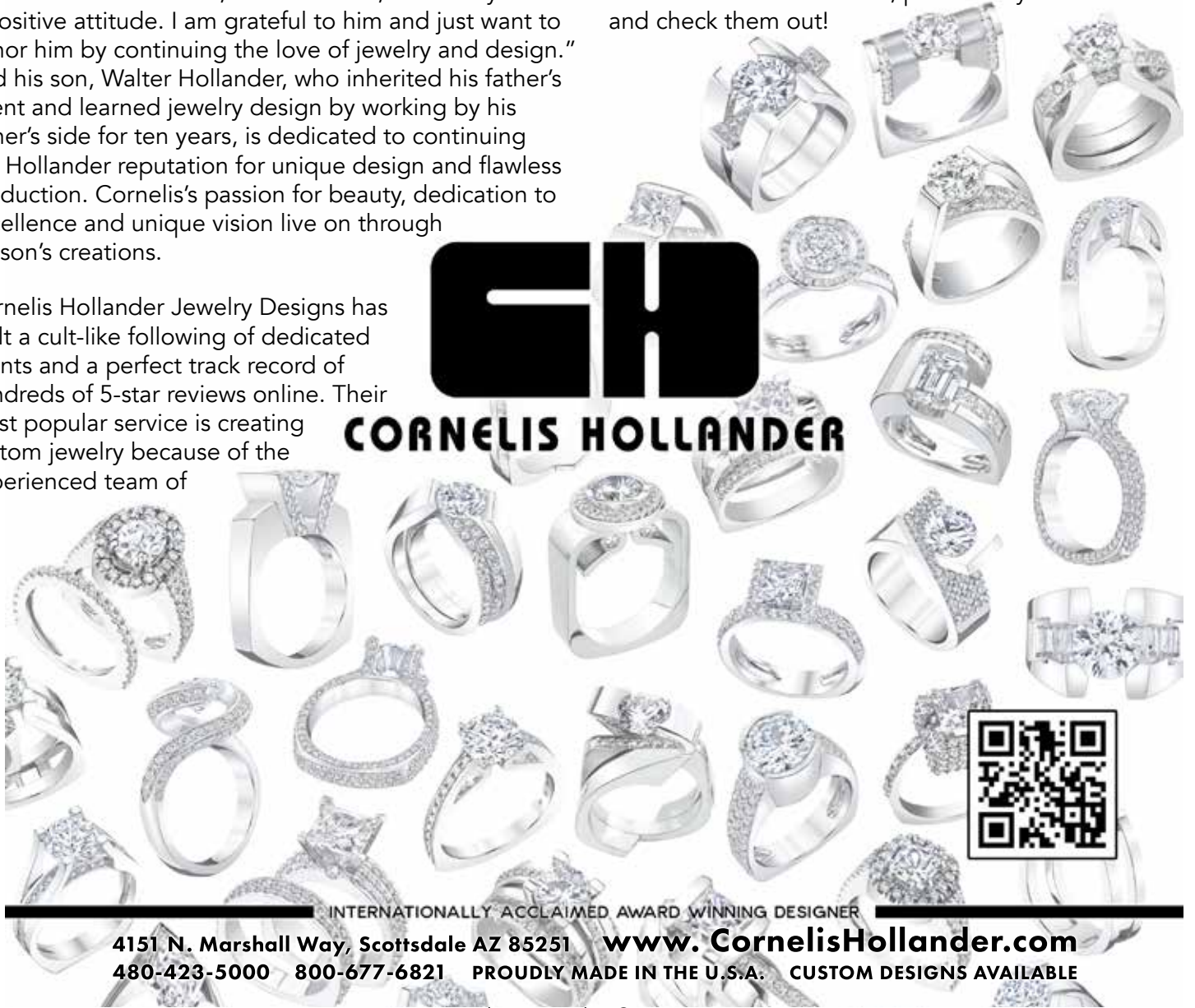
craftsmen on staff and an original design aesthetic that has won countless jewelry competitions over the years.

"It seems like more and more people in town want to join the Cornelis Hollander diamond ring club. Everyone wants us to customize our unique rings, to personalize what we create for them and make it their own," says Walter Hollander again, "We custom make everything piece of jewelry, it's what we specialize in and make affordable. We can do classic to contemporary styles, but our true followers let us make them a Cornelis Hollander original...I am new at running a jewelry company, but I am not new to this business and feel at home creating an extension of my dad's bold and beautiful catalog."

We love the jewelry this company produces and always look forward to something new from them. If you haven't heard of this brand before, please do yourself a favor and check them out!



CORNELIS HOLLANDER



INTERNATIONALLY ACCLAIMED AWARD WINNING DESIGNER

4151 N. Marshall Way, Scottsdale AZ 85251 www.CornelisHollander.com

480-423-5000 800-677-6821 PROUDLY MADE IN THE U.S.A. CUSTOM DESIGNS AVAILABLE

My

ROSATI'S

CHICAGO PIZZA



ROSATI'S PIZZA

55th

ANNIVERSARY

KEEPING IT REAL SINCE 1964

The World is Changing, Practice Gun Safety

I was born in Brooklyn, NY many years ago. Being from the Big Apple, it was not common to have or carry a firearm. It was taboo, as only law enforcement or criminals were known to carry firearms.

Leaving the big city and moving on to the Peach state (Atlanta, Georgia) was when I first learned that it was common for law abiding citizens to carry and buy firearms legally. This piqued my interest, but it wasn't something I pursued in the beginning.

After finishing my High School years, I carried on in the business management field managing everything from fast food to retail. I grew out of being confined within 4 walls, so I decided to switch directions and ventured over to the Telecommunications industry. This is when I started enjoying the freedom of being outdoors as I installed low voltage equipment for the various Communication companies. However, I still was not into guns as much at this time. But I had purchased my first firearm which was a very enjoyable moment because I always had a fascination with them even though I didn't move around in circles that really carried or actively used them for training.

As the years passed on, I eventually opened my first company where I trained and supplied a labor force for Comcast, Cox Communication, Charter, Directv etc. This shift in career choices lead me to be on the road more frequently as I traveled a lot to different states suppling the demand for labor in those cities. As I traveled, I noticed myself in some very sketchy neighborhoods and decided it was time for me to start carrying something for protection. So, I eventually applied for my Concealed carry permit which allowed me to carry legally in many of the states I worked in. By now I was actively carrying and started going to the range when time permitted. In going to the range, I noticed my shot placement was horribly and was not confident in my abilities to shoot accurately. This lead me down the path of finding a way to get knowledgeable training. So I sought out a company that could help me with that. I stumbled upon the NRA. In my down time, I started taking classes on the fundamentals of shooting, and completed every course they had to offer. Within a years' time, I took all the basic classes of each caliber of firearm and was now hooked. It became an enriching hobby that had me so intrigued I found myself buying a lot of different styles of guns and training with them vigorously.

Possibly a year prior to the pandemic I was so

involved that I also began to take instructor courses, so I was able to teach these valuable lessons to my family and peers who were just as unaware of the legalities and responsibilities of gun ownership. Just as the pandemic hit, I realized I was certified in pistol, shotgun, reloading, CCW and Gun safety and situation awareness. As with many small businesses, the pandemic hit hard and pretty much destroyed the business. I held on to what I could but ultimately decided it was time to move in a new direction once more.

So, I took what resources I had left and started a logistics company which hauled commerce and I also started to hold training classes for new gun owners. This proved to be exciting because everyone who had never dreamed of owning a firearm started to buy, and the market for new firearm owners was growing at a rate never witnessed before.

Now I was into these training classes heavily and had to pay for open classrooms at neighborhood outdoor ranges which was costly. Also, they rented these facilities to others making it sometimes difficult to book a reservation. So, I thought something needed to be done to streamline the process. It hit me it would make sense to open a gun store with a training classroom within, so I would be in control of the classrooms and times.

That is when Klik Klik Bang Firearms was formed. I went through the screenings and the meetings with the ATF. I then requested my dealers licence. Now, I have a retirement plan that I can do without all the traveling. However, I find myself back within those 4 walls as a retail storefront. But being the owner makes all the difference. I try to make the store environment similar to that of a barber shop, where you can come speak about news, guns training, sports etc. while purchasing either your first or one thousandth firearm and have the ability to get trained by certified instructors.

Faith, Family, Firearms, Freedom and Fun.

CLIK CLIK BANG FIREARMS

SONORAN HILLS DENTAL

Dr. Collin Ito
Family & Cosmetic Dentist



admin@sonoranhillsdental.com
www.sonoranhillsdental.com

(480) 785-9191

Our Location:
4909 E Chandler Blvd,
Phoenix, AZ 85048

PRIVATE DENTAL PRACTICE OFFERING:

- Natural looking Implants
- Periodontal Services
- Routine Dental Care
- Fillings
- Crowns
- Dentures & Partial



In Office Discounted Fee Plan available
In network with most PPO dental insurances

★★★★★
5 Stars on Google & Yelp

Who we are:

Hello there! We are Dr. Matt McCutcheon and Kasey McCutcheon. Bridge Wellness Center is our passion project built from combining our specialties for an ultimate path to health, healing, and wellbeing.

As we became more versed within both of our careers, we realized the overlap in our goal to help children live their lives to its fullest potential were both ultimately rooted from within the nervous system. We saw the incredible growth, empowerment, and healing within the clients we were currently working with through our own therapeutic means, and knew that together it would only be amplified.

Our dream is to bridge the gap between chiropractic care and occupational therapy, so that children and their families can bridge the gap between mind, body, and spiritual connection for ultimate wellbeing.



What we offer:

Pediatric Occupational Therapy

Occupational therapy interventions include modifying tasks, adapting environments, and teaching a foundation of skills to help complete the most meaningful activities with increased independence and success. The most beautiful aspect of occupational therapy is... we get to make it FUN! Through obstacle courses, crafts, playing games, and engaging with multi-sensory input, children are addressing the skills required for their goals while enjoying the process. If your child is experiencing challenges within their daily routine, occupational therapy can address the origin of the limitation, tackle the skills required, and overcome any barriers that are impeding independence.

Commonly Addressed:

- Developmental Delays
- Sensory Processing and Integration
- Emotional Regulation and Behaviors
- Anxiety
- Delayed Milestones
- Executive functioning
- Gross and fine motor skill development
- Trauma
- Mental health
- Social participation
- Ocular motor skills, visual perception, and visual motor skills
- Eye-hand coordination and bilateral coordination
- Motor planning
- Balance
- Strength and endurance
- Activities of daily living (self-care skills)
- Rest and sleep
- Leisure activities/Play skills
- Picky eating



Chiropractic Care

The nervous system (brain and spinal cord) controls EVERY function in the body. Your spine protects and houses the nervous system. Spinal misalignment can be detrimental to the nervous system's ability to function, heal, and adapt optimally. Chiropractic removes the interference, allowing you to live your fullest, most vibrant life.



Children

- ADD/ADHD and attention
- Anxiety
- Allergies, Asthma, and Inflammation
- Delayed Milestones
- Digestive Issues and Constipation
- Emotional Regulation and Behaviors
- Ear Infections and Immune Function
- Sensory Processing
- Sleep Challenges

Adults

- Headaches/Migraines
- Back Pain/Neck Pain/Sciatica/Rib Pain
- Numbness/Tingling
- Anxiety/Depression
- Trouble Sleeping
- Digestion and Constipation
- Immunity, Allergies
- Sports Performance, Recovery, Injury Prevention



SERVING AHWATUKEE!

Thank You Ahwatukee Foothills for Voting Us #1 Best Senior Care

This year, we locally have also been recognized as one of the top 15% in the US Best Home Care Providers.

We thank our clients, their families, and friends for your trust in us to provide safe care and companionship.

480-886-1165 • 16815 S. Desert Foothills Pkwy. • Suite 123

www.VisitingAngels.com/SouthPhoenix

Each Visiting Angels agency is independently owned and operated.

**Caregiver
 Employment
 Opportunities
 are Available!**



Active in our local community: Member of the Ahwatukee Foothills Chamber of Commerce. Senior Center Speaker. On the Regional Leadership Council of the Alzheimer's Association. Board member of Senior Advocacy Group of Ahwatukee.





CODE NINJAS®



CREATE

FUN & FLEXIBLE CODING EDUCATION

Build awesome video games on the path from white to black belt!
For tech-loving kids ages 5-14.



CAMPS

SPARK YOUR CHILD'S INNER NINJA

Explore exciting topics like Roblox, Minecraft, YouTuber, Python, video game development, and much more!



At-Home Coding

VIRTUAL ACTIVITIES FOR PRODUCTIVE SCREEN TIME

Continue the fun at home with challenges that put kids' ninja coding skills to the test!

At Code Ninjas, we have a variety of fun coding programs to keep your kids engaged during the back to school season, either virtually at home or in-person at our dojo!

ENROLL NOW

www.codeninjas.com/az-phoenix/

Code Ninjas Ahwatukee

4909 E Chandler Blvd #504, Phoenix AZ 85048

(480) 867 - 1158 | phoenixaz@codeninjas.com







I Remember

a candle company

Connecting Favorite Memories with Beautiful Scents

Handmade, high quality, great smelling candles and wax melts. Soy based and hand poured in Arizona.

 etsy.com/shop/IRememberCandleCo

  [@irememberacandleco](https://www.instagram.com/irememberacandleco)



602-454-1373

YOUR ONE-STOP SHOP FOR:

**BRANDED PROMOTIONAL PRODUCTS - LOGO DESIGN/EDIT
LOGO APPAREL - BANNERS - SIGNS - LARGE FORMAT PRINTING
VEHICLE GRAPHICS/WRAPPS - STOREFRONT GRAPHICS
SCHOOLS - TEAMS - CORPORATE EVENTS - FAMILY REUNIONS**

www.thelogoman.com

4029 N. 32nd Street, Phx AZ 85018



Heaven Touching Earth

Experience Heaven Touching Earth through dance-base choreography that captivates the joy of movement and the expression of life free from the boundaries of gravity.

Words, it's all about words, isn't it? They can harm or they can heal. Same thing with music. This is the reason I am so selective in my music for water aerobics set lists. I am a Pennsylvania transplant, actively pursuing my encore career of encouraging others to live their best life by feeling fit and having fun.

After a hiatus from teaching water aerobics during the pandemic, a very positive set list of music was a must as we all came out of a dark place. Spreading "Joy" was paramount as we all struggled to find our new normal.

Happy, upbeat tunes worked well at the YMCA back in Harleysville, PA, until the day I moved away to start a new life of retirement in Arizona. A lot of changes in my personal life occurred, and the lesson I needed to learn was you need to love yourself before you can love everyone else! When you love yourself, you glow from the inside. You attract people who love, respect and appreciate your energy. Everything starts with how you feel about yourself. Start feeling worthy and valuable and deserving of receiving the best that life has to offer you and the universe will respond accordingly, I promise!

Aquatic exercise provides many benefits including an ideal environment to exercise outdoors throughout the year in Arizona. The buoyancy of the water supports a portion of your body weight, making it easier to move in the water and improving your flexibility. During warm up and cool down, stretching and breathing help undo faulty movement patterns and muscle adaptations from being sedentary and creating a sense of length and openness. You don't have to be fit or flexible to dance, but you can build fitness, flexibility and coordination all while moving to the beat of invigorating and motivating music. Let your body vibrate and rejoice while enjoying the sweet and satisfying freedom of moving and grooving. The fusion of aquatic fitness moves with dance-based choreography captivates the joy of movement and the expression of life, free from the boundaries of gravity, limited only by the possibilities of human form.

Add perfect weather, beautiful surroundings, friends, laughter and love, and you've got the perfect prescription for the happiest workout ever that keeps you coming back for more.

Let's talk about the results. Yes! They happen organically, physically and mentally. And that positive set list I mentioned earlier? After not playing it for a year (when I thought I was retired), it caught me by surprise. I had offered to substitute a class for a teacher at my local pool one day and after she witnessed me teach a couple songs, I was hired by three contractors within a couple of days. The need is great here in this active older adult atmosphere.

Now back to the matter of words, when I played that positive set list for the first time in a long while, I was brought to tears as I'd realized every word in every song had come to fruition in my life. Now I end my classes with the reminder to be ever so cautious of the words you allow in your ears, in your brain and out of your mouth because they all have energy. The final move in my routine is always wrapping your arms around yourself for a big self-hug and taking a bow. (Remember love yourself first?) When you're ready to step out of the shadows, start rocking your purpose and live in true alignment with your soul, contact me.

"Janis Joy" Banes







Now is the time to use your home's equity.

Make it the home you've always wanted – sooner. A home equity line of credit (HELOC) can help in a big way right now.

Rates are competitive, home prices are up, and you may have more equity in your home than you might realize. A Home Equity Line of Credit (HELOC) gives you quick access to the equity you have in your home, whenever you need the money. It's a loan that's ready whenever you are.

See which home equity option is best for you:

- Home Equity Line of Credit: Get access to the cash you need, when you need it.
- Home Equity Loan: If you know how much you need to borrow, get a one-time loan at a fixed rate.

Learn more or compare these options to find the best solution for you.

Call me today to discuss your options!



Paul Klimke
NMLS: 152314
Mortgage Banker
BOK Financial Mortgage
901 N Dobson Rd
Mesa, AZ 85201
Cell: (602) 402-1801
pklimke@bokf.com
www.bokfinancial.com/pklimke

 **BOK FINANCIAL**
MORTGAGE



BOOK IT LIST
EVENT

TAKE
75%
OFF
2ND GUEST*

+
SAVE
\$1,600
PER
STATEROOM*

BOOK NOW

COMPLETE YOUR BOOK IT LIST WITH OUR BIGGEST SAVINGS OF THE YEAR

Plan your summer Europe getaway before the one you want is gone. Go wild for the natural wonders of Alaska. Unwind on island time in the Caribbean. There's no better way to visit the world's hottest destinations than our Relaxed LuxurySM resorts at sea, and there's no better time to book than with our biggest savings of the year.

But hurry—this incredible offer ends soon.



RICHARD & KRISTIN MORRIS
602 626-3740

Mr. Electric®

a Neighborly® company



You get the best of everything else, **why not get the best electricians?**

Servicing the Phoenix Metro since 2000 with technicians that have a combined 150+ years of experience in the electrical field. We provide a **FREE Electrical Home Safety Check** upon arrival and service:

- EV Charger Installs
- Panel Changes
- Complete Service Changes and Electrical Upgrades
- High Tech Troubleshooting
- Kitchen Remodels
- Installing New and Adding Electrical Circuits
- Hot Tub and Pool Hook Ups
- Professional Landscape Lighting
- Electrical/Transfer Switch Installation for Portable Generators

480.745.1339

MrElectric.com/Phoenix-Metro

Independently owned and operated franchise. © 2023 Mr. Electric SPV LLC. All rights Reserved.



Christine Hotchkiss

Pre-Planning Advisor
Servicing The Phoenix Area

602-326-7362



Assisting Families with Pre-arranging their
Funeral and Cemetery Needs in Advance

BENEFITS

- Relocation Protection
- 100% Service Guarantee
- Lifetime Flexibility
- Purchase protection
- Family First Cost Protection

WHY Pre Plan?

Your loved ones are not left to make such difficult decisions on their own.

Give you and your family a peace of mind.

Fight Inflation by locking in today's pricing

Payment Options

Christine.Hotchkiss@DignityMemorial.com

A Brand New Me/You

by Aimee Woodward

As you can see from my photos, this decided it was time for a major change! And for the past 8 months, I have been on the most rewarding health journey to help me not only lose 69 lbs but to increase my energy, decrease the pain in my muscles/joints and sleep better!

Back in late 2023, I stumbled upon a friend's post on Facebook. Kristan Paolacci was bravely sharing her health journey, losing 100lbs and something about her story deeply resonated with me.

You see, I too had been struggling with my health for some time! Despite attempts to eat healthier, I found myself quickly going back to old habits. Every time I stepped on the scale, the number seemed to climb higher, and looking at photos of myself with my family became a painful reminder of how uncomfortable I was in my own skin. I longed to have energy to be active with my kids, to enjoy life without the burden of fatigue and discomfort.

So, with a mixture of fear and hope, I reached out to Kristan. Was I afraid of failing? Afraid of not being able to stick to a plan? 100% YES but I was also afraid of staying stuck in the same place for one more day! I knew I had to give it a try! And oh, how grateful I am that I did! Since September 26th, 2023, my life has transformed in ways I couldn't have imagined. I've shed 60 pounds by committing to a healthier lifestyle, by making better choices that align with my goals and I am showing up differently for myself and my family.

So, to anyone out there who is

looking to get healthy but also really scared...I want to say... it's okay to be scared, but don't let fear hold you back. You are capable of more than you know, and the journey towards a healthier you is worth every single step.

And you know what's even more exciting? This journey has ignited a newfound passion within me and I am ready to level up! I'm committed to losing another 50lbs and I want to pay it forward and help others find their path to better health, too!

So check this out...I am officially becoming a Health Coach! If you're reading this and you're feeling stuck, unsure of where to start, feeling doubtful, I am here to lead the way!! Whether you want to chat about your health goals, share your struggles, or just need someone to listen, let's partner up! Together, we can navigate this journey, supporting each other every step of the way. I can't wait to help others change their life.

Are you next?



*Average weight loss on the Optimal Weight 5 & 1 Plan® is 12 pounds. Clients are in weight loss, on average, for 12 weeks.

If you are ready to release the weight that is holding you back, use this QR Code below to contact me today!



Join Me!



 Aimee
Woodward
Health Coach

Email: anwfarmer@gmail.com

Follow me on Facebook!

<https://www.facebook.com/aimee.woodward.7/>

Call to Service (Members on the Move)

Alliance Network Group, reaches beyond the membership base to help others. It was late Wednesday morning when the members of the Alliance Network Group met in the lobby of Feed My Starving Children to volunteer their time. Volunteers at Feed My Starving Children can turn hunger into hope with their own two hands by packing nutritious meals for hungry children around the world.

Everyone from our fantastic group could not make it on Wednesday April 17, 2024 for two hours the group was allotted, however the eight that did was in for a

treat. Once we were briefed, everyone was escorted into the work hall. After two hours (approximately) nonstop working with our hands packing nutritious meals for hungry children around the world, we were done. I believe in that moment as we all looked back and realized what just took place, our Spirits felt wonderful.

The eight who volunteered (see picture above). From left to right: Don Bridges, Deb Price, Douglas B. Price, Everett Cook, Jill Waldrop, Shaina Goodman, Angela Nevarez, Tracy Gripp.





Tracy Gripp



YOUR REAL ESTATE EXPERT

"I MAKE REAL ESTATE EASY FOR YOU"

After nearly being buried in three feet of snow in my hometown of Chicago, I relocated to Arizona, where I've been proud to call the Valley of the Sun my home for the past 24 years. Although I'm an avid Chicago Cubs fan, I enjoy supporting my local teams, the Cardinals and Diamondbacks. I embarked on my professional journey in real estate through commercial property management before transitioning into a residential REALTOR role. With 28 years of experience, I proudly consider myself an industry veteran.

As a Multi-Million Dollar Producer, I excel in assisting buyers, sellers, and investors across Scottsdale, Phoenix, Paradise Valley, Cave Creek, Gilbert, Chandler, Tempe, and Mesa. With my deep affection for all things Arizona, I'm poised to share my extensive local area insights and real estate proficiency. My business thrives primarily on referrals, as I forge close partnerships with each family I serve, guiding them toward realizing their lifelong real estate aspirations.

I am deeply passionate about giving back, which is why I've dedicated my time to serving on multiple Boards of Directors and as Chairman for various charity organizations and events. Some of my favorite causes to support include Feed My Starving Children, Starbright Foundation, Phoenix Children's Hospital, House of Refuge, and Midwest Foodbank.

Additionally, I'm proud to have been one of the founding members of the National Charity League. I'm delighted to be the mother of two amazing kids and the grandmother of three, all of whom bring immense happiness into my life.

I firmly believe in this quote attributed to Tony Robbins:

"Trade your expectations for appreciation and your whole world changes in an instant."

Premier Property on the Market


Courtesy of Nancy Perry, Homesmart


**15682 W MINNEZONA AVENUE
GOODYEAR, AZ 85395**

Step inside this breathtaking 5 bedroom, 3.5 bath home located in the esteemed Palm Valley 5 area, where luxury meets practicality. The heart of this home is a beautifully designed kitchen equipped with a custom island and a unique drink refrigerator, ideal for those who love to host. Outside, you'll find a pristine swimming pool and a well-appointed BBQ area surrounded by a lush garden with an assortment of fruit trees. With a generously sized 3-car garage and extra RV parking, this property also sits conveniently close to Mabel Padgett Elementary and numerous dining options. Experience the perfect blend of comfort and elegance—call today to explore this exquisite property.



**Get a GRIPP on your Real Estate
Needs and Call TRACY GRIPP!**

 TRACYGRIPP@TEAMGRIPP.COM

 480-650-3314

 WWW.TRACYGRIPP.COM

SCANNING FOR MATCH...

WHAT DO YOU DO WHEN YOUR TV STARTS WATCHING YOU BACK?



UNPARALLELED PRIVACY & REPUTATION MANAGEMENT FOR WHEREVER AND WHENEVER THE INTERNET WATCHES YOU BACK

Introducing Enhanced Privacy Management







You do a lot online, including surfing, streaming, socializing, shopping, and much more. Most of us don't want to think about it, but the reality is that your private data, identity and reputation can be stolen with a just few simple keystrokes.

A web transparency study done by Princeton says **76% of websites contain Google tracking devices and 24% have Facebook trackers.**¹



Take control of your privacy

IDShield protects your private data, identity and reputation by helping you delete it from places where it shouldn't be:

 Data broker sites (Spokeo, MyLife, Radaris)	 Internet browsers
 Social media apps	 Smart TVs
 Voice assistant technology (e.g. Amazon Alexa, Apple Siri, Google Assistant, etc.)	 Password management services

And more...

FOR MORE INFORMATION, CONTACT YOUR INDEPENDENT ASSOCIATE:

Rick Allen
rick.allen@30fold.com 30foldBenefits.com

480-221-6792

¹<https://webtransparency.cs.princeton.edu/webcensus/>

Essential Bodywear

Essential Bodywear, a company by women for women, was founded through friendship and a vision to empower women in their quest for success. May 2022 is Essential Bodywear's (EBW) 19th Anniversary Year and also my 4th year as an EBW bra fit specialist.

What makes Essential Bodywear different from other direct selling companies? Simple. WE offer a product every woman NEEDS.

There's one thing that most women have shared throughout time. A torture device to keep us perky and avoid the big flop. We typically sacrifice comfort, for support. Straps falling down? Bands riding up? Top, side or back spillage?

I was introduced to this product line and I was simply blown away with what it did for me, so much so I decided to join in this company's mission to help women with one of life's greatest challenges; finding the right bra!

It's time to discover how you can stop trading comfort for support. I can help.

I fit women into the correct size bra and carry sizes 32A up to 44H. We also have an amazing line of panties, shapewear, athletic wear and camis, so pretty much anything you wear under your clothes, we have you covered.

Your bra is the first thing you put on in the morning, and the last thing you take off at

night. Your bra needs to keep you supported all day with all day comfort. Does yours do this?

Don't let a terrible bra ruin your day - there's a better way! Schedule your fitting (in person

or virtually) today. You are worth it!

This is where all you ladies come in...Just like my boobs I need support. Will you consider supporting me as I uplift you? You are worth it!



Finally! Discover the difference of a well-fitting bra and what it can do for your confidence

Your Bra Lady

Jennifer Strohmaier
(480) 287-2268 Cell

<https://www.myessentialbodywear.com/A12704>
Schedule: www.calendly.com/Jenzbras

HOST • SHOP • JOIN



TRY IT ON. LOVE IT ON.

Up and Beyond/Whiz Kidz Playland

We provide small group learning programs for children. Programs include handwriting therapy, feeding therapy, art and music habilitation and sensory and behavioral health's skill development. We can work one on one and in small groups of 10 or less. Our facility is a 3500sq ft learning center Whiz Kidz Playland on Chandler Blvd. It is empty with teachers, respite and habilitation workers waiting to serve families who need support with the new homeschool system and children of first responders. Both typical and those with special needs are served in an inclusive learning environment that develops social skills, empathy and relationship management. We give families the schedule and flexibility they need to survive and thrive.

Program Description: The mission of Whiz Kidz Interactive Learning Program is to prepare youth and families to become leaders. Whiz Kidz focus is to identify and develop the special talents of every single student. Our assessments are made in the areas of language arts, mathematics, music, art, foreign language, science & nature, dramatic play and physical education. Whiz Kidz is a faith-driven, family-oriented interactive learning program. We depend on the involvement of parent/guardians and family to guarantee the success of each child. The children will collaborate to learn from each other, as much as from the teacher. We value and insist on emphasizing diversity and we enforce the encouragement of self-achievement.

Our goal is to continue to grow the world's greatest all-in-one play, learning and therapy center in the world. We need top talent to serve our little ones with high energy and social development needs such as SPD, autism and ADHD. We know how hard it is to find the right environment that provides a great mix of playing and learning for that child that needs a little extra love and we pray to be that place for the communities we serve. Please join us as we accomplish our mission of being a safe, loving Play Therapy and Education center.

Company History:

Whiz Kidz Interactive, LLC was established in AZ in 2017. The founder Nichole Pitts woke up from a dream at 12 years old where God revealed her life's purpose to her. She visualized a global organization of family engagement centers that support infants, children, teens and parents through education, recreation, therapy, housing and social development. In 2002, Nichole's parents and sister teamed up to open the first Whiz Kidz Interactive Learning Program in their home state

of Maryland. This company continues to thrive as small child care organization for over 17 years. When Nichole moved to Arizona she began volunteering and working at Behavioral Health Agencies and realized the greater need for families is inclusive all in one experiences that develop the family bond. This allows for healing, unified connections, empathy and spiritual growth in typical and special needs children. The center is currently the top rated indoor playground in Arizona for children 5 and under yet we remain the best kept secret. We need business mentors and investors to give not only their monetary seed but their wisdom and experience to take Whiz Kidz to the next level.

Our services include:

- Preschool and Aftercare Centers
- Infant and Toddler Play 'n Learn Centers
- Commercial and Residential Property acquisition to provide quality group homes
- Under our 501c3 nonprofit organization Up and Beyond Family Services
- Behavioral Health Agency
- Development Disability Day Treatment Centers
- State of the Art Group Housing facilities for children in foster care and adults with developmental disabilities

Up and Beyond Family Services is a Non-Profit Organization committed to empowering the lives of young leaders. All donations benefit scholarship programs for children enrolled in Summer and Afterschool enrichment programs including Arts, Financial Literacy, College Preparation, Life Skills, Physical and Behavioral Health needs, as well as co-working with Mom programs and job assistance/entrepreneurial development programs.

WHIZ KIDZ PLAYLAND

WhizKidzPlayland.com

FAMILY PLAY'n LEARN CENTER FOR CHILDREN AND PARENTS

Playland Services:

■ FULL-TIME INFANT CLASSROOM

For working parents, let our Edu-Carers snuggle and love your little one from age 6 weeks to 24 months. in a safe, stimulating environment.

■ STAY 'n PLAY

Parents and kids age 0-10 can stay n' play all day with our play guides exploring our indoor playhouse, market and obstacle course.



■ DROP 'n PLAY

Need a clean, safe place to drop n' play? Let our loving Edu-Carers play and teach your child while you work, shop, exercise, or just relax.

■ BIRTHDAY PARTIES

Looking for the coolest toddler birthday party place around? We've got you! Let us host your next celebration we have activities for every theme imaginable.



■ LEARN 'n GO CLASSES

Ready to learn something new? How about Spanish, Pinterest Arts & Crafts, Reading, Math or Cooking? The variety of our Learn 'n Go Classes is endless. We are here to guide your little one to brilliance!

■ KidSPORTation

Need a ride to or from school, home, or practice? Call Whiz Kidz for a reliable safe ride for your child.



UpAndBeyond.org

UBFS is a family organization building connections between neighbors and learners of all ages through innovative and creative methods of instruction.

We believe each child has a set of special talents and it's our responsibility to guide them as they grow and explore. **Our mission is:**

LEAD Learn, Explore and Develop
Educational/Academic

LEAP Life Enrichment Advancement Program
Character Educational

REST Residential Environments Supporting Transitions -- *Home Based*

JOIN OUR WAIT LIST!
Book a Party or Class Today!

Call us at

480-550-5113

Or email us at

info@whizkidzplayland.com



15425 S 48th St, Suite 100 Phoenix, Arizona 85044

Kups 2020 | Spring 2024

KUPS 2020, LLC

See it Smell it Sip it Taste it



READ IT AND SAVE!

Back in the Taste of Things

Ahwatukee, Chandler, and Gilbert the question is where have you been for the last seven years? I don't know, but I do know where you should have been and that is WHEREUBEAN Coffee. Serving the best coffee for over seven years, made from the best beans from Chicago and using the best brand, Intelligentsia can only add up to one thing. WHEREUBEAN has the best coffee. While you are having yourself a cup of their great coffee, why not have a slice of their tasty cake. Their cake was so good, one of their customers after having a slice said, "we love the cake because we felt the love in the baking". When I asked Ayesha where did she learn this information and skills set from, she said, "I've been baking for my kids and family for years. I fell in love with doing it. That love for baking and making coffee has led me to this quote, "Great coffee is not the result of chance".

WHEREUBEAN Coffee also serves all kinds of tea blends. Lose tea freshly brewed for you. If you don't to get buzz with your tea, they have teas that will keep you straight. WHEREUBEAN Coffee is also in accordance with the CDC Guide Lines. They observe social

distancing, masks are worn inside the business, plus curb side service (pickup) is available for customers who just want to drive up and go. Ok Ahwatukee, Chandler, and Gilbert, what are you waiting for. Go on over to WHEREUBEAN Coffee today!



Photo by Don Bridges



Get Caffeinated *Order Online!*

Phoenix's premium espresso bar featuring Intelligentsia Direct Trade Coffee & Organic Teas since 2013. We love coffee. More importantly, we love to make and serve coffee while fostering an experience that will brighten up your day.

4804 E. Chandler Blvd, #110 Phoenix, AZ 85048 | (480) 584-3886 | wubcoffee.com

  WhereUBeanCoffee



Chillin' While You're Sippin'

Bergies Coffee Roast House prides itself on its artisan quality coffee. All of our beans are small batch roasted on site by Brian Bergeson and several other trained roasting staff. Our Bergies team has a passion to not only provide a great cup of coffee to our customers, but to also provide them with an opportunity to discover their own personal favorites through education about the wide variety of beans and roast options Bergies offers.

Bergies was founded in 2008 by the Bergeson family in Gilbert, Arizona with the commitment to provide our community with a small gathering place that would make customers feel at home when they walked through the door of our cottage.

We are located in the original Forest Clare homestead built in 1919. We are honored to be a stop on the official historic walking tour in our Heritage District. There is a bronze plaque on the front of the property which displays a photo of the original home. Some of the Clare family descendants still reside in Gilbert and participated in our 10 year business anniversary and our celebration of the 100 year anniversary of our building.

In addition to our commitment to our customers, we are passionate about supporting many non-profits in the Gilbert community and beyond. We actively support Young Life Gilbert, Young Life Africa, Midwest Food Bank Arizona, Feed My Starving Children, and HD South home of the Gilbert Historical Museum to name a few.

We are honored to be part of such an amazing community and appreciate that our customers have rewarded us with many best of honors in the East Valley. If you would like to experience the Bergies difference come in and meet our amazing staff in the shop, or visit us every Saturday morning at the Gilbert Farmers Market or visit us online at bergiescoffee.com

Experience The Difference!

Bergies prides itself on its artisan quality coffee.

small batch roasted on site

we are passionate about providing a great cup of coffee

wide variety of bean and and roasting options

Located in a cottage in the Historic Heritage District Of Gilbert

(480) 497-3913

309 N Gilbert Rd, Gilbert, AZ 85234



THE BUZZED GOAT COFFEE CO

YOUR NEIGHBORHOOD COFFEE BAR & TAP HOUSE

SUN / MON: 7 AM - 3 PM | TUE - SAT: 7 AM - 5 PM | HAPPY HOUR: 2 PM - 5 PM

#STAYBUZZED

Instagram Facebook @THEBUZZEDGOAT

4302 E. RAY RD. STE 106 PHOENIX, AZ 85044 | (480) 706-7411

All About Water

**CLEAN WATER MAKES
HAPPY CUSTOMERS**

Follow us: Facebook @ecowateraz Twitter @ecowater_az



www.ecowateraz.com

Paul Manning

pmanning@ecowateraz.com
480-309-1502



AHWATUKEE | CHANDLER | GILBERT
KUPS 2020
MAGAZINE



We're Hiring!

Join our growing team! We are hiring two Account Executives. Sales experience is a plus. Training is available. Positive attitude and communication skills are a must.

Email Résumé to a.woodward@kups2020.com



AHWATUKEE | CHANDLER | GILBERT
KUPS 2020
MAGAZINE



Franchises for sale now!

During these times of uncertainty where people have been laid off, businesses are closing and you really don't know what the future holds. There is no better time to take charge of your own future than now. Invest in a Kups2020 Franchise Business today and be your own boss. Kups2020 has a Franchise opportunity for you. Take advantage of the low cost while they are still available.

Contact Kups2020 at 480-648-6086 and get started today!
kups2020.com

Popular Hiking Trails in Phoenix, Scottsdale, and Arizona

Phoenix

Desert Vista Trailhead
Echo Canyon Trailhead
Fat Man's Pass
Hold in the Rock
Mormon Trailhead
Papago Park
Phoenix Mountain Preserve
Piestewa Peak Park
Pima Canyon Trailhead
Shaw Butte Trailhead
South Mountain Park and Preserve

Mesa

Usery Mountain Regional Park

Fort McDowell

McDowell Sonoran Preserve Gateway Trail

Apache Junction

Siphon Draw Trailhead

Scottsdale

Brown's Ranch Trailhead
Fraesfield Trailhead
Granite Mountain Trailhead
Lost Dog Wash Trailhead
Pinnacle Peak Park
Sunrise Trail Scenic View
Tom's Thumb Trailhead

Cave Creek

Black Mountain Trail
Cave Creek Regional Park
Spur Cross Ranch Conservation

Paradise Valley

Cholla Trailhead

Payson

Tonto National Forest
Water Wheel Trailhead

For all trails locations, google for Directions. Enjoy your hike, enjoy Arizona.



Photo by Don Bridges at Piestewa Hiking Trails

Dining Guide

Binkley Restaurant

2320 E. Osborn
Phoenix, AZ 85016
(602) 388 4874

Compass Arizona Grill

122 N. 2nd St.
Phoenix, Arizona 85004
(602) 440 3166

Different Point of View

11111 N. 7th St.
Phoenix, Arizona 85020
(602) 866 6350

Durant's

2611 N. Central Ave.
Phoenix, Arizona 85004
(602) 264 5967

Ghett'yo Pizza

4747 E Elliott #12
Ahwatukee, Arizona 85044
(602) 264 5967

Ghett'yo Taco

241 S Oregon St
Chandler, Arizona 85225
(480) 726 9654

Impact Nutrition

3145 E Chandler Blvd Unit 107
Phoenix, AZ 85048
(952) 380-8368

Lon's at the Hermosa

5532 N. Palo Cristi Rd.
Paradise Valley, Arizona 85253
(602) 955 7878

Postino Winebar

3939 E. Campbell Ave.
Phoenix, Arizona 85018
(602) 852 3939

Quiessence

6106 S. 32nd St
Phoenix, Arizona 85042
(602) 276 0601

Rosati's of Ahwatukee

4206 E Chandler Blvd.
Phoenix, Arizona 85048
(480) 706-1777

Sweet Magnolia Smokehouse

4929 E. Chandler Blvd.
Phoenix, Arizona 85048
(623) 221-2608

Steak 44

5101 N. 44th St.
Phoenix, Arizona 85018
(602) 271 4400

Tarbell's

3213 E. Camelback Rd.
Phoenix, Arizona 85018
(602) 955 8100

The Buzzed Goat

4302 E. Ray Rd. Ste 106
Phoenix, Arizona 85044
(480) 706-7511

The Capital Grille

2502 E. Camelback Rd.
Phoenix, Arizona 85016
(602) 952 8900

T. Cook's

5200 E. Camelback Rd.
Phoenix, Arizona 85018
(602) 283 1234

Where U Bean Coffee

4804 E. Chandler Blvd, #110
Phoenix, AZ 85048
(480) 584-3886

Wright's at the Biltmore

2400 E. Missouri Ave.
Phoenix, Arizona 85016
(602) 955 6600

Tacos Tijuana

4909 E Chandler Blvd #511
Phoenix AZ 85048
480.601.5014

51 S McQueen Rd

Gilbert AZ 85233
480.601.5958

1754 S Greenfield Rd # 101

Mesa AZ 85206
480.653.5958

MISSISSIPPI STYLE BARBECUE

Sweet Magnolia
SMOKEHOUSE
WHERE FLAVOR LIVES

4929 E CHANDLER BLVD PHOENIX AZ 85048 | 623-221-2608

MISSISSIPPI STYLE BARBECUE

Sweet Magnolia SMOKEHOUSE WHERE FLAVOR LIVES

4929 E CHANDLER BLVD PHOENIX AZ 85048 | 623-221-2608

JUST THE MEAT

Sliced Chicken (boneless)

1/4 lb	\$6
1/3 lb	\$8
1/2 lb	\$11
1 lb	\$18

Pulled Pork

1/4 lb	\$6
1/3 lb	\$8
1/2 lb	\$11
1 lb	\$18

Brisket

1/4 lb	\$9
1/3 lb	\$12
1/2 lb	\$15
1 lb	\$28

Baby Back Ribs

Half Rack	\$22
Full Rack	\$38

Rib Tips

1/2 lb	\$10
1 lb	\$18

Beef Ribs

Half Rack	\$26
Full Rack	\$45

MEAT PLATES

	1 side	2 sides	1/4 lb Meat Options:
1 Meat Plate	\$10	\$13	Sliced Chicken
2 Meat Plate	\$16	\$19	Pulled Pork
3 Meat Plate	\$22	\$25	Brisket (+\$2)
4 Meat Plate	\$28	\$31	2 Rib Bones (+\$4)
			Rib Tips
			Pork Hot Link

SANDWICHES

Sandwich	1/4 lb	1/3 lb	1/2 lb
	\$6	\$8	\$11
choice of brisket (+\$4), sliced chicken or pulled pork			
Pork Hot Link	\$7	Beef Hot Dog	\$5
Magnolia Link	\$10	Magnolia Dog	\$8
pulled pork, coleslaw & bbq sauce added			

MEALS

Meat & Mac Bowl Regular \$10 Large \$15
mac & cheese, baked beans, bbq sauce and your choice of chicken, pulled pork, brisket (+\$2), ribs (+\$4) or pork hot link

Rib Dinner

includes 2 sides and a roll or cornbread

Baby Back Ribs

3 Ribs \$20 • Half Rack \$28 • Full Rack \$44

Beef Ribs

Half Rack \$32 Full Rack \$51

SIDES

1/2 pint	pint	quart
\$4	\$6	\$10
Baked Beans	Collard Greens	Potato Salad
Coleslaw	Mac & Cheese	Sweet Potatoes
	Peach Cobbler	

Drinks 16 oz \$2 32 oz \$3

FEED THE FAMILY

Family Style Meal

Small \$39 (Feeds 3 - 4)
1 1/2 lbs of meat & 2 pints of sides, bread and sauce

Large \$74 (Feeds 6 - 8)
3 lbs of meat, 2 quarts of sides, bread and sauce

Choose 2 Meats:

Sliced Chicken
Pulled Pork
Brisket (+\$6/\$12)
Ribs (half rack +\$8/full rack +\$16)
Rib Tips
Pork Hot Links (2/4)

Choose 2 Sides:

1 pint each (sm) or 1 quart each (lg)

Choose your Bread:

Buns only, Rolls only or 1/2 and 1/2

Magnolia Sampler

\$84 (feeds 6 - 8)

7 meats, 7 sides (1/2 pints), your choice of bread and sauce

- 1/3 lb Chicken - Baked Beans
- 1/3 lb Pork - Coleslaw
- 1/3 lb Brisket - Collard Greens
- 3 Rib Bones - Mac & Cheese
- 1/2 lb Rib Tips - Potato Salad
- Pork Hot Link - Sweet Potatoes
- Beef Hot Dog - Zucchini & Squash

Choose your Bread:

Buns only, Rolls only or 1/2 and 1/2



TACOS CALAFIA

TIJUANA STYLE

Now Open for Dine-In,
Take-Out & Online Order

www.TacosCalafia.com

4909 E. Chandler Blvd. #511
AHWATUKEE (S.E. corner of 48th Street & Chandler Blvd)

25% Discount for Military and Law Enforcement

Thursday is Latin Night-
Salsa & Bachata Class!

HAPPY HOUR
Mon-Fri 3pm-6pm
& All Day Thursdays
*2 for 1 Margaritas
and \$4.00 Beers!*

For Advertising Information, contact Value Shopper® at 480-759-4473



CK's Tavern & Grill is your local Ahwatukee place to be.

4142 E. Chandler Blvd.
Ahwatukee, AZ 85048
480-706-5564
ckgrill.com

SUNDAY 9AM-10PM
MONDAY-WEDNESDAY 11AM-10PM
THURSDAY – FRIDAY 11AM-MIDNIGHT
SATURDAY 9AM-MIDNIGHT (KITCHEN OPENS AT 10AM)



CRAFT ON THE NEXT LEVEL

4921 E Ray Rd #103
Phoenix, AZ 85044
(480)-999-0096
wicked-bbs.com

MON-THUR 11:00 am - 11:00 pm
FRI 11:00 am - 12:00 am
SAT 9:00 am - 12:00 am
SUN 9:00 am - 10:00 pm

IMPACT Nutrition

3145 E Chandler Blvd Unit 107
Phoenix, AZ 85048
480-226-0776

What is in a Shake and Tea Consumption



Nutrition For Your Best Life!

<p>Shot of ALOE</p> <ul style="list-style-type: none"> Promotes Healthy Digestion Soothes Your Stomach Supports Nutrient Absorption 	<p>Meal Replacement Shake</p> <ul style="list-style-type: none"> 24 grams of Protein 21 Minerals & Vitamins Good Source of Fiber Suitable for Vegetarians Suitable for Diabetics 	<p>Herbal Tea</p> <ul style="list-style-type: none"> Natural Caffeine (85mg.) Boosts Energy Jumpstarts Metabolism Provides Antioxidant Support
<p>Flavors</p> <p>*Mango *Cranberry *Mandarin Orange</p>	<p>Fit Your Dietary Needs</p> <p>-Lactose Free -Gluten Free -Allergen Free -Vegetarian -Soy Free Whey/Casein Free</p>	<p>Hot or Cold Flavors</p> <p>*Lemon *Raspberry *Peach *Cinnamon *Chia</p>

Meal Replacement Protein

<p>BREAKFAST</p> <ul style="list-style-type: none"> Apple Fritter Banana Bread Blueberry Muffin Blueberry Lemon Muffin Blueberry Pancakes Butter Pecan Caramel Roll Caramel Roll Choc. Frosted Sprinkled Donut Cinnamon Toast Crunch French Toast Lemon Poppyseed Muffin Orange Cream Muffin Maple Long John Peanut Butter Waffle Pumpkin Banana Bread Strawberry Jelly Donut 	<p>Desserts & Pie</p> <ul style="list-style-type: none"> Apple Crisp Banana Cream Pie Birthday Cake Caramel Apple Pie Cherry Dipped Cone Cherry White Chocolate Chocolate Chip Cookie Dough Chocolate Hazelnut Sundae Cinnamon Dulce De Leche Coconut Cream Pie Fried Ice Cream Key Lime Pie Mint Chocolate Nutty Caramel Sundae Peach Cobbler Pineapple Coconut Sundae Pumpkin Pie Raspberry White Chocolate Truffle Red Velvet Cake Rice Crispy Treat Rocky Road Root Beer Float S'mores Strawberry Delight Vanilla Almond Pistachio White Wedding Cake 	<p>Cookies & Candy</p> <ul style="list-style-type: none"> Almond Joy Butterfinger Chocolate Chunk Cookie Frosted Animal Cracker Lemon Cookie Mint Oreo Monster Cookie Nutter Butter Oatmeal Cookie Oatmeal Peanut Butter Oreo Peanut Butter Cookie Reese's Peanut Butter Cup Salted Caramel Salted Nut Roll Samoa Snickerdoodle Snickers Sugar Cookie Tagalong Twix 	<p>FRUITY</p> <ul style="list-style-type: none"> Banana Caramel Blueberry Blueberry Colada Blueberry Cherry Colada Cherry Colada Orange Cream Pina Colada Raspberry Strawberry
<p>Coffee</p> <ul style="list-style-type: none"> Banana Caramel Latte Caramel Iced Waffle Coffee Coconut Latte Mint Latte S'mores Latte White Chocolate Latte White Chocolate Caramel Latte White Chocolate Peppermint Latte 	<p>Lava Shakes</p> <ul style="list-style-type: none"> Orange Crush Lemon-Lime Blast Pomegranate Berry Tropical Peach 	<p>Cheesecake</p> <ul style="list-style-type: none"> Banana Cream Blueberry Butterscotch Butter Pecan Salted Caramel Caramel Pecan Turtle Cherry Chocolate Mousse Dulce de Leche Caramel Pumpkin Spice Red Velvet Reese's Peanut Butter Raspberry Strawberry Toasted Marshmallow S'mores White Choc. Raspberry Truffle 	



Ghett'yo taco is an urban taqueria in downtown Chandler that specializes in street-style tacos.

Ghett'yo Tacos Today!

241 South Oregon St | Chandler, AZ 85225 | 480-726-9654



Ghett'yo pizza is an urban pizzeria in Ahwatukee that specializes in NY style pizza.

Ghett'yo pizza Today!

4747 East Elliot Rd #12 | Ahwatukee, AZ 85044 | 480-590-3639

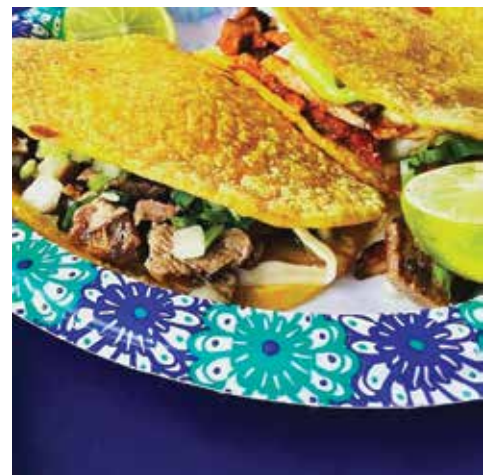


TREAT YOURSELF TO SOME TACOS

VOTED BEST IN THE VALLEY BY PHOENIX MAGAZINE



51 S McQueen Rd
Gilbert AZ 85233
480.601.5958



1754 S Greenfield Rd # 101
Mesa AZ 85206
480.653.5958

 TACOS.TIJUANA

AHWATUKEE | CHANDLER | GILBERT
KUPS 2020
MAGAZINE



Franchises for sale now!

During these times of uncertainty where people have been laid off, businesses are closing and you really don't know what the future holds. There is no better time to take charge of your own future than now. Invest in a Kups2020 Franchise Business today and be your own boss. Kups2020 has a Franchise opportunity for you. Take advantage of the low cost while they are still available.

Contact Kups2020 at 480-648-6086 and get started today!

kups2020.com

AHWATUKEE | CHANDLER | GILBERT
KUPS 2020
MAGAZINE



We're Hiring!

Join our growing team! We are hiring two Account Executives. Sales experience is a plus. Training is available. Positive attitude and communication skills are a must.

Email Résumé to a.woodward@kups2020.com

EMERGENCY AND FREQUENTLY USED PHONE NUMBERS

Emergency	9-1-1
Crime Stop	(602) 262 6151
Poison Control Center	(800) 222 1222
Child Abuse Hot Line	(888) 767 2445
National Suicide Prevention Lifeline	(800) 273 8255
Runaway Hot Line	(800) 786 2929
Phoenix Children's Hospital	(602) 546 1000
Phoenix Herpetological Society	(602) 550-1090

Phoenix Metro Police Non Emergency

Apache Junction.....	(480) 982 8260
Arizona State University.....	(480) 965 3456
Avondale	(623) 333 7836
Buckeye	(623) 386 7836
Capitol Police	(602) 542 4580
Carefree.....	(602) 876 1011
Cave Creek.....	(602) 876 1011
Chandler.....	(480) 782 4130
Department of Public Safety	(602) 223 2000
El Mirage	(623) 933 1341
Ft. McDowell	(480) 837 1091
Fountain Hills.....	(602) 876 1011
Gila Bend.....	(602) 876 1011
Gila River	(520) 562 1852
Gilbert	(480) 503 6500
Glendale	(623) 930 3000
Goodyear	(623) 932 1220
Guadalupe.....	(602) 876 1011
Litchfield Park.....	(623) 876 1011
Luke Air Force Base.....	(623) 856 6322
Maricopa County Sheriff.....	(602) 876 1011
Paradise Valley.....	(480) 948 7410
Peoria	(623) 773 8311
Phoenix.....	(602) 262 6151
Queen Creek	(602) 876 1011
Salt River Indian Community	(480) 850 8200
Scottsdale.....	(480) 312 5000
Sun City	(602) 876 1011
Surprise.....	(623) 224 4000
Tempe.....	(480) 966 6211
Tolleson	(623) 936 7186
Youngtown.....	(623) 974 3665

ARIZONA DEPARTMENT OF TRANSPORTATION

Traveler Information Line	5-1-1
Call before you Dig	8-1-1
Motor Vehicle Division Phoenix Area	(602) 542 8683
EZ Voter Registration	(602) 542 8683

SKY HARBOR INFORMATION

Airport Paging	(602) 273 3455
Customs/Immigration	(602) 392 4440
General Information	(602) 273 3300
Lost and Found	(602) 273 3333
Parking	(602) 273 4545

TERMINAL 3

Alaska Airlines	(800) 426 0333
American Tran Airlines	(800) 247 8726
American Airlines	(800) 433 7300
Continental	(800) 525 0280
Delta Airlines	(800) 221 1212
Frontier	(800) 432 1359
Great Lake Airline	(800) 554 5111
Hawaiian Airline	(800) 367 5320
Jet Blue Airline	(800) 538 2583
Midwest Airline	(800) 452 2022
Sun Country Airlines	(800) 359 6786
United Airline	(800) 241 6522

TERMINAL 4

Aero Mexico	(800) 237 6639
Air Canada	(800) 247 2262
British Airways	(800) 247 9297
Southwest Airline	(800) 428 4322
US Airways	(800) 428 4322
West Jet	(888) 937 8538

CAR RENTAL

Advantage	(800) 777 5500
Almo	(800) 462 5266
Avis	(800) 331 1212
Budget	(800) 527 7000
Dollar	(800) 800 4000
Enterprise	(800) 736 8222
Fox	(800) 225 4369
Hertz	(800) 654 3131
National	(800) 227 7368
Payless	(800) 729 5377
Thrifty	(800) 847 4389

UTILITIES

Cox Communications	(800) 229 6542
Century Link Residential Customers	(800) 244 1111
Southwest Gas Corporation	(800) 873 2440
Arizona Public Service	(602) 371 7171
Salt River Project.....	(602) 236 8888

Bell Bank Mortgage



Thank you for voting for us!

Bell Bank Mortgage



Naveen Vadhwani | NMLS # 203016
Senior Mortgage Loan Officer

Office: 480.339.8568 | Mobile: 480.570.5691
www.naveenvadhwa.com | nvadhwa@bell.bank

4435 E Chandler Blvd. Suite 201
Phoenix, AZ 85048

bellbankmortgage.com



Leave as a Patriot



3233 E Chandler Blvd STE 7
Phoenix, AZ 85048
Phone 480-275-5449