



KUPS 2020

MAGAZINE

5 NIGHTS OF SWEETER SLUMBER

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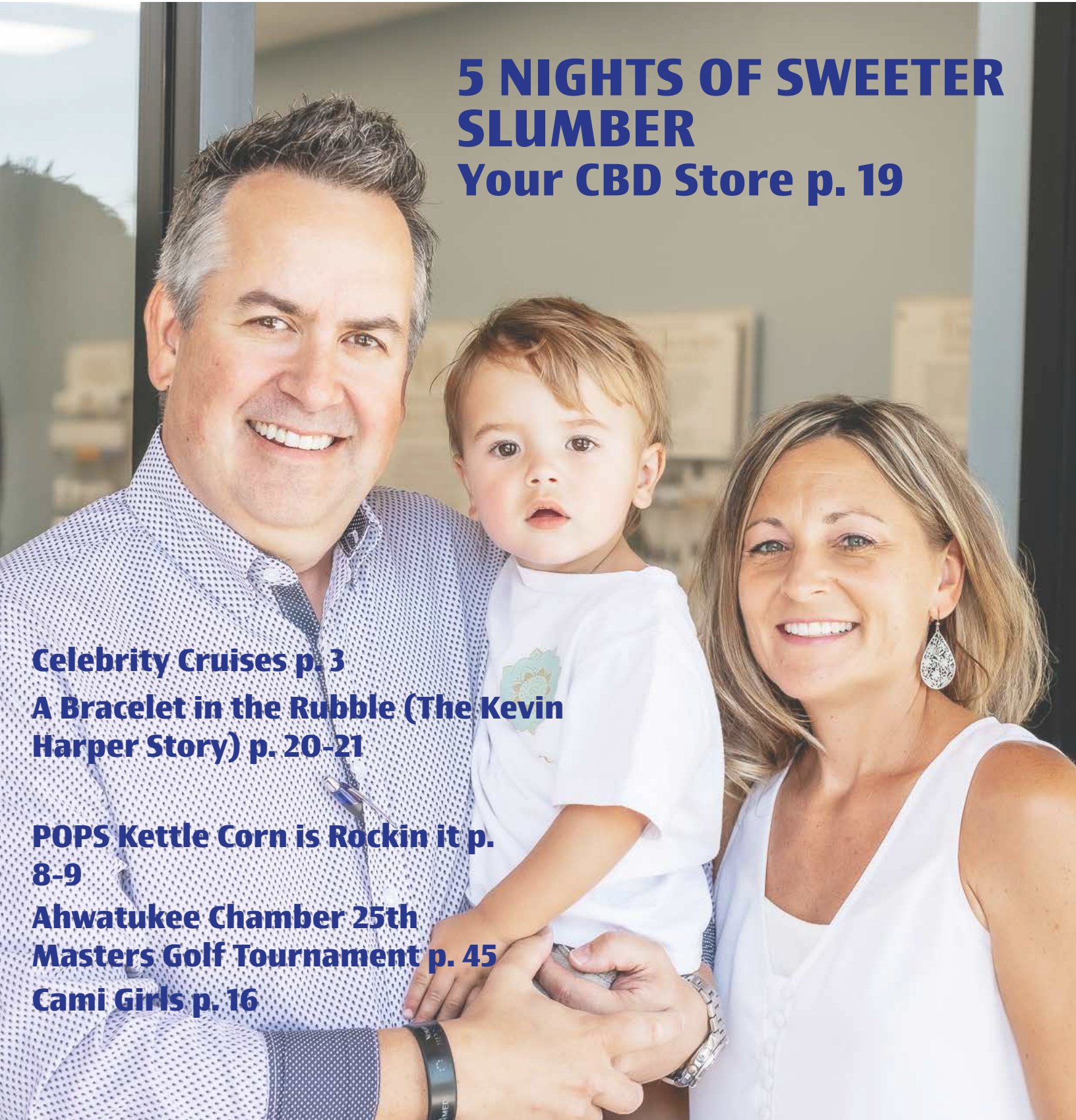
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President/Publisher
Don Bridges
dbridges@kups2020.com

Editor/Graphic Designer
Aimee Woodward
a.woodward@kups2020.com
Intern
Dan Babayan

Kups 2020
P.O. Box 44575
Phoenix, Arizona 85064
Phone: (480) 648-6086
Website: kups2020.com

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The Power of Kindness

It's hard to write about kindness without talking about our Lord and Savior, Jesus Christ. The love and kindness he showed to everyone he met. Let us always remember that the fruit of the Spirit is, kindness, love, joy, peace, patience, goodness, faithfulness, gentleness, and self-control, in which there is no law against such things, Galatians 5:22-23. As we journey through this earthly life, we have many choices to make. We are in control of our free agency. As life presents us with many different challenges, how do we make the most of it. We may ask ourselves, when was the last time we showed a random act of kindness to someone we knew or someone we didn't know. You can show that every day in different ways. Try holding the door open for someone behind you and let them go thru first. I remember one time I was at a Circle K purchasing a polar pop, the man in front of me was buying one too. When it was his term to pay, he look around and said, "I got this gentlemen behind me too". I was touched by that and thank him immediately. Since that moment, I have paid for several people drinks behind me in line at a Circle K. Abraham Lincoln, one of our great Presidents said, "Kindness is the only service that stand the storm of life and not wash out. It will wear well and remembered long after the prism of politeness or complexion of courtesy has faded away". There are many opportunities for us to show and practice kindness each and everyday of our life. So, the next time you are in line at a supermarket and someone has fewer items than you, let them go in front of you, if you see an elderly person crossing the street, take a few minutes and help them cross safely, and if you see a veteran or someone in public service, take a few minutes and thank them for their service. In closing, I leave you with this, as Christ was dying on the cross, he said, "Father forgive them for they know not what they do". I say to you my friends, there is no greater love that what our Savior show by speaking those words. Out of love comes kindness. Show and practice it every chance you get and try to never let those moments pass you by.

ABOUT AGNES OBLAS, MSN, ANP-C

After graduating from the University of Minnesota with a bachelor's degree in Nursing I worked as a critical care nurse at two world renowned hospitals in Boston, Massachusetts. After 10 years of this valuable experience, I attended graduate school (Boston University and Simmons College) and received two master's degrees in Nursing becoming a board-certified Nurse Practitioner in Adult Primary Care (ANP-C).

My professional experience as a Nurse Practitioner has always been in the field of Adult Medicine/Primary Care. Most recently, I was the owner and sole provider at New Paths to Healthcare, LLC, in Phoenix, Arizona where I took pride in providing medical care to a diverse population. My approach is to work with patients in partnership. Whether it be to advise and support their efforts to minimize risk factors (namely: prevention), or to take care of incidental, episodic illnesses, or to deal with more complex conditions such as diabetes or heart disease, my #1 priority is to help patients achieve their personal highest level of health and well-being.

WHAT IS A NURSE PRACTITIONER?

A Nurse Practitioner is a registered nurse with graduate-level education and extensive professional experience and training. Nurse Practitioners are licensed by their State Board of Nursing to practice independently in an expanded role where they can examine, assess, and treat patients. No physician oversight is required. Just like any other general medical healthcare provider, issues outside the scope of practice of a Nurse Practitioner are always referred to appropriate specialties.

WHY CONSULT WITH NURSE PRACTITIONER OBLAS?

Too often, patients are rushed and left with unanswered questions about their medical issues, medications, test results, or the impact a diagnosis might have on their everyday life and family. Sometimes they are provided with confusing or conflicting information, and even sometimes no information at all. I have established CONSULT WITH NURSE PRACTITIONER OBLAS as an avenue for patients to get answers and discuss medical issues which are confusing or problematic. CONSULT WITH NURSE PRACTITIONER OBLAS is an opportunity for patients to fully learn as much as they want in a relaxed and confidential environment.

HOW DOES CONSULT WITH NURSE PRACTITIONER OBLAS WORK?

Your encounter with Nurse Practitioner Oblas begins when you call 602-405-6320. At that time, you and I will briefly discuss your medical concern(s). If you wish to proceed you will provide your electronic payment of \$120 for a full hour's consultation or \$75 for 30-minutes. No insurances are accepted, but receipts can be provided for your records or to submit on your own for reimbursement. Once paid, I will contact you via text or email at your specified time with a link to DOXY.me which is a secure, encrypted, and confidential video platform. If you choose, we can communicate by way of phone. The two of us will then spend the allotted time to discuss your situation in depth. My aim is to educate, clarify and assist you in making your own informed decisions.

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The World is Changing, Practice Gun Safety

I was born in Brooklyn, NY many years ago. Being from the Big Apple, it was not common to have or carry a firearm. It was taboo, as only law enforcement or criminals were known to carry firearms.

Leaving the big city and moving on to the Peach state (Atlanta, Georgia) was when I first learned that it was common for law abiding citizens to carry and buy firearms legally. This piqued my interest, but it wasn't something I pursued in the beginning.

After finishing my High School years, I carried on in the business management field managing everything from fast food to retail. I grew out of being confined within 4 walls, so I decided to switch directions and ventured over to the Telecommunications industry. This is when I started enjoying the freedom of being outdoors as I installed low voltage equipment for the various Communication companies. However, I still was not into guns as much at this time. But I had purchased my first firearm which was a very enjoyable moment because I always had a fascination with them even though I didn't move around in circles that really carried or actively used them for training.

As the years passed on, I eventually opened my first company where I trained and supplied a labor force for Comcast, Cox Communication, Charter, Directv etc. This shift in career choices lead me to be on the road more frequently as I traveled a lot to different states suppling the demand for labor in those cities. As I traveled, I noticed myself in some very sketchy neighborhoods and decided it was time for me to start carrying something for protection. So, I eventually applied for my Concealed carry permit which allowed me to carry legally in many of the states I worked in. By now I was actively carrying and started going to the range when time permitted. In going to the range, I noticed my shot placement was horribly and was not confident in my abilities to shoot accurately. This lead me down the path of finding a way to get knowledgeable training. So I sought out a company that could help me with that. I stumbled upon the NRA. In my down time, I started taking classes on the fundamentals of shooting, and completed every course they had to offer. Within a years' time, I took all the basic classes of each caliber of firearm and was now hooked. It became an enriching hobby that had me so intrigued I found myself buying a lot of different styles of guns and training with them vigorously.

Possibly a year prior to the pandemic I was so

involved that I also began to take instructor courses, so I was able to teach these valuable lessons to my family and peers who were just as unaware of the legalities and responsibilities of gun ownership. Just as the pandemic hit, I realized I was certified in pistol, shotgun, reloading, CCW and Gun safety and situation awareness. As with many small businesses, the pandemic hit hard and pretty much destroyed the business. I held on to what I could but ultimately decided it was time to move in a new direction once more.

So, I took what resources I had left and started a logistics company which hauled commerce and I also started to hold training classes for new gun owners. This proved to be exciting because everyone who had never dreamed of owning a firearm started to buy, and the market for new firearm owners was growing at a rate never witnessed before.

Now I was into these training classes heavily and had to pay for open classrooms at neighborhood outdoor ranges which was costly. Also, they rented these facilities to others making it sometimes difficult to book a reservation. So, I thought something needed to be done to streamline the process. It hit me it would make sense to open a gun store with a training classroom within, so I would be in control of the classrooms and times.

That is when Klik Klik Bang Firearms was formed. I went through the screenings and the meetings with the ATF. I then requested my dealers licence. Now, I have a retirement plan that I can do without all the traveling. However, I find myself back within those 4 walls as a retail storefront. But being the owner makes all the difference. I try to make the store environment similar to that of a barber shop, where you can come speak about news, guns training, sports etc. while purchasing either your first or one thousandth firearm and have the ability to get trained by certified instructors.

Faith, Family, Firearms, Freedom and Fun.

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POPS Kettle Corn is Rockin It!

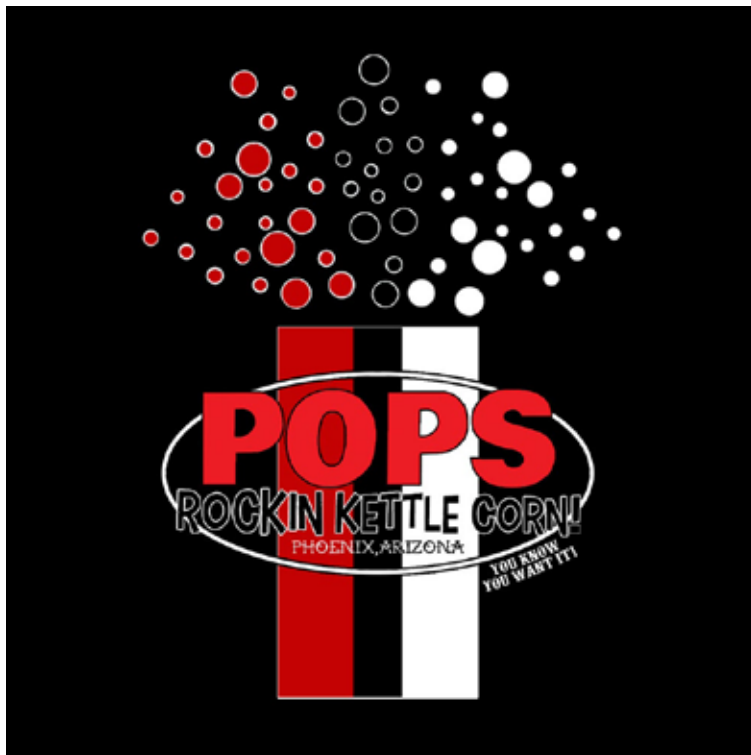
A four part series by Drew O’Kane on new business beginnings, the search for peace and happiness and how delicious food is the one thing that always brings people together

2008-2010, if you remember, were some hard years as Americans felt the tightening of a financial collapse noose. Many of us were hung from the tree and the effects were devastating! After making millions in design/engineering in the years prior, I found myself penniless almost overnight. My mental status, as a result, was not good to say the least and I desperately needed a change of scenery and a big breath of fresh air! So, I did what all people do; pulled out a map, closed my eyes and blindly dropped my finger down on the paper! (true story) -And though I had never heard of the place, had never been there, knew nothing about it or anyone living there, I was headed to Ketchikan, Alaska! Yes, I know, it sounds crazy! -but as a firm believer in fate, I had nothing left to keep me from going and so the search for the next chapter of my life began!

Ketchikan, is the salmon capitol of the world, a costal temperate rain forest and one of the worlds favorite

cruise ship destinations. It is also easily one of the most beautiful places on earth! A small town that comes alive in the summertime with hundreds of thousands of cruisers being dumped off to shop and explore the uniqueness of the land and its rich history. Its also a place that had a big missing knitch needing to be filled in the touristy food department. Finally I had found my next venture, my new start and “POPS Kettle Corn” (with only 2 flavors) was born in 2010. There was however a catch... although there was a big opportunity to provide a popular treat, I wasn’t personally a fan of traditional “popcorn”. This would require some tweaking for POPS to become next level special and stand out in the crowd. FLAVOR would be the key! Lots and lots of flavor! And so the magical journey of Rockin taste buds began and we still haven’t looked back!

To be continued...



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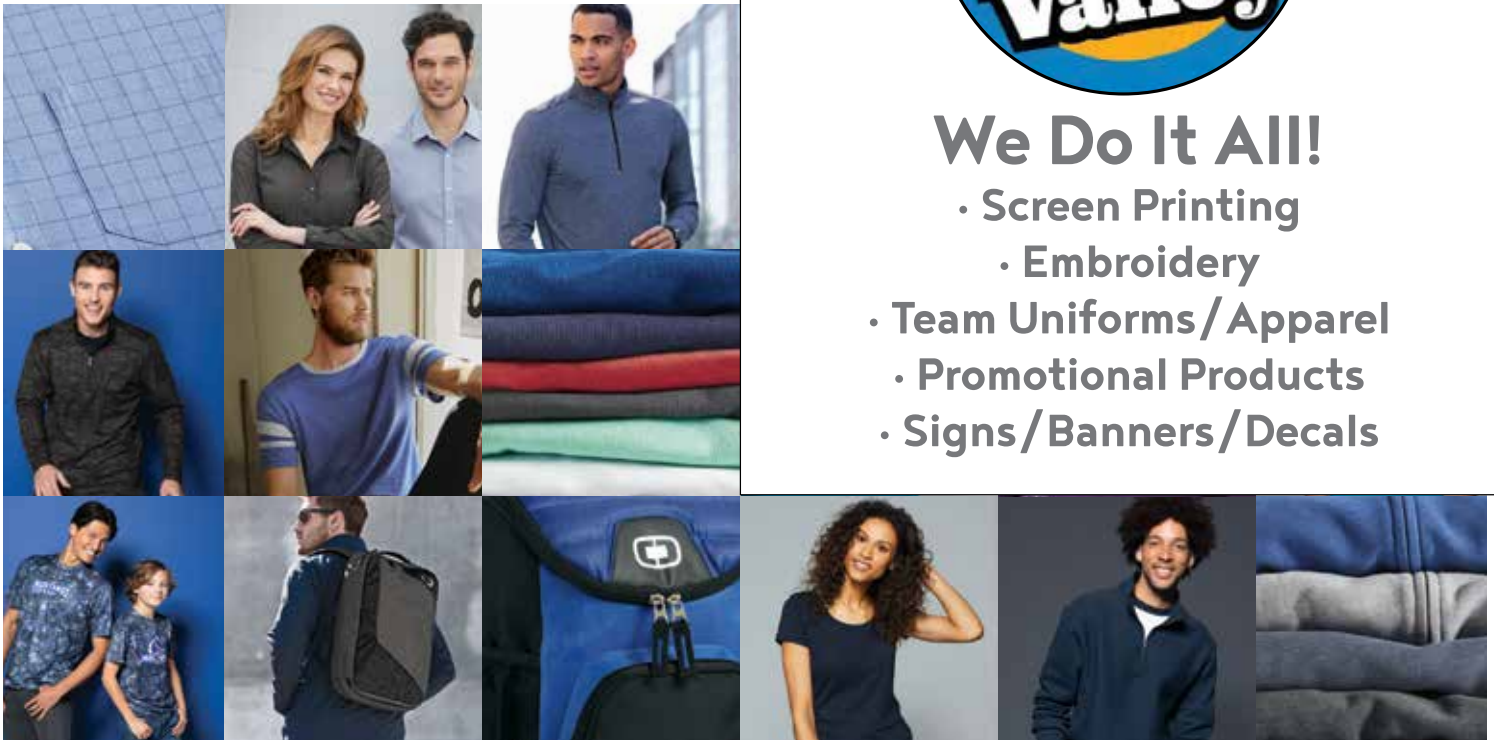
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The studio on North Marshall Way in Scottsdale is the artistic legacy of legendary jewelry designer Cornelis Hollander, who passed away in 2017 after a storied career that earned him a reputation as one of the most talented and creative jewelers in the world.

"He was an honest man, a hard worker, and always had a positive attitude. I am grateful to him and just want to honor him by continuing the love of jewelry and design." said his son, Walter Hollander, who inherited his father's talent and learned jewelry design by working by his father's side for ten years, is dedicated to continuing the Hollander reputation for unique design and flawless production. Cornelis's passion for beauty, dedication to excellence and unique vision live on through his son's creations.

Cornelis Hollander Jewelry Designs has built a cult-like following of dedicated clients and a perfect track record of hundreds of 5-star reviews online. Their most popular service is creating custom jewelry because of the experienced team of

craftsmen on staff and an original design aesthetic that has won countless jewelry competitions over the years.

"It seems like more and more people in town want to join the Cornelis Hollander diamond ring club. Everyone wants us to customize our unique rings, to personalize what we create for them and make it their own," says Walter Hollander again, "We custom make everything piece of jewelry, it's what we specialize in and make affordable. We can do classic to contemporary styles, but our true followers let us make them a Cornelis Hollander original...I am new at running a jewelry company, but I am not new to this business and feel at home creating an extension of my dad's bold and beautiful catalog."

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Straight Up Tukee Style

Dr. Lee Gozdich would like to welcome you to Tukee Lifestyle Chiropractic! This state of the art office located in the Ahwatukee Foothills boasts some of the newest equipment available, such as an on sight digital x-ray machine which allows the doctor to see high resolution spinal images within seconds! The office also has a hydraulic chiropractic treatment table which raises and lowers to accommodate patients who are in pain so they do not have to climb on and off of the table– they simply step onto the platform and the table gently lowers to a horizontal position. With these tools the doctor is able to diagnose and treat the patient immediately on the first visit instead of delaying care.

Dr. Gozdich's approach is also somewhat unique. "Many chiropractors are trained in a certain technique that they apply to most patients. I am trained in several techniques and apply the particular treatment that I feel is best suited for each individual patient to get the best result. I also try to work with each patient to meet their individual goals. For instance, some patients may want to get rid of a long time pain or problem and are grateful for more of a correction of the problem. Other patients may be

seeking immediate relief of pain so that they can get back to being a weekend warrior on the bike or the golf course. I am proud to say that I am here to serve you, the patient, whatever your goals may be. In many cases where patients are seeking a correction of their spinal problem, I am able to show them pre and post treatment x-rays so that they can actually see the correction as well as feel the relief of the pain."

In his 30 year career Dr. Gozdich has treated professional and Olympic athletes, infants and elderly and everyone in between. "I love my patients and my goal is that each of them would share their experience in our office and recommend us to their friends and family. There is no greater compliment they could give."

Photo provided by Dr. Lee



Tukee Lifestyle Chiropractic is a full-service chiropractic treatment facility serving the Ahwatukee Foothills and surrounding areas.

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After graduating from Parker University, Dr. Tadd worked at the original Blair Chiropractic Clinic where he learned the Blair Upper Cervical Technique. He is also advanced certified in Torque Release Technique for full spine care and Webster certified for prenatal care.

Dr. Tadd and his wife, Kirsten, moved from Texas in June of 2020 to begin setting up their practice in Chandler, AZ. Together they're excited to serve the community and build a place where people can come to heal and get back to doing what they love.



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The Cami Girl

A New Athleisure Clothing Store to Fit All of your Seamless Needs

Located in the Fry's Shopping Center off of 40th and Chandler in Ahwatukee, The Cami Girl, a new clothing boutique owned by Marlene Kanehailua, brings a new fresh look and concept of seamless attire. The Cami Girl outfits women from ages 12 and above. The seamless concept allows for all women to fit into a camisole or leggings of their choice. We have one size fits most and a plus size line as well as maternity. Our products will grow with you in any way that you need. Great to wear with suits, under tops for extra length, for yoga, a night out on the town, or just staying home. Our bralettes were a huge hit during the pandemic because of their soft and functional Nylon and spandex blend of fabric not causing pressure to the shoulders.

A little history about The Cami Girl

The Cami Girl was founded in 2008 in Portland Oregon. At that time, the only item we sold was the basic camisole in 4 colors (Black, white, Ivory and Dark Brown). A year later we expanded to more camisole colors and added the signature favorite Seamless Tank Top. Soon to follow was the cap sleeve top, the ankle and capri

leggings then the long sleeve scoop neck top. By 2011, we had over 45 colors of camisoles and tank tops, added more colors to the long sleeve signature top and 5 different types of leggings. The rest is history. Our price point range is from \$8 to \$38. You can find us online at www.thecamigirl.com as well as on Amazon and now in store. Stop by our store and if you mention this article we will give you 10% off your entire purchase.

The Cami Girl

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Local Dads Going Back to School

Youth Mentor Circles to relaunch in Ahwatukee and Tempe schools

Dads from Ahwatukee and the East Valley heading back to local schools this semester. As trained volunteers of Boys to Men of Greater Phoenix, they will show up every week to create an ongoing support community for boys aged 12-18. Starting with 7th graders, this preventative group mentoring program helps boys find the confidence, tools and positive change they need on their journey to healthy manhood.

Executive Director and Ahwatukee resident, Steve Murphy announced, “This fall we plan to run 7 school-based mentoring circles in four Kyrene and Tempe Union schools. While our virtual groups will continue, we are excited to get back to our core evidence based in person programs that allows men and boys to get real about life, every week during an hour class period.”

All boys are welcome, special those attending Kyrene Centennial, Akimel or Kyrene middle schools or Tempe Union’s Mountain Pointe high school. Your son may still be able to be part of non school-based programs such as a single moms and sons group, virtual online boys and men groups, rite of passage weekends and

monthly adventure groups. Murphy shared that the 4-year partnership with Kyrene has shown improvements as high as 60% improvement in behavior and 25% increase in grades when caring adult show up for kids. Boys can also find confidence and better emotional awareness, even though Boys to Men mentors are not tutors, counselors, nor do they tell the boys what to do.

“Seventy five percent of boys in our program are growing up in fatherless homes, which increases their life risks. With Arizona’s fatherless rate at 35%, that means there are an estimated 200,000 fatherless boys growing up in Maricopa County. As a community-based organization, we rely on support from the local community in the form of volunteers and funding. We need the community’s help in order to serve more boys and families.” Murphy said. If you are interested in getting involved or learning more go to www.boysotmenphoenix.org or email at info@boystomenphoenix.org.

Boys to Men of Greater Phoenix is a nonprofit made up mostly of volunteers, that has been offering mentoring for struggling boys in Maricopa County since 2015.





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Christine Wenger is an Arizona native, born in Flagstaff, who has worked in the mortgage industry for 20+ years, bringing extensive knowledge and experience to her clients. She is the whole package, having spent several years working on the processing and operations side in order to learn more about the details of the mortgage transaction. That, coupled with her many years as a loan officer/team lead and an equally experienced support staff, allows her a unique and powerful advantage to close loans quickly and efficiently. Christine also understands the importance of communication and customer service. Her goal is to create lasting relationships with each of her clients. After all, mortgages are a big decision, and she wants her borrowers to feel comfortable and informed every step of the way.

Another thing that sets Christine apart is her desire to continue to learn and grow; knowing that the mortgage industry is ever-changing and keeping up on these changes is a crucial part of her service to her borrowers. She takes every opportunity to attend educational classes and research guidelines so that she can properly assist her clients in making the best financial decisions possible.

Christine is an active member in her community. She has a love and passion for helping people and animals alike. She has a Bachelor of Science majoring in Animal Science from CSU with a concentration in large animals. She is also a very active Ambassador for the Chandler Chamber of Commerce and Director of the Ahwatukee Chapter of Power Networking Team. Christine is a Board Member on Chandler International Film Festival (CIFF) and is extremely passionate about the work of the CIFF. She dedicates her time with the organization to help the Boys and Girls Club, along with other high school youth, be able to produce a film for an award, which also opens doors for international exposure throughout Film Festivals jump starting a career for participants.

Guaranteed Rate is not affiliated with and does not endorse The Boys and Girls Club.

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A Bracelet in the Rubble (Kevin Harper Story)

"Do you know how good it feels to help someone find something who has just lost everything, even if just a bracelet in the rubble?" When Kevin Harper spoke these words to me, I knew he was built differently. He had just finished telling me the story of a woman who broke down, sobbing on his shoulder after he helped her uncover a single bracelet buried in the wreckage of what used to be her home.

A native of Murray, Kentucky who relocated to the Valley 18 years ago, Kevin has been involved in the pursuit of service to others since even prior to that. Beginning with a calling to join the Army in the wake of 9/11, he proudly lent the next eight years of his life to serving his country. Still, he felt he was being called to do more. "I'm not a follower," Kevin states with the utmost humility and sincerity. "I don't like to be told what to do. I like to just do." After his time in the Army, Kevin stayed in Phoenix and launched a company called CPR, a cell phone repair business, while working on creating financial freedom for himself. "I have a friend who works with the Cajun Navy and helped with disaster relief after [Hurricane] Katrina," he says. "I always wished I could afford to go." Fast forward to December 2021 and Kevin has created his financial freedom, allowing him to dive head first into disaster relief in sudden response to a tragedy that hit him way too close to home - quite literally.

In the aftermath of the devastating F4 tornado that ripped through Mayfield, Kentucky on December 10th, 2021 (a funnel that generated winds up to 190 mph just a town over from his hometown), Kevin heard his next calling. He hopped in the car, and without hesitation drove over 1500 miles, back to his roots. After being vetted by the Cajun Navy Ground Force - a disaster relief organization based out of Lafayette, Louisiana - he spent the next month leading a couple of 10-man crews, digging through the rubble and aiding in debris removal. His team even helped a woman receive hospital treatment who was injured in the chaos and suffered a severe infection in her foot, after which she stayed with his camp for the next two weeks. "She had lost everything," Kevin laments. "War zones can take 20 years to develop - this took 20 seconds. In that matter of seconds, look what mother nature can do." Only having arrived back in Ahwatukee within days of writing this, Kevin is already off to his next call to service. "I'm driving to Colorado to help sift through the ashes from the fires", he informs me, two days before heading back out. Kevin and the Cajun Navy will be setting up safe camps at a local Walmart in Boulder County for the next

two weeks, bravely and tirelessly lending themselves to a community decimated by recent wildfires.

At various points during our conversation, Kevin left me speechless in witnessing the heart of the man I was speaking to. With a calm demeanor and responses like "yes, sir" and "no, sir", he presents a testimony that slows down time for me in the moment, leaving me fumbling at times to arrive at my next question. For a few seconds I'm overcome in awe of the fact that I have the privilege of interviewing a real life hero, one who embodies the highest form of virtue in dropping everything to travel wherever he's needed the moment disaster strikes. Kevin Harper's story brings to light a very important point that he touched on as we spoke: in the current age of mass media driven by clickbait and opinion journalism, we can sometimes lose sight of actual events such as natural disasters that are happening all the time, just as they always have, to those we might even call our neighbors. And yet, beneath the theatrics we often become fixated on in the daily news cycle, people like Kevin are quietly making real headlines in the hearts of those he serves. With ever-present threats of natural disasters such as tornados and wildfires, as well as the rest of the chaos we face in the world, it seems as important now as it ever has been for us to absorb Kevin's message and let it inspire each of us as free, capable individuals to make an impact in the lives of those in need around us. Whether it's maintaining, building, or rebuilding a community, a community begins with the actions of each individual, and we, the individuals bearing witness to Kevin's efforts, have so much more power to create good in this world than we realize.

Throughout the conversation, I can hear genuine enthusiasm in Kevin's voice to get back on the road and return to his mission, tempered by his reverence and first-hand understanding that he will, in fact, be entering a war zone. He will be dropping all concern for his own life temporarily and making himself present with undivided attention to assist those who have truly lost everything in the carnage, those who are most in need of concern. It is the ultimate act of sacrifice; a man who gives without any thought of himself in the act of doing so. It is a deed so simple in theory, yet so difficult in execution.

"The smallest things you can do will blow you away," Kevin stresses. And how right he is - even if it's just finding a bracelet in the rubble.



Above: Kevin Harper shares pictures from his time spent in Mayfield, KY providing disaster relief with the Cajun Navy following the F4 tornado that tore through the area on December 10th, 2021.

I Fix It All

Kevin Harper is an army veteran, with a beautiful wife, teenage daughter and 3 fur babies. An Ahwatukee resident, He prides himself in being honest, reliable, and prompt. His motto is 15 minutes or less, because usually he can fix your phone in less than 15 minutes. Don't let that fool you though, Cpr Cell Phone repair doesn't just offer repairs, they have a full selection of new devices for sale as well, including the latest gadgets. Stop in and browse the latest selection of accessories as well, you may be surprised by what you find. As one of the only stores that are also authorized to repair Assurant insured devices as well as ZAGG replacements, you can save yourself a trip to the apple store or your cellular carrier.

Kevin has been an entrepreneur all his life but saw a need for better repair options when he broke his iPhone over a decade ago. The options at that time were to risk craigslist amateur repair men in their living rooms or be price gauged at phone companies. After learning all he could, Kevin ventured out on his own founding Ez Iphone repairs, that would later become a part of the global franchise CPR Cell Phone Repair. He set his sights on Ahwatukee after seeing the small town feel and moving

his family here from the greater phoenix area. Kevin prides himself in being a member of the Ahwatukee community. Employees become a part of his family just like the loyal customers we see time and time again for upgrades, repairs and new devices.

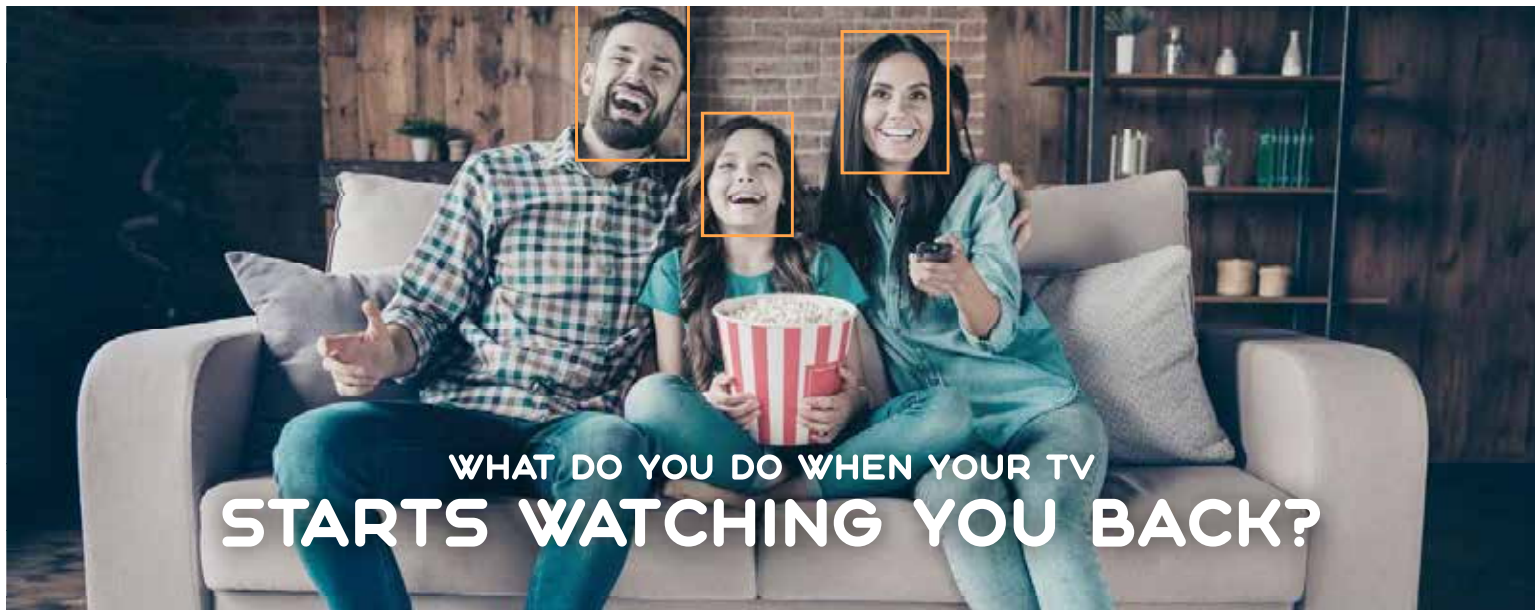


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Rick Allen
rick.allen@30fold.com 30foldBenefits.com
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Up and Beyond/Whiz Kidz Playland

We provide small group learning programs for children. Programs include handwriting therapy, feeding therapy, art and music habilitation and sensory and behavioral health's skill development. We can work one on one and in small groups of 10 or less. Our facility is a 3500sq ft learning center Whiz Kidz Playland on Chandler Blvd. It is empty with teachers, respite and habilitation workers waiting to serve families who need support with the new homeschool system and children of first responders. Both typical and those with special needs are served in an inclusive learning environment that develops social skills, empathy and relationship management. We give families the schedule and flexibility they need to survive and thrive.

Program Description: The mission of Whiz Kidz Interactive Learning Program is to prepare youth and families to become leaders. Whiz Kidz focus is to identify and develop the special talents of every single student. Our assessments are made in the areas of language arts, mathematics, music, art, foreign language, science & nature, dramatic play and physical education. Whiz Kidz is a faith-driven, family-oriented interactive learning program. We depend on the involvement of parent/guardians and family to guarantee the success of each child. The children will collaborate to learn from each other, as much as from the teacher. We value and insist on emphasizing diversity and we enforce the encouragement of self-achievement.

Our goal is to continue to grow the world's greatest all-in-one play, learning and therapy center in the world. We need top talent to serve our little ones with high energy and social development needs such as SPD, autism and ADHD. We know how hard it is to find the right environment that provides a great mix of playing and learning for that child that needs a little extra love and we pray to be that place for the communities we serve. Please join us as we accomplish our mission of being a safe, loving Play Therapy and Education center.

Company History:

Whiz Kidz Interactive, LLC was established in AZ in 2017. The founder Nichole Pitts woke up from a dream at 12 years old where God revealed her life's purpose to her. She visualized a global organization of family engagement centers that support infants, children, teens and parents through education, recreation, therapy, housing and social development. In 2002, Nichole's parents and sister teamed up to open the first Whiz Kidz Interactive Learning Program in their home state

of Maryland. This company continues to thrive as small child care organization for over 17 years. When Nichole moved to Arizona she began volunteering and working at Behavioral Health Agencies and realized the greater need for families is inclusive all in one experiences that develop the family bond. This allows for healing, unified connections, empathy and spiritual growth in typical and special needs children. The center is currently the top rated indoor playground in Arizona for children 5 and under yet we remain the best kept secret. We need business mentors and investors to give not only their monetary seed but their wisdom and experience to take Whiz Kidz to the next level.

Our services include:

- Preschool and Aftercare Centers
- Infant and Toddler Play 'n Learn Centers
- Commercial and Residential Property acquisition to provide quality group homes
- Under our 501c3 nonprofit organization Up and Beyond Family Services
- Behavioral Health Agency
- Development Disability Day Treatment Centers
- State of the Art Group Housing facilities for children in foster care and adults with developmental disabilities

Up and Beyond Family Services is a Non-Profit Organization committed to empowering the lives of young leaders. All donations benefit scholarship programs for children enrolled in Summer and Afterschool enrichment programs including Arts, Financial Literacy, College Preparation, Life Skills, Physical and Behavioral Health needs, as well as co-working with Mom programs and job assistance/entrepreneurial development programs.

WHIZ KIDZ PLAYLAND

WhizKidzPlayland.com

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FULL -TIME INFANT CLASSROOM

For working parents, let our Edu-Carers snuggle and love your little one from age 6 weeks to 24 months. in a safe, stimulating environment.

STAY 'n PLAY

Parents and kids age 0-10 can stay n' play all day with our play guides exploring our indoor playhouse, market and obstacle course.



DROP 'n PLAY

Need a clean, safe place to drop n' play? Let our loving Edu-Carers play and teach your child while you work, shop, exercise, or just relax.

BIRTHDAY PARTIES

Looking for the coolest toddler birthday party place around? We've got you! Let us host your next celebration we have activities for every theme imaginable.



LEARN 'n GO CLASSES

Ready to learn something new? How about Spanish, Pinterest Arts & Crafts, Reading, Math or Cooking? The variety of our Learn 'n Go Classes is endless. We are here to guide your little one to brilliance!

KidSPORTation

Need a ride to or from school, home, or practice? Call Whiz Kidz for a reliable safe ride for your child.



Up and Beyond
Family Services

UpAndBeyond.org

UBFS is a family organization building connections between neighbors and learners of all ages through innovative and creative methods of instruction.

We believe each child has a set of special talents and it's our responsibility to guide them as they grow and explore. **Our mission is:**

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Soccer/Basketball Moms

Now I am not only a soccer mom but I have been promoted to a basketball mom as well. I like to cheer. A few weeks ago at my son's basketball game, he had an awesome block and I cheered loudly. Then I realized that I was cheering like I was at a professional basketball game where you have to be loud to be heard.

So now our Saturdays are filled with soccer and basketball games. We are usually driving from one to the other but I wouldn't have it any other way. Our kids are learning how to be team players and to work hard to get better.

May they always know that I will be there cheering them on, even if it is loud.



Article and Photos by Aimee Woodward

Techie in the Tukee

OK Ahwatukee, Chandler, Gilbert, here she is. She's smart, bright and full of fire. After getting scholarships from Delta Airlines, Southwest Airlines, Honey Well, and Pratt & Whitney (AWAM) Association for women in Aviation Maintenance, Sousan decided to start her career of by working as a I.T. person for the U.S. Government. She worked for the U.S. Government for twenty-seven years where she exceeded all expectations and decided to advance her career in the Tech and Science Field. She went on to receive her Bachelor of Science Degree from Embry Riddle Aeronautical University. She graduated at the top of her class. Since graduating, she has received a number of awards related to her field of study and work.

With all that knowledge and education, Sousan has opened her own business in Ahwatukee. She up grades and repairs Samsung, Apple, Dell, hp, and LG to name a few. She also does data recovery Services, PC and Mac Tune ups, game consoles, and repair smart phones. So look out Ahwatukee, Chandler, and Gilbert. Sousan is open for business and she is your Techie in the Tukee. Go ahead, Take your repairs to her today!

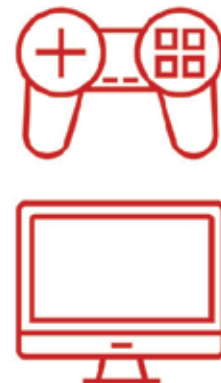
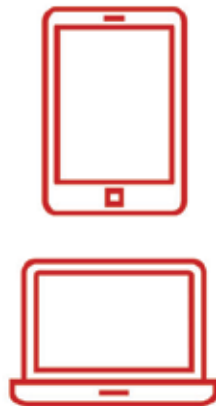


Photo from I Will Repair Website



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Back in the Taste of Things

Ahwatukee, Chandler, and Gilbert the question is where have you been for the last seven years? I don't know, but I do know where you should have been and that is WHEREUBEAN Coffee. Serving the best coffee for over seven years, made from the best beans from Chicago and using the best brand, Intelligentsia can only add up to one thing. WHEREUBEAN has the best coffee. While you are having yourself a cup of their great coffee, why not have a slice of their tasty cake. Their cake was so good, one of their customers after having a slice said, "we love the cake because we felt the love in the baking". When I asked Ayesha where did she learn this information and skills set from, she said, "I've been baking for my kids and family for years. I fell in love with doing it. That love for baking and making coffee has led me to this quote, "Great coffee is not the result of chance".

WHEREUBEAN Coffee also serves all kinds of tea blends. Lose tea freshly brewed for you. If you don't to get buzz with your tea, they have teas that will keep you straight. WHEREUBEAN Coffee is also in accordance with the CDC Guide Lines. They observe social

distancing, masks are worn inside the business, plus curb side service (pickup) is available for customers who just want to drive up and go. Ok Ahwatukee, Chandler, and Gilbert, what are you waiting for. Go on over to WHEREUBEAN Coffee today!



Photo by Don Bridges



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Chillin' While You're Sippin'

Bergies Coffee Roast House prides itself on its artisan quality coffee. All of our beans are small batch roasted on site by Brian Bergeson and several other trained roasting staff. Our Bergies team has a passion to not only provide a great cup of coffee to our customers, but to also provide them with an opportunity to discover their own personal favorites through education about the wide variety of beans and roast options Bergies offers.

Bergies was founded in 2008 by the Bergeson family in Gilbert, Arizona with the commitment to provide our community with a small gathering place that would make customers feel at home when they walked through the door of our cottage.

We are located in the original Forest Clare homestead built in 1919. We are honored to be a stop on the official historic walking tour in our Heritage District. There is a bronze plaque on the front of the property which displays a photo of the original home. Some of the Clare family descendants still reside in Gilbert and participated in our 10 year business anniversary and our celebration of the 100 year anniversary of our building.

In addition to our commitment to our customers, we are passionate about supporting many non-profits in the Gilbert community and beyond. We actively support Young Life Gilbert, Young Life Africa, Midwest Food Bank Arizona, Feed My Starving Children, and HD South home of the Gilbert Historical Museum to name a few.

We are honored to be part of such an amazing community and appreciate that our customers have rewarded us with many best of honors in the East Valley. If you would like to experience the Bergies difference come in and meet our amazing staff in the shop, or visit us every Saturday morning at the Gilbert Farmers Market or visit us online at bergiescoffee.com



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Cave Creek

Black Mountain Trail
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Paradise Valley

Cholla Trailhead

Payson

Tonto National Forest
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Photo by Don Bridges at Piestewa Hiking Trails



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JUST THE MEAT

Sliced Chicken (boneless)

1/4 lb	\$6
1/3 lb	\$8
1/2 lb	\$11
1 lb	\$18

Pulled Pork

1/4 lb	\$6
1/3 lb	\$8
1/2 lb	\$11
1 lb	\$18

Brisket

1/4 lb	\$9
1/3 lb	\$12
1/2 lb	\$15
1 lb	\$28

Baby Back Ribs

Half Rack	\$22
Full Rack	\$38

Rib Tips

1/2 lb	\$10
1 lb	\$18

Beef Ribs

Half Rack	\$26
Full Rack	\$45

MEAT PLATES

	1 side	2 sides	1/4 lb Meat Options:
1 Meat Plate	\$10	\$13	Sliced Chicken Pulled Pork
2 Meat Plate	\$16	\$19	Brisket (+\$2)
3 Meat Plate	\$22	\$25	2 Rib Bones (+\$4) Rib Tips
4 Meat Plate	\$28	\$31	Pork Hot Link

SANDWICHES

Sandwich	1/4 lb	1/3 lb	1/2 lb
	\$6	\$8	\$11
choice of brisket (+\$4), sliced chicken or pulled pork			
Pork Hot Link	\$7	Beef Hot Dog	\$5
Magnolia Link	\$10	Magnolia Dog	\$8
pulled pork, coleslaw & bbq sauce added			

MEALS

Meat & Mac Bowl	Regular	\$10	Large	\$15
mac & cheese, baked beans, bbq sauce and your choice of chicken, pulled pork, brisket (+\$2), ribs (+\$4) or pork hot link				

Rib Dinner

includes 2 sides and a roll or cornbread

Baby Back Ribs

3 Ribs \$20 • Half Rack \$28 • Full Rack \$44

Beef Ribs

Half Rack \$32 Full Rack \$51

SIDES

1/2 pint	pint	quart
\$4	\$6	\$10
Baked Beans	Collard Greens	Potato Salad
Coleslaw	Mac & Cheese	Sweet Potatoes
	Peach Cobbler	

Drinks 16 oz \$2 32 oz \$3

FEED THE FAMILY

Family Style Meal

Small \$39 (Feeds 3 - 4)
1 1/2 lbs of meat & 2 pints of sides, bread and sauce

Large \$74 (Feeds 6 - 8)
3 lbs of meat, 2 quarts of sides, bread and sauce

Choose 2 Meats:

Sliced Chicken
Pulled Pork
Brisket (+\$6/\$12)
Ribs (half rack +\$8/full rack +\$16)
Rib Tips
Pork Hot Links (2/4)

Choose 2 Sides:

1 pint each (sm) or 1 quart each (lg)

Choose your Bread:

Buns only, Rolls only or 1/2 and 1/2

Magnolia Sampler

\$84 (feeds 6 - 8)

7 meats, 7 sides (1/2 pints), your choice of bread and sauce

- 1/3 lb Chicken
- 1/3 lb Pork
- 1/3 lb Brisket
- 3 Rib Bones
- 1/2 lb Rib Tips
- Pork Hot Link
- Beef Hot Dog
- Baked Beans
- Coleslaw
- Collard Greens
- Mac & Cheese
- Potato Salad
- Sweet Potatoes
- Zucchini & Squash

Choose your Bread:

Buns only, Rolls only or 1/2 and 1/2



CK's Tavern & Grill is your local Ahwatukee place to be.

4142 E. Chandler Blvd.
Ahwatukee, AZ 85048
480-706-5564
ckgrill.com

SUNDAY 9AM-10PM
MONDAY-WEDNESDAY 11AM-10PM
THURSDAY – FRIDAY 11AM-MIDNIGHT
SATURDAY 9AM-MIDNIGHT (KITCHEN OPENS AT 10AM)



CRAFT ON THE NEXT LEVEL

4921 E Ray Rd #103
Phoenix, AZ 85044
(480)-999-0096
wicked-bbs.com

MON-THUR 11:00 am - 11:00 pm
FRI 11:00 am - 12:00 am
SAT 9:00 am - 12:00 am
SUN 9:00 am - 10:00 pm

IMPACT Nutrition

3145 E Chandler Blvd Unit 107
Phoenix, AZ 85048
(952) 380-8368

What is in a Shake and Tea Consumption



Nutrition For Your Best Life!

Shot of ALOE

- Promotes Healthy Digestion
- Soothes Your Stomach
- Supports Nutrient Absorption

Meal Replacement Shake

- 24 grams of Protein
- 21 Minerals & Vitamins
- Good Source of Fiber
- Suitable for Vegetarians
- Suitable for Diabetics

Herbal Tea

- Natural Caffeine (85mg.)
- Boosts Energy
- Jumpstarts Metabolism
- Provides Antioxidant Support

Flavors
*Mango *Cranberry
*Mandarin Orange

Fit Your Dietary Needs
-Lactose Free-Gluten Free-Allergen Free
-Vegetarian-Soy Free Whey/Casein Free

Hot or Cold Flavors
*Lemon *Raspberry
*Peach *Cinnamon
*Chia

Meal Replacement Protein

- BREAKFAST**
- Apple Fritter
 - Banana Bread
 - Blueberry Muffin
 - Blueberry Lemon Muffin
 - Blueberry Pancakes
 - Butter Pecan Caramel Roll
 - Caramel Roll
 - Choc. Frosted Sprinkled Donut
 - Cinnamon Toast Crunch
 - French Toast
 - Lemon Poppyseed Muffin
 - Orange Cream Muffin
 - Maple Long John
 - Peanut Butter Waffle
 - Pumpkin Banana Bread
 - Strawberry Jelly Donut

- Desserts & Pie**
- Apple Crisp
 - Banana Cream Pie
 - Birthday Cake
 - Caramel Apple Pie
 - Cherry Dipped Cone
 - Cherry White Chocolate
 - Chocolate Chip Cookie Dough
 - Chocolate Hazelnut Sundae
 - Cinnamon Dulce De Leche
 - Coconut Cream Pie
 - Fried Ice Cream
 - Key Lime Pie
 - Mint Chocolate
 - Nutty Caramel Sundae
 - Peach Cobbler
 - Pineapple Coconut Sundae
 - Pumpkin Pie
 - Raspberry White Chocolate Truffle
 - Red Velvet Cake
 - Rice Crispy Treat
 - Rocky Road
 - Root Beer Float
 - S'mores
 - Strawberry Delight
 - Vanilla Almond Pistachio
 - White Wedding Cake

- Cookies & Candy**
- Almond Joy
 - Butterfinger
 - Chocolate Chunk Cookie
 - Frosted Animal Cracker
 - Lemon Cookie
 - Mint Oreo
 - Monster Cookie
 - Nutter Butter
 - Oatmeal Cookie
 - Oatmeal Peanut Butter Oreo
 - Peanut Butter Cookie
 - Reese's Peanut Butter Cup
 - Salted Caramel
 - Salted Nut Roll
 - Samoa
 - Snickerdoodle
 - Snickers
 - Sugar Cookie
 - Tagalong
 - Twix

- FRUITY**
- Banana Caramel
 - Blueberry
 - Blueberry Colada
 - Blueberry Cherry Colada
 - Cherry Colada
 - Orange Cream
 - Pina Colada
 - Raspberry
 - Strawberry

- Coffee**
- Banana Caramel Latte
 - Caramel Iced Waffle Coffee
 - Coconut Latte
 - Mint Latte
 - S'mores Latte
 - White Chocolate Latte
 - White Chocolate Caramel Latte
 - White Chocolate Peppermint Latte

- Lava Shakes**
- Orange Crush
 - Lemon-Lime Blast
 - Pomegranate Berry
 - Tropical Peach

- Cheesecake**
- Banana Cream
 - Blueberry
 - Butterscotch
 - Butter Pecan
 - Salted Caramel
 - Caramel Pecan Turtle
 - Cherry
 - Chocolate Mousse
 - Dulce de Leche Caramel
 - Pumpkin Spice
 - Red Velvet
 - Reese's Peanut Butter
 - Raspberry
 - Strawberry
 - Toasted Marshmallow S'mores
 - White Choc. Raspberry Truffle



Ghett'yo taco is an urban taqueria in downtown Chandler that specializes in street-style tacos.

Ghett'yo Tacos Today!

241 South Oregon St | Chandler, AZ 85225 | 480-726-9654



Ghett'yo pizza is an urban pizzeria in Ahwatukee that specializes in NY style pizza.

Ghett'yo pizza Today!

4747 East Elliot Rd #12 | Ahwatukee, AZ 85044 | 480-590-3639



TREAT YOURSELF TO SOME TACOS

VOTED BEST IN THE VALLEY BY PHOENIX MAGAZINE



51 S McQueen Rd
Gilbert AZ 85233
480.601.5958



1754 S Greenfield Rd # 101
Mesa AZ 85206
480.653.5958

 TACOS.TIJUANA

EMERGENCY AND FREQUENTLY USED PHONE NUMBERS

Emergency	9-1-1
Crime Stop	(602) 262 6151
Poison Control Center	(800) 222 1222
Child Abuse Hot Line	(888) 767 2445
National Suicide Prevention Lifeline	(800) 273 8255
Runaway Hot Line	(800) 786 2929
Phoenix Children's Hospital	(602) 546 1000
Phoenix Herpetological Society	(602) 550-1090

Phoenix Metro Police Non Emergency

Apache Junction.....	(480) 982 8260
Arizona State University.....	(480) 965 3456
Avondale	(623) 333 7836
Buckeye	(623) 386 7836
Capitol Police	(602) 542 4580
Carefree.....	(602) 876 1011
Cave Creek.....	(602) 876 1011
Chandler.....	(480) 782 4130
Department of Public Safety	(602) 223 2000
El Mirage	(623) 933 1341
Ft. McDowell	(480) 837 1091
Fountain Hills.....	(602) 876 1011
Gila Bend.....	(602) 876 1011
Gila River	(520) 562 1852
Gilbert	(480) 503 6500
Glendale	(623) 930 3000
Goodyear	(623) 932 1220
Guadalupe.....	(602) 876 1011
Litchfield Park.....	(623) 876 1011
Luke Air Force Base.....	(623) 856 6322
Maricopa County Sheriff.....	(602) 876 1011
Paradise Valley.....	(480) 948 7410
Peoria	(623) 773 8311
Phoenix.....	(602) 262 6151
Queen Creek	(602) 876 1011
Salt River Indian Community	(480) 850 8200
Scottsdale.....	(480) 312 5000
Sun City	(602) 876 1011
Surprise.....	(623) 224 4000
Tempe.....	(480) 966 6211
Tolleson	(623) 936 7186
Youngtown.....	(623) 974 3665

ARIZONA DEPARTMENT OF TRANSPORTATION

Traveler Information Line	5-1-1
Call before you Dig	8-1-1
Motor Vehicle Division Phoenix Area	(602) 542 8683
EZ Voter Registration	(602) 542 8683

SKY HARBOR INFORMATION

Airport Paging	(602) 273 3455
Customs/Immigration	(602) 392 4440
General Information	(602) 273 3300
Lost and Found	(602) 273 3333
Parking	(602) 273 4545

TERMINAL 3

Alaska Airlines	(800) 426 0333
American Tran Airlines	(800) 247 8726
American Airlines	(800) 433 7300
Continental	(800) 525 0280
Delta Airlines	(800) 221 1212
Frontier	(800) 432 1359
Great Lake Airline	(800) 554 5111
Hawaiian Airline	(800) 367 5320
Jet Blue Airline	(800) 538 2583
Midwest Airline	(800) 452 2022
Sun Country Airlines	(800) 359 6786
United Airline	(800) 241 6522

TERMINAL 4

Aero Mexico	(800) 237 6639
Air Canada	(800) 247 2262
British Airways	(800) 247 9297
Southwest Airline	(800) 428 4322
US Airways	(800) 428 4322
West Jet	(888) 937 8538

CAR RENTAL

Advantage	(800) 777 5500
Almo	(800) 462 5266
Avis	(800) 331 1212
Budget	(800) 527 7000
Dollar	(800) 800 4000
Enterprise	(800) 736 8222
Fox	(800) 225 4369
Hertz	(800) 654 3131
National	(800) 227 7368
Payless	(800) 729 5377
Thrifty	(800) 847 4389

UTILITIES

Cox Communications	(800) 229 6542
Century Link Residential Customers	(800) 244 1111
Southwest Gas Corporation	(800) 873 2440
Arizona Public Service	(602) 371 7171
Salt River Project.....	(602) 236 8888

Be a Player in the Ahwatukee Chamber 25th Masters Golf Tournament

Friday, March 25th 2022

Foothills Golf Club



6:30 am Registration/Breakfast

7:30 am Shotgun Start

12:30 pm Lunch/Awards/Auction



**CLICK QR Code
TO REGISTER**



This years theme is
"Caddyshack"

Prizes awarded for:
Best Dressed Foursome,
Man, Woman & Cart

Join the Ahwatukee Chamber for an unforgettable
golf experience. Register at
www.ahwatukeechamber.com

Players Receive:

Breakfast | Golf | 2 Drink Tickets | Range Balls
Titleist Pro V1 Golf Balls | Callaway Golf Shirt | Lunch

Hole-In-One Prizes:

- 1) San Tan Ford Car or Truck (Based on availability)
- 2) Dream Vacations *C. Chipman* (Valued at \$10,000)



AHWATUKEE | CHANDLER | GILBERT
KUPS 2020
MAGAZINE



Franchises for sale now!

During these times of uncertainty where people have been laid off, businesses are closing and you really don't know what the future holds. There is no better time to take charge of your own future than now. Invest in a Kups2020 Franchise Business today and be your own boss. Kups2020 has a Franchise opportunity for you. Take advantage of the low cost while they are still available.

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My Rosati's Pizza

Keeping it Real Since 1964

Matt is the owner of Rosati's Pizza in Ahwatukee and more to come throughout the valley in the next few years. Matt and his wife have owned and operated several Rosati's Pizza Businesses between Phoenix and Wisconsin for the past 41 years. He is no stranger to making the best pizza money can buy. After talking to Matt and his Wife, I can understand why Rosati's pizza surpassed the previous No. 1 pizza business in the Nation.

Here are some of the things that sets Matt apart from other pizza owners. Matt gives First Responders and Police 50% off their orders everyday, 7 days a week. Matt has also put together a Outreach program for Firemen, Police, and Hotel Workers. Here is how it works, if a person cancels his or her order, or if there is an item left off the pizza, Matt will donate that pizza to one of the business listed above. Matt has also implemented the Rosati's Gold Coin Promotion. When a person from the Hotel refers a buying customer to Rosati's, they receive a Rosati's Gold Colored Coin. When they have saved 10 coins, they get \$20.00 worth of food. Matt also gives a Senior Discount. So Phoenix if you want to experience

what 41 years of making the nation's best pizza taste like, stop in today and order your pizza from Rosati's. Take it home for family night, enjoy it with friends and family while watching a sporting event. You will find yourself more on the couch and chair than in the kitchen.



Picture from Rosati's Pizza Website



MY ROSATI'S OF AHWATUKEE

4206 E Chandler Blvd.
Phoenix, AZ 85048
480-706-1777

KEEP IT REAL
AT YOUR
NEXT EVENT WITH
**ROSATI'S
CATERING!**



ANY SIZE PARTY

Sunday-Thursday: 11 am-10 pm | Friday-Saturday: 11 am-11 pm

FREE PIZZA

FREE

12" THIN CRUST
CHEESE PIZZA WITH
THE PURCHASE OF
ANY 18" PIZZA

CARRYOUT OR DELIVERY ONLY
PLEASE MENTION COUPON WHEN ORDERING
NOT VALID WITH ANY OTHER OFFERS
OFFER EXPIRES 12/31/2020

My
ROSATI'S

CHICAGO PIZZA

ROSATI'S PIZZA

55th

ANNIVERSARY

KEEPING IT REAL SINCE 1964