

				Hridroga			
174.	Pravala Pishti	AFI	5 gm	Kasa, Pittaroga, Manodaurbalya, Ojakshya, Hridroga	250 mg	NS	Both
(Q) Bhasma							
Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution / Contraindication	Preferred use (OPD/ IPD)
175.	Godanti Bhasma	AFI	10 gm	Shirahshula, Pitta Jvara, Jirnajvara, Daha	500 mg- 1 gm with ghee, sugar, warm milk or water	NS	Both
176.	Jaharamohara Bhasma	AFI	5 gm	Hridroga, Raktapitta, Arsha, Raktaj Pravahika	250- 500 mg	NS	Both
177.	Kapardika Bhasma	AFI	5 gm	Parinamashula, Agnimandya, Karnasrava	250 mg	Not to be used on change of physical characteristics	Both
178.	Mandur Bhasma	AFI	5 gm	Kamala, Pandu	250-500 mg	NS	Both
179.	Muktashukti Bhasma	AFI	5 gm	Udarashula, Jvara, Pitta Jvara, Raktajroga	250-500 mg	NS	Both
180.	Shankha Bhasma	AFI	5 gm	Agnimandya, Amlapitta, Vidagdhajirna, Parinamashula,	250 mg	NS	Both
181.	Sphatika Bhasma	AFI	5 gm	Jvara, Kaphaja Vrana, Shvitra, Visarpa,, Raktasrava, Yonibhransha	125-250 mg	NS	Both
182.	Tankana Bhasma/ Saubhagya Bhasma	AFI	5 mg	Kasa, Shvasa	125 - 250 mg	NS	Both
(R) Mandura							
Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution / Contraindication	Preferred use (OPD/ IPD)
183.	Punarnavadi Mandura	AFI	5 gm	Pandu, Shotha, Pliharoga	250-500 mg	NS	Both
(S) Rasayoga							
Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precautions	Preferred use (OPD/ IPD)
184.	Arogyavardhini Vati/Rasa	AFI	5 gm	Kushta, Medoroga, Jvara	250-500 mg	Old age, paediatric	Both

						age group, periconceptual period, pregnancy, lactation period, kidney disease, karshaya	
185.	Arsho Kuthara Rasa	BR	5 gm	Arsha	250 mg	NS	Both
186.	Brahmi Vati	AFI	5 gm	Bhrama, Manoroga, Aptantrak, Akshepa, Hriddaurbalya	125-250 mg	NS	Both
187.	Gandhak Rasayana	YR	5 gm	Kushta, Raktadushti, Prameha	250-500 mg	Hypersensitivity, loose motions	Both
188.	Kamadudha Rasa	RYS	5 gm	Amlapitta, Raktapitta, Daha, JirnaJvara, Pradara	125-250 mg	NS	Both
189.	Laghmalini Vasanta Rasa	AFI	5 gm	Kshaya, Yakshma, Pradara, Netraroga, Arsha, JirnaJvara	125- 250 mg	Kidney disease, long term use	Both
190.	Laghu Sutashekhar Rasa	AFI	5 gm	Pittaja Shirahshula, Ardhavbhedaka, Suryavarta, Daha, Urdhvaga raktapitta	250-500mg	Long term use, pregnancy lactation period, paediatric age group	Both
191.	Navajivana Rasa	RTS	2 gm	Hridya , Balya, Shulahara	625-125 mg	Long term use, hypertension, pregnancy	Both
192.	Shankha Vati	AFI	5 gm	Grahani, Atisara, Amajirna, Visuchika, Shula	250-500 mg in divided doses	Kidney disease, bradycardia, arrhythmia, hypotension, long term use, periconceptual period, pregnancy,	Both

						lactating mothers and debilitate patients	
193.	Shirahshuladi vajra Rasa	AFI	5 gm	Shirahshula, Shiroroga	250-500 mg in single or divided dose	Kidney disease, long term use, peri-conceptual period, pregnancy, lactating mothers, debilitated patients	Both
194.	Shvasakuthara Rasa	AFI	5 gm	Kasa, Shvasa, Vatakaphaja Roga	125-250 mg	Kidney disease, bradycardia, arrhythmia, hypotension, long term administration, periconceptual period, pregnancy, lactating mothers, debilitate patients	IPD
195.	Smritisagara Rasa	AFI	5 gm	Apasmara, Smriti Daurbalya	125-250 mg	NS	Both
196.	Tribhuvankirti Rasa	AFI	5 gm	Jvara, Pratishtyaya, Kasa	125-250 mg	Bradycardia, arrhythmias, small children, Vrikka Roga, long term administration, periconceptual period, pregnancy, debilitate	Both

						patients	
197.	Vatagajankusha Rasa	BR	5 gm	Vata Roga, Avabahuka, Urustambha, Pakshaghata, Gridhrasi	250 mg	Long term use, Vrikka Roga, periconcepti onal period, pregnancy, lactation and debilitate patients	IPD
198.	Vatavidhavansan Rasa	AFI	5 gm	Vatajashula, Sutika Vata, Grahaniroga	250 mg	NS	IPD
(T) Lauha							
Sr No	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/ IPD)
199.	Navayasa Lauha	AFI	5 gm	Pandu, Kamala, Hridroga	250 mg	NS	Both
200.	Saptamrita Lauha	AFI	5 gm	Timira, Drishtimandya	250 mg	NS	Both