PERSONAL PROFILE

I am detail oriented and dedicated, possessing great communication, teamwork, and organizational skills. I have a positive outlook, which directly reflects in my work ethic and motivation for providing excellent patient- and quality- focused customer service. I am new to the Tucson area, looking to advance my career as a dental hygienist. With willingness to develop my knowledge and professional skills, it allows me to adapt quickly to new environments and maintain my enthusiasm for providing the highest level of care to my patients.

- **1** TUCSON, AZ
- **301.357.0000**
- □ CHRISTY@CHRISTYRDH.COM

QUALIFYING SKILLS

- Discerning critical medical and dental histories for thorough patient assessment, to ensure safe and proper individualized care.
- Proficient in executing treatment plans including dental prophylaxis; periodontal therapies and charting, scaling, root debridement, polishing, fluoride treatments, taking impressions, Arestin and Atridox placement, Velscope cancer detection and applying sealants.
- Personalized instruction on proper oral hygiene and home care, as well as using Casey software for patient ed.
- Working knowledge of Ultrasonic and Piezoelectric instrumentation.
- Experience in both Digital and Traditional methods of developing periapicals and panoramic radiographs. Worked with PSP, Schick and Dexis to name a few.
- Integrated use of intraoral camera to assist in explanation and patient compliance of treatment plan needs.
- Pain free approach to all dental procedures, prioritizing patient comfort and positive experience thru topical and local anesthesia or nitrous oxide as needed.
- Familiar with electronic health recording thru Dentrix, Eaglesoft, Kodak and Softdent
- Laser certified for periodontal, herpetic lesson, root desensitization and apthous ulcer treatment.

PROFESSIONAL EXPERIENCE

2008-present, Dental Hygienist Temp

To supplement my various part time positions, I've worked as a dental hygiene temp. Practices I worked for regularly include: Rockville Dental Arts (Rockville, MD), Jeffrey M. Gilbert, D.D.S. (Rockville, MD), Expert Smiles Malinda Dice-Shah, D.D.S., M.P.H. (College Park, MD), David Singer, D.D.S. (Damascus, MD) and Olney Dental Wellness (Olney, MD). Working as a temp taught me how to adapt quickly, be ready for anything and kept me engaged with openness towards new ideas and ways of doing things.

LICENSES & CERTIFICATIONS

ARIZONA

Active RDH license H8750 LA & N2O Certificate Laser Technology Certificate

MARYLAND

Active RDH license 6454 & Anesthesia A6456

VIRGINIA

Active RDH License 0402206533

CPR - AMERICAN HEART ASSN. 152003894941

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PROFESSIONAL EXPERIENCE continued

2016-2017, StarBrite Dental, Dr. Mariam Seifi, D.D.S.

StarBrite is a dental practice located in North Bethesda, MD.

Part time. Responsibilities included: providing dental hygiene services in a fee for service practice. Treated 8 patients or less a day, often seeing adult periodontal patients who had very limited dental experiences. Regardless of patient's dental history, this boutique practice focused on efficient and effective patient treatment with a congruous dental team. As the hygienist, I was expected to discern medical information, assess treatment needs, make recommendations and follow through with treatment plans. Nutritional counseling and oral hygiene was discussed in my patient education with every patient at each visit. Intraoral camera, Velscope and fluoride were incorporated regularly in treatment. Thorough clinical record keeping and unrushed informed explanations of all treatment needs was also a priority in my dealings with patient care. This office catered to a vast patient base and was deliberate in every patient interaction. Being a compassionate practitioner, catering to the needs of patients and to their comfort every step of the way, was integral for the thriving success of this fee for service practice.

2012-2016, Dr. Andrew Finizio, D.D.S.

Dr. Finizio is a dental practice located in Rockville, MD.

Part time. Responsibilities included: providing dental hygiene services for a long-standing family practice that included a team approach to office management. Treated 10 or less patients a day, including; patient assessment, treatment plan recommendations involving cohesive communication between doctor and myself, ensuring patient understanding of treatment plan with motivating, positive communication regarding procedures and home care needs. This is a paper office with traditional xray technologies. I maintained detailed and organized patient charts, established recare, scheduled follow up appointments. Monitored hygiene department supplies, maintained instruments through hand sharpening, helped with sterilization, other housekeeping and record filing as needed and time allowed.

2010-2016, Century Dental, Dr. Golestani, D.D.S.

Century Dental is a dental practice located in Germantown, MD.

Part time. Responsibilities included: providing comprehensive dental hygiene services to patients in this family dental practice, where there had been one hygienist serving this office for 25 years. I rapidly gained the trust of my patients some who only had experience with one hygienist their entire life. Many requested me as their hygienist going forward. I took the initiative to incorporate some welcomed fresh ideas into office routines, which encouraged better efficiency in production and workflow. Initially this was a paper office using traditional xrays. I assisted the doctor in various decisions involving transition to digital xrays and helped train staff with the new technology. This office was a team, where ideas were welcome and there was a sense of family within the office and with the patients.

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PROFESSIONAL EXPERIENCE continued

2010-2012, Lakeside Dental, Dr. Martha Murphy, D.D.S.

Lakeside Dental is a dental practice located in Gaithersburg, MD.

Part time. Responsibilities included: providing comprehensive dental hygiene services in a state of the art practice; a completely paperless office using Schick digital systems and the Eaglesoft program. I was the lead hygienist providing dental hygiene services to up to 8 patients a day, incorporating the use of an intraoral camera for faster, more precise explanation to the patient regarding diagnosis, and VELscope, for the early detection of abnormal tissue, cancer screenings and detection.

2005-2008, InVision Productions

InVision Productions is an agency that provides portrait, fashion, and still life photographers who shoot for advertising agencies, magazines, record and film companies, design firms and book publishers.

As Visionary Executive Leader, my responsibilities included the brand positioning of InVision and its photographers, target client research, revenue growth, financial management and focus on customer satisfaction and loyalty. Developed marketing strategies, marketing materials and presentations, coordinated special promotional events and parties for clients, met with clients to discuss creative concepts in order to help provide appropriate and effective solutions, created production schedules and budgets for complex photo shoots -- often involving many photographers in multiple cities at one time -- to ensure a streamlined workflow and outstanding final product.

1997-2005, The Roland Group/ NPN Worldwide

The Roland Group is a marketing firm that provides the services of illustrators and photographers to advertising agencies, design firms, corporations and associations worldwide. My daily responsibilities as the lead Project Manage included coordinating simultaneous photo shoots and illustration projects around the world and managing detailed logistics to ensure projects were completed on time and on budget. Negotiated fees and budgets for photo shoots ranging from simple to multi-location and production-intensive.

FORMAL EDUCATION

A.A.S., DENTAL HYGIENE
Baltimore City Comm College
//2008-2010
Meritorious Scholar Honors
SADAH Cert of Appreciation

LOCAL ANESTHESIA University of Maryland //2016

LOCAL ANESTHESIA & N2O Phoenix College //2017

LASER TECHNOLOGY Phoenix College //2017

PARTICIPATING ASSOCIATIONS

American Dental Hygiene Assn Mission of Mercy Volunteer Remote Area Medical Volunteer

REFERENCES AVAILABLE

Business and personal references upon request