



# Patients

What patients are saying about GMAs...

"It was **comfortable**."

"I liked the **friendliness** of it all."

"It gave me the **time to remember** my questions."

"Value being with others dealing with **similar challenges**"

"I particularly liked the input from other patients, **it was great**."

"Very related to my problems and **supportive** of other patients."

"...**improved relationship** with my physician and nurse."

"... provided **answers** to several of my **questions**."

"Enjoy the **social** environment."

"Love the **education**."

"I felt **listened to**."

...responses  
are over-  
whelmingly  
positive!

GMAs  
can improve  
health care  
quality.

Patients often find that GMAs can provide an environment that enhances their overall health care by providing many benefits.

With many patients often describing GMAs as: "comfortable, friendly, reflective, supportive, and educational," various studies support the improvement in patient satisfaction as a result of having attended a GMA.

GMAs offer patients substantial benefits. For example, patients are provided quality time with their physicians along with extended access to a range of medical services. Additionally, patients receive guidance with lifestyle changes as patients are able to return for another appointment more frequently. These benefits can lead to better outcomes in chronic disease management.

GMAs provide your organization with the competitive edge needed in today's health care administration.

A Group Medical Appointment (GMA) is a customized, extended appointment with a patient's doctor and a behavioral health professional.



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