


Beach Holiday Planning Checklist








Practical and easy to tick off before you travel 

Use this checklist to plan your beach break without forgetting the important bits. Tick each box as you go, add your own notes, and keep everything in one place before you fly *





Traveller name _____

Destination & dates _____






1. Before You Travel

-  Check passport validity (at least 6 months remaining on return date)
-  Confirm visa or entry requirements for your destination
-  Book flights and accommodation
-  Check baggage allowance
-  Check whether transfers to your accommodation are included
-  Arrange travel insurance - valid from the day you book
-  Ensure your Global Health Insurance Card (GHIC) is valid









2. Travel Essentials

-  Print or save booking confirmation, boarding passes & hotel details
-  Book any airport parking, transfers, train tickets or taxi trips
-  Order any foreign currency
-  Check luggage size, weight limits and hand luggage rules





3. Health & Safety

-  Order any prescription medication for the length of your trip
-  Check if vaccinations or destination-specific health advice apply
-  Pack sun cream, after-sun and lip balm with SPF
-  Take basic first-aid items such as plasters, pain relief, antihistamines & insect repellent
-  Save emergency contact numbers and the hotel address









4. Toiletries

-  Shampoo
-  Conditioner
-  Toothbrush
-  Toothpaste
-  Deodorant
-  Hair brush
-  Hair accessories
-  After-sun
-  Hand sanitiser

5. Clothing

-  Lightweight clothes (shorts, t-shirts, dresses etc)
-  Evening outfits and suitable footwear
-  Underwear
-  Sleep wear

6. Beach / Pool Packing List

-  Swimwear
-  Beach towel if needed
-  Beach towel pegs
-  Flip flops / sandals
-  Sunglasses, sun hat and beach bag
-  Cover ups
-  Pool games / toys
-  Water bottle and waterproof pouch for valuables

