**TONY GARCIA** [www.taichisouthflorida.com](http://www.taichisouthflorida.com) **786.286.7857**

1983 - 1988 Jiho Choi TaeKwonDo Institute (Ji Do Kwon) (7th Dan Master Jiho Choi)

West New York, NJ

· Obtained 1st Degree Black Belt

· Instructed beginners children and adult classes

· Assisted teaching at Princeton University

· Participated and Refereed in state tournaments

· Member WTF (World Taekwondo Federation)

· Member ITF (International Taekwondo Federation)

1991 - 1993 Aikido (Daitoryu Aikijitsu) (Shihan Jose Garrido)

North Bergen, NJ

· Obtained Brown belt level

· Attended various workshops with certifications

1993 Shotokan Karate (Sensei Steve Takahashi)

Secaucus, NJ

· Trained in Shotokan style for friendship tournament in Osaka, Japan

1999 - 2003 Taoist Tai Chi Society (Yang Style) (Shifu Jeff Morris)

Miami, FL

· Received accreditation and certification as Instructor

· Trained in Health Recovery techniques in Canada

· Participated in advanced training workshops

2002 – Tai Chi for Health – Chen, Yang, Sun Style (Shifu Dr.Paul Lam)  
Present Australia, Minnesota, Indiana, Sarasota, Oregon and Jupiter

Master Trainer and Instructor Certification in various styles

Miami Dade – Current / Previous Classes or Demonstrations for the following facilities:   
Baptist, Doctors, Mercy, Mount Sinai, Kendal Regional, Deering and West Gable Hospitals, Brickell fitness center, Jewish home for the aging, Coral Gables Congregational Church, National Multiple Sclerosis Society support groups and events, Mayors fitness programs, Country Walk recreation center, Bally’s fitness, Tropical Park recreation center, Miami Public Library’s, Eastridge retirement community, The Palace at Kendal and Coral Gables, Floridian, Deering Estates, Miami Dade Community College, UM Wellness Community center, Within cancer Wellness center, Leon Medical center, Neuro Science Center, Florida International University, University of Miami, Maya Yoga institute, Knock-Out boxing club (Teenagers), Sunny Isles (Tai Chi for Kids), North Shore Youth Center, Bay Harbor Island community center, South Miami community center, Aikido of Gold Coast Aikikai.

Broward - Hollywood Hospital, Oakland Park retirement center, Century Village, Fort Lauderdale Hospital, Fred Lippman retirement center, and Miramar (sunset lakes recreation)

Private Lessons in Miami, Miami Beach, Miramar

Media – Univision, TVC studios, Channel 7, Miami Herald, Sun Sentinel, New Times, TeleMiami  
  
Education - Elizabeth Seton College, Yonkers, NY – Iona College, New Rochelle, NY

Other - Bilingual with CPR certification