

	SU	М	Т	W	Т	F	SA
DTD2							
Day in the Life							
Team Lead Generation							
Content Writing							
Video Post							
Educational Post							

	SU	М	T	W	T	F	SA	To-D
Energy Forecast								100
Daily Clarity Journal								
Skin Care Routine								
Drank 32oz Water								
Breakfast								
Lunch								
Dinner								
Time Outside								
Time With Partner								
Time with Friends								ТаГ
Time with Family								To- F
Read for 30 Minutes								
Practice								
Matches								
Movement								
Strength Training								
Cardio								

To-DONE
To- PLAN

	SU	М	Т	W	Т	F	SA
Laundry							
Bathroom							
Trash							
Pool							
Lawn							



Date:		Planetary Events			
Moon/	Cycle Day				
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v Caerre					
Name		Source	Notes		
Certainty	What went well to	oday?			
Variety	What did you do	outside of your routines?			
Significance	How did you feel	seen or heard today?			
Connection	Who were you co	nnected with?			
	,				
Crounth	What did you loo	wa ta day 0			
Growth	What did you lea	rn today?			
Contribution	How were you he	lpful?			

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