

August 2019



A-1 Medical Staffing

HEALTHCARE STAFFING PROFESSIONALS

Your Monthly News & Updates

Check out our Caregivers of the month, Reminders, Highlights in August, Birthdays, Tips for Summer, Caregiver Contest, Service Anniversaries and so much more!

[Visit Our Website](#)

Caregivers of the Month

Quad Cities

Although Breona Dunbar-Guthrie has only been with us a short time since March. We nominated her for caregiver of the month because she has always been very flexible. She has never missed a shift and has always been on time, Loved everywhere she goes and always has a smile on her face. She is a great asset to A-1 Medical Staffing and makes our team strong.



Clive

Congratulations to Alyssa Blackburn, CNA, for winning the Caregiver of the Month contest this month! Alyssa has been with us since 6/20/2019 and has been a rockstar since Day one. She is hardworking, kind, and dependable. Resident's love her! Congratulations, Alyssa! Thanks for all of your hard work!

A Little Reminder

- Exciting News!! Our Quad Cities Office has moved! The new address is 2435 Kimberly Rd. Suite 280 North.
- There are NO Bank Holidays in August to delay payday an extra day.

Friendly Reminders

- Time sheets are due Mondays by **10 am**. Please ensure they are sent in clear, black & white PDF's if taking a picture, and they are filled out in their entirety. One time sheet per customer.
- If you do not have an ID badge, contact your Recruiter as soon as possible.
- Please make sure your credentials are up to date.



Highlights in August

- National Hot Air Balloon Classic in Indianola (July 26th-August 3rd)
- Back to School Month
- National Immunization Month (1-31)
- [Iowa State Fair \(8th-18th\)](#)

*Click on the link to see the Fair Schedule for this year.



Happy Birthday!!

Relax and Enjoy your very special day!

- Brooke Z.
- Robin C.
- Alyssa B.
- Jamie L.
- Breneshia C.
- Lindsey S.
- Lora H.
- Paula S.
- Jamie S.
- David H.
- Cynthia M.
- Christa D.

Tips for the Summer

- You've kept hydrated and drenched in sunblock, but there's one part of sun safety you might have overlooked (pardon the pun): eye protection. **UV radiation can reflect** off water, concrete, sand, snow and any other light-colored surface, which can cause harmful rays to burn your eyes, just like they burn your skin. Such exposure to UV radiation can damage the eye's surface tissue, cornea and lens, according to the American Academy of Ophthalmology. Every worker exposed to the sun should wear UV-absorbent sunglasses (eye protection) that block 99% to 100%

of UVA and UVB radiation to protect their eyes. To discover more about eyewear standards and ensure that you are in compliance, visit the **American National Standards Institute website**. Additional background on eyewear can be found on the **Occupational Health and Safety Administration website**. A hat is a smart addition to their "uniform" as well; the best choice is a wide-brim hat, rather than a baseball cap, as it protects not only the eyes but also the neck, ears, forehead, nose and scalp from sunburn.

- Need an energy-boost? Sit under a tree! The University of Michigan found that smelling the distinct organic aroma of growing trees - and listening to soothing nature sounds, like the rustling of leaves – increases production of energy-boosting beta waves! That can double your energy in as little as 10 minutes!

Caregiver Attendance Contest

The winner of July's caregiver attendance contest is Jennifer Nelson!! Congratulations and look for your gift card in the mail!

August's Caregiver Contest will still be based on Attendance. Keep up on attendance and you will be entered to win the gift card in next months Newsletter drawing!



Caregiver & Office Staff Service Anniversaries

We want to congratulate those who are celebrating their service anniversaries with A-1!

Congratulations to:

- Breneshia C. for 1 year
- Cynthia H. for 1 year
- Deanne M. for 1 year
- Lakesha L. for 3 years
- Beth B. for 6 years

- Gatha M. for 2 years
- Jessica G. for 4 years
- Jessica W. for 6 years
- Vickie T. for 7 years

Thank you so much for all you do and being apart of our amazing A-1 team!

Referral Business Cards

Please stop in our QC or Clive offices to pick up some of our referral bonus business cards we have just for you! Feel free to pass along to anyone you

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Referred by

8355 University Blvd. Suite H
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Fax (515) 274-1073

www.a-1medicalstaffing.com

know and think would be a great fit on our A-1 Team.

BONUS

Referral Bonus! Refer a Home Care Aide, Certified Nursing Assistant, Certified Medication Aide, Licensed Practical Nurse or Registered Nurse and earn \$100 total after they work their first 490 hours. Refer 3 employees and earn another \$200 bonus on top of that. Employees must still be an employee of ***A-1 Medical Staffing*** and be on assignment at the time of payment.

A-1 Medical Staffing | Clive and Quad Cities
1-800-365-8241

