



January 2022

Happy New Year to you!

January welcomes a new year! We hope you all were able to spend time with family and friends this holiday season. We wish you a year filled with hope, good health and much happiness! Check out this month's news updates below.

Friendly Reminders

- Timesheets are due by 10am on Mondays. Please send in a black and white PDF so that they are clear to be sent with customer invoices.
 - Des Moines - desmoines@a-1medicalstaffing.com
 - Quad Cities - quadcities@a-1medicalstaffing.com
- Please ensure your file is in compliance and up to date or we will not be able to assign you to shifts. Contact either Taylor in Des Moines or Amber in the Quad Cities to check on your status.
- Most of our facility customers have still mandated COVID vaccination proof or approved exemption on file. Please ensure we have yours and continue to follow policies at each worksite for Personal Protective Equipment and Infection Control Procedures.
- Please reply to this email or contact your local recruiter if your address or personal information has changed.

Please answer the following Poll ~

Are you interested in a daily pay option?

Yes

No

The DEB Award



Des Moines

Congratulations to Mary C., Home Care Aide for winning The DEB Award! Mary works full time for our home care customer in Urbandale and drives from home to home helping patients with their personal cares and grooming. She has quickly become known for her reliability, flexibility, and care that she provides to her patients. Mary communicates well and is timely in doing her charting. She has been a great addition to the A-1 family, and we are excited to see what the future holds with her on our team. Great job, Mary! We appreciate the example you set in caregiving.



Quad Cities

Congratulations to Emilia M, Certified Nursing Assistant in our Per Diem Department specializing in skilled nursing and long-term care. Emilia is always flexible to help when and where she is needed. She has helped out with DNA collection at our Rock Island location over the last year and has been super accommodating with our local clients to fill in and help out with short staffing. She is a compassionate and hardworking CNA who goes the extra mile to ensure residents are taken care of. Please help us in congratulating Emilia. Thanks for all you do for our customers. We appreciate you!

Attendance Contest Winner

Rain, snow or shine, you made it to work on time!
Congratulations to **Alisha J.**, CNA for having perfect attendance in December! Look for your gift card in the

mail.

Have perfect attendance this month to be entered in the contest to win next month.



Happy Service Anniversary!

We want to thank the following people for their service! Your loyalty and dedication to healthcare is impressive. Thanks for being on our team!

Brianna A - 6 years
Demi B - 1 year
Brontianna H - 1 year
Pam W - 1 year
Shaylyn Y - 1 year



Happy Birthday

Rebecca L, Renee C, Jane G,
Nichole W, Dawn S, Amy S,
Kamie C, Adam W, Jaisa H, &
Hessouwe Y



Enroll or Make Changes to Your Health Benefits

OPEN ENROLLMENT DATES: December 28–January 27

Special Group Rates:

Weekly Rates

Employee	\$21.98
Employee + Child(ren)	\$36.49
Employee + Spouse	\$41.76
Employee + Family	\$55.61

Fixed Indemnity Medical Plan (weekly payroll deduction)

- Coverage for Doctors' Office Visits and Inpatient Benefits
- No Pre-existing Condition Limitations, No Health Questions
- No Waiting Period on Medical
- No Deductibles on Medical
- Wellness Care
- Prescription Drug Benefit
- Optional Benefits: Dental, Vision, Term Life, and Disability

For New Enrollment contact your Branch Manager.
For Changes to your current plan call **1-866-798-0803**.

See enrollment form for plan specifications.

v23.1

Open Enrollment Information

Please check your email for an update on open enrollment from Vickie Trigg, Director - Operations. Open enrollment for Medical StaffCARE insurance starts December 28th and ends January 27th. Below is a link to the form to complete and return to your local office, or to Vickie, if you would like to make any changes to your current enrollment or if you would like to enroll. If you would like more information on this insurance plan, please email and we will send the complete enrollment packet to you.

[Click here for Change Form](#)

Completed forms can be faxed to me at 816-256-3323 or emailed to vtrigg@a-1medicalstaffing.com.



Annual Kick Off Meeting

It has been our practice and priority each year to hold an annual Kick Off Meeting for office staff. We meet on a Saturday to roll out our sales and marketing plan for the upcoming year, discuss standard operating procedures and collaborate to ensure we are staying up to date with the latest, best practices in healthcare staffing.



This year, we are rolling out Travel Nursing as an addition to our employment offerings. If you or anyone you know is interested, in a Travel Assignment in Iowa, Illinois, Missouri, Kansas, Colorado or Arkan, please contact your local Recruiter today!

Winter Safety Tips

January is projected to bring freezing rain, snow and cold conditions. Make sure you plan ahead in order to make your shift.

- Keep all skin, including ears and face, covered to avoid hypothermia and frostbite. Wear mittens or gloves, a hat, water-repellant clothing, and a scarf to protect your lungs.
- Keep extra warm clothes and blankets, ice melt or sand and a flash light in your vehicle. Take your time on the road.
- Eat high energy foods and drink warm beverages.
- Walk slow and watch your step, especially in slick areas to avoid falls.
- Check the Department of Transportation's website or 511 app for up to date road conditions.



\$250

Referral Bonus

and earn \$250 after they work 480 hours. Simply reply to this email with their contact information to help them get the hiring process started.

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