

STARTERS

JIANILIO						
Chips & Salsa Warm tortilla chips served with housemade salsa	6	Coconut Shrimp Six Large crispy shrimp served with sweet chili sauce	12			
Smoked Fish Dip Served with carrots, celery and pita bread	10	Fried Mozzarella Breaded Mozzarella planks, with our housemade marinara sauce	9			
Key West Crab Cakes Two housemade crab cakes, served with remoulade and sweet chili sauce	13	Banging Asian Shrimp Hand breaded shrimp tossed in a spicy remoulade sauce	11			
Calamari Hand breaded calamari, with housemade marinara sauce	11	Mediterranean Hummus Platter Housemade hummus, carrots, celery sticks, sliced cucumbers,	11			
Blue Cheese Chips Housemade chips topped with blue cheese dressing, bacon bits, scallions, and	9	sliced tomatoes, feta cheese, kalamata olives, tzatziki sauce served with pita bread				
balsamic glaze Buffalo Chicken Dip A blend of three cheeses, chicken and hot sauce served with tortilla chips	11	Quesadilla Flour tortilla stuffed with cheddar jack cheese & onions, with sour cream and salsa Veggie 11 Chicken 12	9.5			
Nachos el Grande Crispy tortilla chips, with cheddar jack cheese, black beans, diced tomatoes and green onions with a choice of chili or chicken with creole sauce	13	Bruschetta Bread Toasted baguette topped with Roma tomato, garlic, basil, olive oil, parmigiana and balsamic glaze	9			
Buffalo Wings Ten jumbo wings tossed in your choice of mild, medium, hot, housemade BBQ, teriyaki or garlic parmesan	13	Ahi Wonton Nachos Fresh crispy wonton chips topped with seared ahi tuna, mango pico de gallo, avocado, shredded cabbage in a spicy wasabi mayo	16			
Spinach Artichoke Dip Roasted artichokes, spinach and creamy parmesan cheese dip with tortilla chips	10	Loaded Potato Skins Baked with cheddar jack cheese, bacon & scallions with sour cream	9.5			
Buffalo Shrimp Seven Jumbo shrimp tossed in your choice of mild, medium, or hot sauce. Served with celery and choice of blue cheese or ranch dressing	14	Chicken Tenders Hand breaded, plain or tossed in mild, medium, hot or housemade BBQ sauce	11			
Mussels Sautéed in a butter garlic wine sauce, with toasted baguette bread	11	Sesame Tuna Rare sesame-crusted Yellowfin tuna, with pickled ginger, wasabi, soy sauce & noodles	16			
Peel & Eat Shrimp		Shrimp Cocktail Five jumbo shrimp chilled, with spicy cocktail sauce	12			
Shrimp tossed in % lb garlic butter & Old Bay seasoning 1 lb	12 22	Oysters on the Half Shell 3/2 doz A	Market			

^{*} Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

with tangy cocktail

sauce

1 doz | Market

SCUPS & SALADS

14

Soup of the Day

Ask your server Cup 4 Bowl 6

Chicken Corn Chowder A rich and creamy chowder with chicken, bacon, potato and corn Cup 4.5 Bowl 6.5

Caprese Salad Sliced tomato, fresh 10 mozzarella, basil oil, topped with balsamic glaze

🍠 Parrot's Cobb Salad Mixed greens, bacon, egg, tomatoes, cucumbers, red onions, blue cheese crumbles, avocado, topped with grilled chicken with choice of dressing

Spinach Salad Fresh spinach, diced egg, 11 bacon, mushrooms. tomatoes, and onions, with hot bacon dressing Chicken 14 | Shrimp 15 | Salmon 17

Greek Salad Mixed greens topped with feta cheese, kalamata olives, 12 cucumbers, tomatoes, red onions, stuffed grape leave pepperoncini peppers, tossed in aegean dressing Chicken 15 | Shrimp 16 | Salmon 17

Southwest Taco Salad Tortilla bowl filled with shredded lettuce, tomatoes, avocado, black beans, shredded cheddar jack cheese and choice of grilled chicken or ground beef, with cilantro ranch dressing

New England Clamb Chowder Cup 5 Bowl 7

Chili Served with cheddar jack cheese and onions (no beans) Cup 5 Bowl 7

Shanghai Chicken Salad Mixed greens, cabbage, Asian grilled chicken, cucumbers. 14 mandarin oranges, carrots and red onions, topped with crispy wontons, soy ginger vinaigrette dressing

Seared Ahi Tuna Salad Seared Ahi, mixed greens, tomato, cucumber, shredded 16 carrots, whole green beans topped with a sesame ginger dressing

Chicken Caesar Salad Crisp romaine lettuce tossed with freshly grated parmesan cheese, croutons, tossed in Caesar dressing topped with grilled chicken Sub: Shrimp 14 | Salmon 17

13

Buffalo Chicken Salad Fresh romaine lettuce. tomatoes, red onions, and blue cheese crumbles, topped 14 with grilled or fried chicken tossed in medium sauce, with blue cheese dressing

Spinach & **Quinoa Salad**

Fresh spinach, quinoa, 12 candied walnuts, apples, craisins, and feta cheese, with raspberry vinaigrette dressing Chicken 15 | Shrimp 16 | Salmon 18

10" PIZZAS

13

Make any pizza gluten free 2.5 9.5 Margarita

Plum tomatoes, basil garlic 11 oil and fresh mozzarella Supreme Sausage, pepperoni, 13 mushrooms, peppers, onions, olives and mozzarella cheese

Cheese

Parrot Favorite

Build Your Own Vegetable 1.25 and Meat 1.75 Popeye White 12 Spinach, garlic, ricotta and mozzarella cheese

Vegetarian Spinach, tomato, artichokes, 13 mushrooms, olives, and mozzarella cheese

BBQ Chicken Mozzarella and cheddar 13 jack cheese, red onion and fresh cilantro

SANDWICHES

All sandwiches are served with french fries, housemade potato chips or coleslaw. Make any sandwich a wrap | Lettuce wrap, add 1 Substitute sweet potato fries or onion rings, add 2

12

12

11

Beef on Weck Thinly sliced roast beef piled high on our famous Kimmelweck roll and au jus A Buffalo favorite!

> Shrimp Po Boy Deep fried shrimp with shredded lettuce and tomato, on a toasted hoagie roll, topped with spicy remoulade sauce

Pulled Pork Sandwich Slow roasted pork topped with our housemade BBQ sauce and coleslaw

Philly Cheese Steak Shaved steak, grilled 12 mushrooms, peppers, onions, and melted provolone cheese

Buffalo Chicken Hand breaded chicken breast. 12 tossed in a medium sauce topped with blue cheese crumbles

Reuben Corned beef, sauerkraut, melted Swiss cheese piled high on rye bread with Thousand Island dressing Turkey 11

Grouper Reuben Grilled or Blackened Grouper, coleslaw, melted Swiss cheese piled high on rye bread with Thousand Island dressing

The Parrot

Grilled chicken breast topped with our housemade BBQ sauce, muenster cheese, bacon, lettuce, tomato, red onion and honey mustard on a toasted bun

Gyro Shaved lamb, tomato, onions, shredded lettuce and housemade 11 tzatziki sauce in a grilled pita

Tuna or Chicken Salad Tuna or Chicken salad, lettuce, tomato on your choice of bread

10

15

13

11

12

12

13

12

Crab Cake Sandwich Pan seared crab cake with lettuce, tomato, onions and remoulade sauce

Fish Sandwich Grilled, blackened or fried Tilapia, with lettuce, tomato, and onion on a grilled bun Mahi Mahi 15 | Grouper 17

Chicken Sandwich Grilled, blackened or fried chicken breast with lettuce, tomato, and onion

Turkey BLT A triple decker piled high with turkey, bacon, lettuce, tomatoes, and mayo on your choice of bread

All burgers are served with french fries, housemade potato chips or coleslaw. Make any burger a wrap | Substitute sweet potato fries or onion rings, add 2

10

12

18

Parrot Burger Angus beef burger grilled to your liking, with lettuce, tomato and onion

Whiskey Burger Angus beef burger smothered with our housemade BBQ sauce, cheddar, bacon, lettuce, tomato, and onion

Turkey Burger Fresh ground turkey burger, topped with roasted red peppers and feta cheese

Chipotle Veggie Burger Black bean burger, lettuce, tomato, and onion

Buffalo Style Burger Angus beef burger topped with buffalo sauce and blue

Southwest Burger Angus beef burger topped with pepper jack cheese, guacamole and jalapeño

🏄 Angus Beef & Pork Burger

cheese crumbles

Angus beef burger topped with 14 shredded pulled pork, crisp bacon and pepper jack cheese

Mushroom **Swiss Burger** Angus beef burger topped with sautéed mushrooms & Swiss cheese

Additional Toppings

Cheddar, Swiss, American, Pepper Jack, Provolone, Muenster, Blue Cheese Crumbles, Banana Peppers, Grilled Onions, Jalapeños, Chili, Sautéed Mushrooms 1 Bacon, Guacamole 2

MAIN PLATES

Add House or Caesar Salad 3

Mussels with Tomato & Garlic Mussels sautéed with tomato, white wine and garlic, over a bed of linguini	15	BBQ Danish Ribs Slowly roasted tender Danish ribs in our housemade BBQ sauce with fries and coleslaw 4 Rack 10	7
Tilapia Grilled, blackened or fried, served with rice pilaf and vegetable	14	Ahi Tuna Tacos Three flour tortillas with seared ahi tuna, cabbage,	9
Mahi Mahi Grilled, blackened or fried, served with rice pilaf and vegetable	18	shredded carrots, avocado and sriracha mayo Fish & Chips	
Seafood Pasta Scallops and shrimp, sautéed		and coleslaw	6
in olive oil and garlic, tossed with bow tie pasta in a spicy tomato cream sauce	19	Hand breaded pan-fried	.5
Shrimp Basket Hand breaded jumbo shrimp, deep fried with	16	melted mozzarella cheese	ر.
Top Sirloin Steak 80z center cut sirloin cooked to your liking, with choice of potato and vegetable	18	Macademia Crusted Grouper Pan-fried macademia crusted grouper with pineapple mango salsa, rice pilaf and vegetable	4
Chopped Stix Bowl Broccoli, carrots, mushrooms, peppers, onions, water chestnuts, sautéed in a sweet and spicy thai chili sauce over rice pilaf or linguini Chicken 15 Shrimp 17	13	Jack Daniels Chicken Grilled chicken breast, topped with our housemade BBQ sauce, cheddar jack cheese, chopped bacon, scallions, served with rice pilaf and vegetable	6
Tuscan Chicken Alfredo Grilled chicken breast, spinach and sun dried tomato tossed in our housemade alfredo sauce	16	Mahi Tacos Three flour tortillas stuffed with grilled or blackened mahi, shredded cabbage, fresh pico de gallo and creamy chipotle sauce	5
over a bed of linguini pasta Shrimp & Grits Jumbo shrimp, bacon, and onions with lemon butter sauce over cheesy grits Sub: Scallops 19	16	Enchiladas Beef or chicken enchiladas topped with our housemade salsa or green tomatillo sauce, Monterey Jack cheese, shredded lettuce, fresh pico de gallo and sour cream	4
Salmon Pan-seared salmon and finished with pesto butter sauce, rice pilaf and vegetable	18	Chicken Tender Basket Hand breaded chicken tenders, plain or tossed in mild, medium, hot or housemade BBQ sauce,	4

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with fries and coleslaw

SIDES

House or Caesar Salad	5	Onion Rings	5
French Fries	4	Vegetable of the Day	4
(Loaded add 2)		Rice Pilaf	3
Sweet Potato Fries	5	Coleslaw	3
Baked Potato (Loaded add 2)	4	Guacamole	3
Mashed Potatoes (Loaded add 2)	4	Apple Sauce	3
Housemade Chips	4		

KIDS MENU

For kids 10 and under. Served with soda (milk or juice add 1)

Hamburger & Fries	7	Chicken Tenders & Fries	7
Grilled Cheese & Fries	5	Pasta w/ Sauce or Butter	5
Macaroni & Cheese	5	Carrots & Celery	4
5 Wings (choice of sauce)	7	Grilled Chicken & Mashed Potatoes	7

DESSERT

Ask your server for our selection of amazing desserts

BEVERAGES

Pepsi, Diet Pepsi, Sierra Mist, Mountain Dew, Dr. Pepper, Root Beer, Ginger Ale, S. Pellegrino®, Lemonade

> Sweet or Unsweetened Iced Tea Raspberry, Peach, Mango

Regular or Decaffinated Coffee / Hot Tea

Full Bar & Wine Selection

Budweiser & Miller Beers

Ask your server for other Draft, Craft, IPA & Seasonal Beers

FREE WIFI
WIFI: THEPARROTGUEST
PASSWORD: THEPARROT

GRATUITY OF 18% WILL BE ADDED FOR PARTIES OF 6 OR MORE.