

Children's Lenten Calendar 2022

Swamp Lutheran Church

1 Start a Jelly Bean Jar for good deeds.	2 Pray for your family.	3 Draw a picture for someone.	4 Fill a bag with toys to donate to kids in need.	5 Read a Bible Story.	6 List the ways you can be a good friend.	7 Tell Someone you Love them.
8 Pray for the Homeless	9 Clean up your room without being asked.	10 Decorate a Cross.	11 Plan a Meat free Friday meal.	12 Thank God for your gifts and talents.	13 Do something to help the Earth.	14 Give up TV for the day.
15 Go a day without tattling on people.	16 Color Something Purple and talk about why it is used during Lent.	17 Help out around the house.	18 Pray for someone that has passed away.	19 Give up Complaining for a Day.	20 Put a smile on someone's face today.	21 Do a random act of Kindness.
22 Give up Sweets for the day.	23 Tell someone about Jesus.	24 Make a list of things you are thankful for.	25 Let others choose what to do.	26 Pray for someone that has been unkind to you.	27 Make a card for someone you love.	28 Donate 5 items to your local food bank.
29 Do something nice for your teacher.	30 Research what is a Saint.	31 Pray for a Friend.	32 Read the story of the Last Supper and make a snack together.	33 Give someone a hug.	34 Make an Egg Carton into an empty tomb.	35 Learn an Easter Song.
36 Make a cotton ball Lamb and talk about why Jesus is the Lamb of God.	37 Read an Easter Book.	38 Dye Easter Eggs.	39 Be respectful, say please and thank you.	40 Tell Jesus you love him		