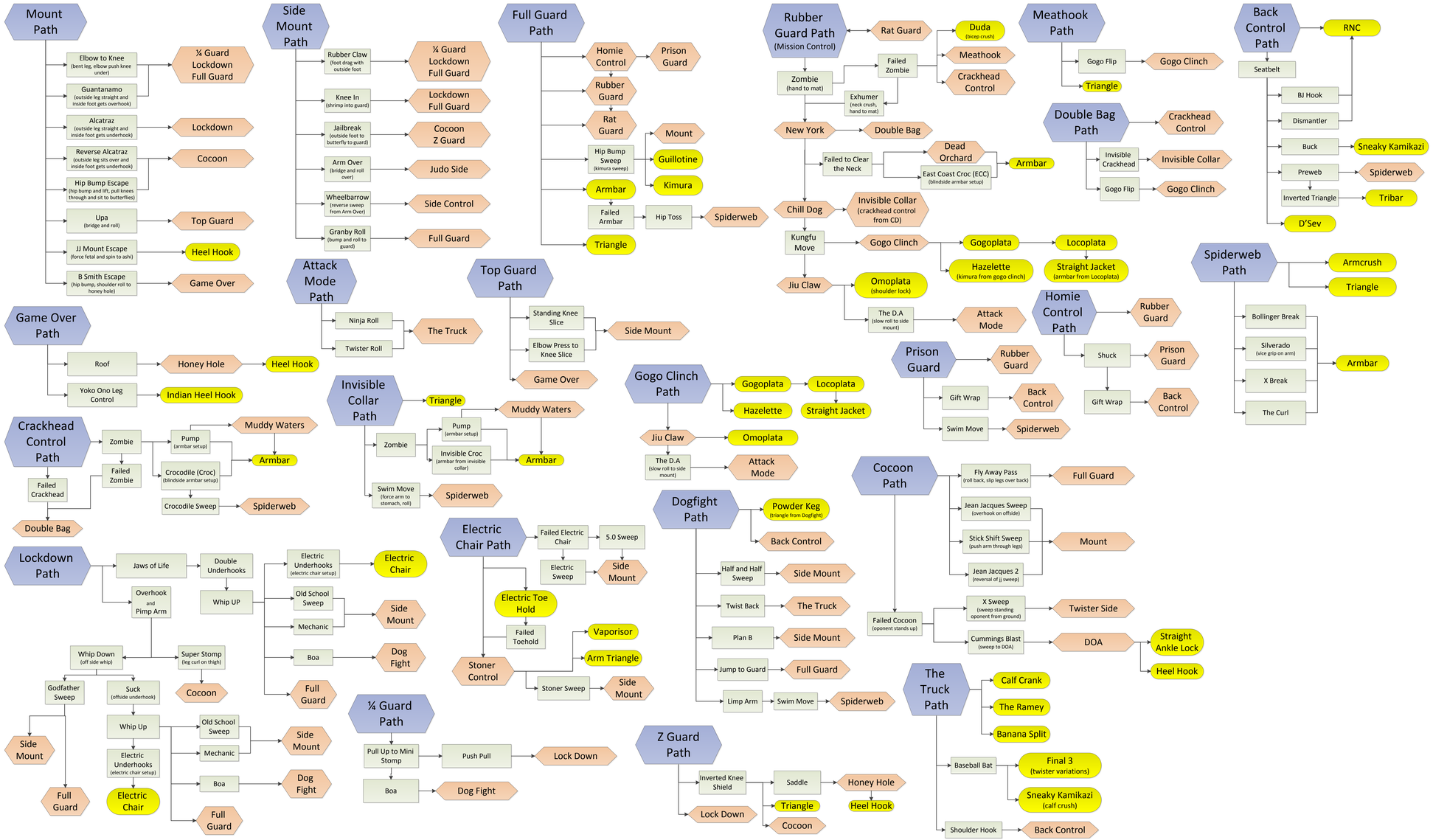
Mount Path
Elbow to Knee (bent leg, elbow push knee under)
Guantanamo (outside leg straight and inside foot gets overhook)
Alcatraz (outside leg straight and inside foot gets underhook)
Reverse Alcatraz (outside leg sits over and inside foot gets underhook)
Hip Bump Escape (hip bump and lift, pull knees through and sit to butterflies)
Upa (bridge and roll)
JJ Mount Escape (force fetal and spin to ashi)
B Smith Escape (hip bump, shoulder roll to honey hole)
¼ Guard Lockdown Full Guard
Lockdown
Cocoon
Top Guard
Heel Hook
Game Over
Side Mount Path
Rubber Claw (foot drag with outside foot
Knee In (shrimp into guard)
Jailbreak (outside foot to butterfly to guard)
Arm Over (bridge and roll over)
Wheelbarrow (reverse sweep from Arm Over)
Granby Roll (bump and roll to guard)
¼ Guard Lockdown Full Guard
Lockdown Full Guard
Cocoon Z Guard
Judo Side
Side Control
Full Guard
Full Guard Path
Homie Control
Prison Guard
Rubber Guard
Rat Guard
Hip Bump Sweep (kimura sweep)
Mount
Guillotine
Kimura
Armbar
Failed Armbar
Hip Toss
Spiderweb
Triangle
Rubber Guard Path (Mission Control)
Rat Guard
Duda (bicep crush)
Meathook
Crackhead Control
Zombie (hand to mat)
Failed Zombie
Exhumer (neck crush, hand to mat)
New York
Double Bag
Failed to Clear the Neck
Dead Orchard
East Coast Croc (ECC) (blindside armbar setup)
Armbar
Chill Dog
Invisible Collar (crackhead control from CD)
Kungfu Move
Gogo Clinch
Gogoplata
Locoplata
Hazelette (kimura from gogo clinch)
Straight Jacket (armbar from Locoplata)
Jiu Claw
Omoplata (shoulder lock)
The D.A (slow roll to side mount)
Attack Mode
Meathook Path
Gogo Flip
Gogo Clinch
Triangle
Double Bag Path
Crackhead Control
Invisible Crackhead
Invisible Collar
Gogo Flip
Gogo Clinch
Back Control Path
RNC
Seatbelt
BJ Hook
Dismantler
Buck
Sneaky Kamikazi
Preweb
Spiderweb
Inverted Triangle
Tribar
D'Sev
Spiderweb Path
Armcrush
Triangle
Bollinger Break
Silverado (vice grip on arm)
X Break
The Curl
Armbar
Attack Mode Path
Ninja Roll
Twister Roll
The Truck
Top Guard Path
Standing Knee Slice
Elbow Press to Knee Slice
Side Mount
Game Over
Game Over Path
Roof
Honey Hole
Heel Hook
Yoko Ono Leg Control
Indian Heel Hook
Crackhead Control Path
Zombie
Failed Zombie
Pump (armbar setup)
Crocodile (Croc) (blindside armbar setup)
Crocodile Sweep
Muddy Waters
Armbar
Spiderweb
Failed Crackhead
Double Bag
Invisible Collar Path
Triangle
Zombie
Pump (armbar setup)
Invisible Croc (armbar from invisible collar)
Muddy Waters
Armbar
Swim Move (force arm to stomach, roll)
Spiderweb
Gogo Clinch Path
Gogoplata
Locoplata
Hazelette
Straight Jacket
Jiu Claw
Omoplata
The D.A (slow roll to side mount)
Attack Mode
Homie Control Path
Rubber Guard
Shuck
Prison Guard
Gift Wrap
Back Control
Prison Guard
Rubber Guard
Gift Wrap
Back Control
Swim Move
Spiderweb
Cocoon Path
Fly Away Pass (roll back, slip legs over back)
Full Guard
Jean Jacques Sweep (overhook on offside)
Stick Shift Sweep (push arm through legs)
Mount
Jean Jacques 2 (reversal of jj sweep)
Failed Cocoon (oponent stands up)
X Sweep (sweep standing oponent from ground)
Twister Side
Cummings Blast (sweep to DOA)
DOA
Straight Ankle Lock
Heel Hook
Lockdown Path
Jaws of Life
Double Underhooks
Overhook and Pimp Arm
Whip UP
Whip Down (off side whip)
Super Stomp (leg curl on thigh)
Godfather Sweep
Suck (offside underhook)
Cocoon
Side Mount
Whip Up
Old School Sweep
Mechanic
Electric Underhooks (electric chair setup)
Boa
Dog Fight
Full Guard
Electric Chair
Electric Underhooks (electric chair setup)
Electric Chair
Old School Sweep
Mechanic
Side Mount
Boa
Dog Fight
Full Guard
Electric Chair Path
Failed Electric Chair
5.0 Sweep
Electric Sweep
Side Mount
Electric Toe Hold
Failed Toehold
Stoner Control
Vaporisor
Arm Triangle
Stoner Sweep
Side Mount
Dogfight Path
Powder Keg (triangle from Dogfight)
Back Control
Half and Half Sweep
Side Mount
Twist Back
The Truck
Plan B
Side Mount
Jump to Guard
Full Guard
Limp Arm
Swim Move
Spiderweb
The Truck Path
Calf Crank
The Ramey
Banana Split
Baseball Bat
Final 3 (twister variations)
Sneaky Kamikazi (calf crush)
Shoulder Hook
Back Control
¼ Guard Path
Pull Up to Mini Stomp
Push Pull
Lock Down
Boa
Dog Fight
Z Guard Path
Inverted Knee Shield
Saddle
Honey Hole
Heel Hook
Triangle
Cocoon
Lock Down