

# Help for Families

## PARENTING

Classes

7 Basic

3 optional

Wednesday

At 12:00 pm

For 10 Weeks

Held at:

**Sand Lake  
Baptist Church**

*Presented by  
Alaska  
Christian  
Ministries in  
partnership with  
Sand Lake Baptist  
Church*

Sand Lake  
Baptist Church  
7434 Jewel Lake Rd,  
Anchorage, AK 99502



# PRACTICAL POSITIVE PARENTING

Building a Strong Foundation for Your Family



**Weekly Workshops include the following:**

- Family Lunch
- Preschool Child Care may be available
- Group Study of Family Needs
  - Child Development
  - Character Development
  - Family Communication
  - Communication Challenges
  - Behavior Changes
  - Positive Discipline

**Starting August 24, 2022**

**12:00 p.m. to 2:00 p.m.**

**Cost: \$35.00 per Family**

**Registration deadline is August 17, 2022**

**You must attend the first class**

**For Info & to Register Call ~ 272-8760 or**

**Register online at [AKChristianmin.org](http://AKChristianmin.org)**