

# Build a Strong Foundation for Your Family

## Practical Positive Parenting

### 5 Weeks of Workshops

Each workshop is a Parents' Group Study on the following topics

- Child Development
- Character Development & Self Esteem
- Family Communication
- Communication Challenges
- Behavior Changes
- Positive Discipline
- Behavioral Challenges

The first workshop is mandatory.

### Including 3 Optional Workshops

All parents can benefit from training and support!



**Cost:**  
**\$35 per**  
**Family**

These Practical Positive Parenting workshops are presented by Alaska Christian Ministries and hosted by various community organizations.



For more information or to find a workshop that meets your schedule, call 272-8760 or register online at [www.akchristianmin.org](http://www.akchristianmin.org)

Refreshments provided.

