



Come home.
Get better.
Live well.



Cardiac Rehabilitation

Unique Health Care Solutions offers Cardiac Rehabilitation for patients with a variety of cardiac diagnoses and is designed to provide health services in the comfort of your home. Our health care team consisting of nurses, physical therapists, speech therapists, occupational therapists, home health aides and medical social workers work closely with you and your Cardiologist to provide a customized plan of care tailored to meet your needs.

Congestive Heart Failure Program

Designed to increase our patient's knowledge regarding heart failure, improving quality of life and reducing re-hospitalizations.

-  Causes of heart failure
-  Signs and symptoms associated with heart failure
-  Treatment guidelines

Cardiac Therapy

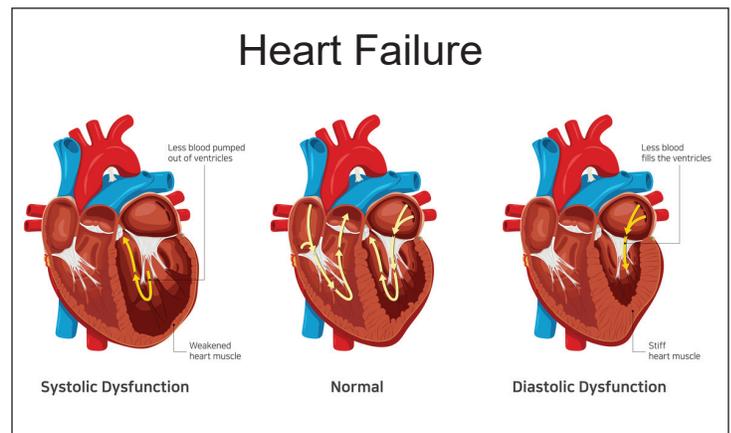
Encourage patients to increase and improve activity to help with lifestyle changes that lead to a stronger heart and better health. Cardiac therapy helps patients feel better and reduces the risk of future heart problems.

-  Personalized home exercise program designed and supervised by a physical therapist
-  Combine exercises that benefit your heart such as walking or jogging along with strength and stretching exercises
-  Gradually help you become stronger and increase flexibility to progress to your highest level of function

Anti-Coagulation Program

Reduces risk and increases positive outcomes for people taking blood thinner medications.

-  In-home PT/INR testing with results reported to physician immediately
-  Patient and family teaching on all the important aspects of safe and effective treatment with blood-thinners
-  Heparin injections, lovenox injections and coumadin monitoring



UNIQUE HEALTH CARE
SOLUTIONS

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