



Executive Diagnostics LLC

## SALIVA COLLECTION INSTRUCTIONS

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### Collection kit contents:

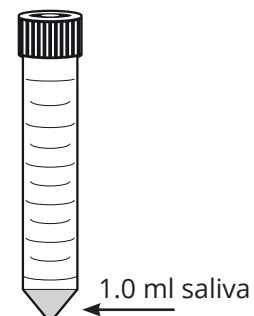
Each saliva collection kit contains the following items:

- 1 saliva collection tube with screw-top lid
- 1 sterile specimen bag
- 2 alcohol prep pads

### INTENDED USE:

This instruction is intended for the collection of the normal saliva that naturally pools into the mouth. No coughing or sniffing prior to sample collection is required.

1. Do not eat, drink, brush teeth, or chew gum 10 minutes prior to collecting saliva.
2. Please write your first and last name on the collection tube label.
3. Wash hands thoroughly for 20 seconds before starting the collection.
4. Gather saliva in mouth by closing mouth and sucking.
5. Spit into the collection tube until liquid saliva fills the very bottom of the collection tube (as pictured). Do NOT fill to the white line.
6. Using the small cap provided, screw the cap to the top of the tube.
7. Using the provided wipe, wipe the entire collection tube.
8. Place the collection tube into the sterile pouch provided.
9. Place the pouch into the white envelope provided



**For any questions related to the collection of saliva, please call Executive Diagnostics at (917) 968-4070.**