Columbia Senior Diners MENU for the week of , 2018

> Full Meals \$6 Soup & Salad only \$4 Lunch is served from 11:30am - 12:30pm Monday – Friday

Monday Oct. 15th

Penne Pasta Alfredo with Ham & Peas Parmesan Garlic Toast

Tuesday 16th

Oven Fried Chicken Drumsticks Cheesy Polenta

Wednesday 17th

Salmon Cakes with Remoulade Sauce Vegetable Cole Slaw

Thursday Oct. 18th

Tarragon Chicken Salad on Croissant Fruit Salad

> Friday Oct. 19th Meatloaf Mashed Potatoes & Gravy

Astoria Senior Center 1111 Exchange Street, Astoria, OR 97103 503-325-9693 All seniors and their guests are welcome

