Columbia Senior Diners MENU for the week of , 2018

> Full Meals \$6 Soup & Salad only \$4 Lunch is served from 11:30am - 12:30pm Monday – Friday

## Monday Oct. 15th

Penne Pasta Alfredo with Ham & Peas Parmesan Garlic Toast

## **Tuesday 16th**

Oven Fried Chicken Drumsticks Cheesy Polenta

## Wednesday 17th

Salmon Cakes with Remoulade Sauce Vegetable Cole Slaw

## Thursday Oct. 18th

Tarragon Chicken Salad on Croissant Fruit Salad

> Friday Oct. 19th Meatloaf Mashed Potatoes & Gravy

Astoria Senior Center 1111 Exchange Street, Astoria, OR 97103 503-325-9693 All seniors and their guests are welcome

