

Blood Pressure check every Wed. 12pm



ASAP Meeting – 2nd
Thursday – 4pm

PR = Pool Room; DR = Dining Room

Birthday Celebration – Last Wed.

A gathering of older men mtg – 1st
Wednesday 11:30am (lunch provided)

Senior Stitchery – Pool Room
every Wednesday @ 2pm

ASTORIA SENIOR CENTER

DECEMBER 2018

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

						1 CLOSED ENCORE Christmas Diner
2 CLOSED	3 9am – Exercise Class 10am – Yoga Class 1pm – ENCORE Mtg PR 1:15pm – Mah Jong DR	4 12:30p – Bridge Club	5 8:45am – Exercise Class 9:45am – Yoga Class 1:15pm – Mah Jong - DR 1:30pm - Beg. Line Dance 2:30pm – Adv. Line Dance	6 8:30 - Line Dance Practice 10am Crochet Class (PR) 12:30pm Bridge Club 1:15pm Pinochle 6:30pm Jam Session	7 9am – Exercise Class 1:00pm Adv. Line Dance 1:30pm Bingo DR	8 OPENS 11:00am 11am Rummikup Play 1pm Weekly Movie (shown by Shigemi)
9 CLOSED	10 9am – Exercise Class 10am – Yoga Class 1pm – ENCORE Mtg PR 1:15pm – Mah Jong DR	11 12:30p – Bridge Club	12 8:45am – Exercise Class 9:45am – Yoga Class 1:15pm – Mah Jong - DR 1:30pm - Beg. Line Dance 2:30pm – Adv. Line Dance	13 8:30 - Line Dance Practice 10am Crochet Class (PR) 12:30pm Bridge Club 1:15pm Pinochle 6:30pm Jam Session	14 9am – Exercise Class 1:00pm Adv. Line Dance 1:30pm Bingo DR	15 CLOSED 12pm ASC Christmas Diner
16 CLOSED	17 9am – Exercise Class 10am – Yoga Class 1pm – Transit Engagement 1:15pm – Mah Jong DR	18 12:30p – Bridge Club 1:30PM – Card Making DR	19 8:45am – Exercise Class 9:45am – Yoga Class 1:00PM Birthday Celebration 1:15pm – Mah Jong - DR 1:30pm - Beg. Line Dance 2:30pm – Adv. Line Dance	20 8:30am – Board Mtg 10am MbrShp Meeting 12:30pm Bridge Club 1:15pm Pinochle 6:30pm Jam Session	21 9am – Exercise Class 1:pm Adv. Line Dance 1:30pm Bingo DR	22 OPENS 11:00am 11am Rummikup Play 1pm Weekly Movie (shown by Shigemi)
23/30 CLOSED	24/31 9am – Exercise Class 10am – Yoga Class 12pm - Closing	25 CLOSED Merry Christmas	26 8:45am – Exercise Class 9:45am – Yoga Class 1:15pm – Mah Jong - DR 1:30pm - Beg. Line Dance 2:30pm – Adv. Line Dance	27 10am Crochet Class (PR) 12:30pm Bridge Club 1:15pm Pinochle 6:30pm Jam Session	28 9am – Exercise Class 1:00pm Adv. Line Dance 1:30pm Bingo DR	29 OPENS 11:00am 11am Rummikup Play 1pm Weekly Movie (shown by Shigemi)