

Blood Pressure check every Wed. 12pm

A gathering of older men mtg – 1st
Wednesday 11:30am (lunch provided)



ASAP Meeting – 2nd
Wednesday – 1pm

PR = Pool Room; DR = Dining Room CR = Classroom

Note: on Birthday Wednesdays Beg.
Line Dance will move to the following
Friday at 2pm following Adv Line
Dance

ASTORIA SENIOR CENTER

JULY 2020

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

			1 CLOSED	2 CLOSED	3 CLOSED	4 CLOSED
5 CLOSED	6 CLOSED	7 CLOSED	8 CLOSED	9 CLOSED	10 CLOSED	11 CLOSED
12 CLOSED	13 CLOSED	14 CLOSED	15 CLOSED	16 CLOSED	17 CLOSED	18 CLOSED
19 CLOSED	20 CLOSED	21 CLOSED	22 CLOSED	23 CLOSED	24 CLOSED	25 CLOSED
26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED	30 CLOSED	31 CLOSED	

NOTE –

THE SENIOR CENTER IS CLOSED.

ALL ACTIVITIES AND MEETINGS AT THE ASTORIA SENIOR CENTER ARE SUSPENDED UNTIL FURTHER NOTICE.