

PR = Pool Room; SR = Sorenson Room; CR = Classroom

LOOKING FOR A FEW GOOD MEN TO COME TO THE OLD MEN'S MEETING THE 1st WED. OF THE MONTH. 11A.M. WE HAVE FUN!

The Jam Session from 6-8:30pm
- all welcome Enjoy the music!



May 2024

ASTORIA SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1 9am – Exercise Class -CR 9:45am – Yoga Class-CR 11am – Genealogy Advice PR 1pm – Mah Jong – SR 1pm – Beg. Line Dance 2:30pm Adv Line Dance</p>	<p>2 9am -Tai Chi – CR 11am Bridge Club - CR 1:15pm Pinochle – SR 1:15 Shang-Hi Rummy - SR</p>	<p>3 9am – Exercise Class – CR 10am Acc. Grief - SR 1pm Bingo SR 1pm Adv Line Dance - CR</p>	<p>4 OPENS 11am Movie 12 pm</p> 
<p>5 CLOSED</p>	<p>6 9am – Exercise Class -CR 9am – Genealogy Advice Available 1pm - Mah Jong -SR 1pm – Water Color Class - CR</p>	<p>7 9am Tai Chi - CR 11am – Bridge Club CR 1pm Crochet Class– PR 1:30pm Bunco - SR</p>	<p>8 9am – Exercise Class -CR 9:45am – Yoga Class-CR 11am – Genealogy Advice PR 1pm – Mah Jong – SR 1pm – Beg. Line Dance 2:30pm Adv Line Dance</p>	<p>9 9am -Tai Chi – CR 11am Bridge Club - CR 1:15pm Pinochle – SR 1:15 Shang-Hi Rummy - SR</p>	<p>10 9am – Exercise Class – CR 10am Acc. Grief - CR 10am Scrapbook/Card Making Class – SR 1pm Bingo SR 1pm Adv Line Dance - CR</p>	<p>11 OPENS 11am Movie 12 pm</p> 
<p>12 CLOSED</p>	<p>13 9am – Exercise Class -CR 9am – Genealogy Advice Available 1pm – Encore Mtg PR 1pm - Mah Jong -SR 1pm – Water Color Class - CR</p>	<p>14 9am Tai Chi - CR 11am – Bridge Club CR 1pm Crochet Class– PR 1:30pm Bunco - SR</p>	<p>15 9am – Exercise Class -CR 9:45am – Yoga Class-CR 11am – Genealogy Advice PR 1pm – Mah Jong – SR 1pm – Beg. Line Dance 2:30pm Adv Line Dance</p>	<p>16 9am Board Meeting 10am – Membership Meeting (CR) 11:30am Bridge- CR 1:15pm Pinochle – SR 1:15 Shang-Hi Rummy - SR</p>	<p>17 9am – Exercise Class – CR 10am Acc. Grief - CR 1pm Bingo SR 1pm Adv Line Dance - CR</p>	<p>18 Open 11am – for Movie 12pm</p> 
<p>19 CLOSED</p>	<p>20 9am – Exercise Class -CR 9am – Genealogy Advice Available 1pm Encore Mtg – PR 1pm - Mah Jong -SR 1pm – Water Color Class - CR</p>	<p>21 9am Tai Chi - CR 11am – Bridge Club CR 1pm Crochet Class– PR 1:30pm Bunco - SR</p>	<p>22 9am – Exercise Class -CR 9:45am – Yoga Class-CR 11am – Genealogy Advice PR 1pm – Mah Jong – SR 1pm – Beg. Line Dance 2:30pm Adv Line Dance</p>	<p>23 9am -Tai Chi – CR 11am Bridge Club - CR 1:15pm Pinochle – SR 1:15 Shang-Hi Rummy - SR</p>	<p>24 9am – Exercise Class – CR 10am Scrapbk/Card Making Class – SR 1pm Bingo SR 1pm Adv Line Dance - CR</p>	<p>25 OPENS 11am Movie 12 pm</p> 
<p>26 CLOSED</p>	<p>27 CLOSED – Memorial Day Holiday</p>	<p>28 9am Tai Chi - CR 11am – Bridge Club CR 1pm Crochet Class– PR 1:30pm Bunco - SR</p>	<p>29 9am – Exercise Class -CR 9:45am – Yoga Class-CR 10:45 Geology SR 11am – Genealogy Advice PR 1pm – Mah Jong – SR 1pm – Beg. Line Dance 2:30pm Adv Line Dance</p>	<p>30 9am -Tai Chi – CR 11am Bridge Club - CR 1:15pm Pinochle – SR 1:15 Shang-Hi Rummy - SR</p>	<p>31 9am – Exercise Class – CR 12pm Birthday Party 1pm Bingo SR 1pm Adv Line Dance - CR</p>	<p>NOTE: Blood Pressure checks every Membership Meeting day @ 11am</p>