

**Columbia Senior Diners**  
**MENU for the week of January 24<sup>th</sup>, 2022**  
**Dining Room open for lunch 11:00 – 12:00**  
**Full Meals with Salad \$6 / Soup and Salad \$4**

**Columbia Senior Diners has resumed in person lunches at the Astoria Senior Center!**  
**If you desire to receive a meal from the CSD for delivery or pickup,**  
**please call 503-325-9693 before 9:30 a.m.**

***Monday through Friday***  
**January 24<sup>th</sup> - 28<sup>th</sup>**

**Monday**  
**Sesame Teriyaki**  
**Pork Stir Fry**

**Tuesday**  
**Steaks in Mushroom Demi**  
**and dinner rolls with veggies**

**Wednesday**  
**Enchiladas**  
**with rice & black beans**

**Thursday**  
**Portobello Mushroom Ravioli**  
**in red sauce with garlic bread**

**Friday**  
**Crispy Fried Chicken**  
**with peas & carrots & Fries**

**Volunteer Delivery Drivers and Prep Volunteers Needed. CALL TODAY. 503-325-9693**

**PLEASE NOTE: You and your guest MUST have been vaccinated to enter the Astoria Senior Center and the dining facility, and proof of vaccination will be required. Note: Masks are always required now, except for eating while seated at the diner. Thanks to all for your continued cooperation and keeping everyone safe!**

**Astoria Senior Center**  
**1111 Exchange Street, Astoria, OR 97103**  
**503-325-9693**  
**All seniors and their guests are welcome**

