## Columbia Senior Diners MENU for the week of February 18th, 2019

Full Meals \$6 Soup & Salad only \$4 Lunch is served from 11:30am - 12:30pm Monday – Friday

## **Monday**

Baked Chicken, Cheesy grits and vegetable

**Tuesday** 

Baked Ham, twice baked potato, vegetable

Wednesday

Tuna melt with cheese, Chips, and fruit salad

**Thursday** 

Baked Salmon with fruit salsa, Rice pilaf

**Friday** 

Meat Loaf, mashed potatoes, gravy Vegetable Medley

Astoria Senior Center
1111 Exchange Street, Astoria, OR 97103
503-325-9693
All seniors and their guests are welcome

