

**Columbia Senior Diners**  
**MENU for the week of March 11<sup>th</sup>, 2019**

**Full Meals \$6**  
**Soup & Salad only \$4**  
**Lunch is served from**  
**11:30am - 12:30pm**  
**Monday – Friday**

**Monday**

**Sloppy Joes and Hash Browns**

**Tuesday**

**Seared Chicken, black beans and rice**

**Wednesday**

**Corned beef, Cabbage Potato Mash**  
**Soda bread**

**Thursday**

**Calzone and fresh**  
**vegetables**

**Friday**

**Salmon loaf with mixed**  
**vegetables**

**Astoria Senior Center**  
**1111 Exchange Street, Astoria, OR 97103**  
**503-325-9693**  
**All seniors and their guests are welcome**

