## Columbia Senior Diners MENU for the week of March 18th, 2019

Full Meals \$6 Soup & Salad only \$4 Lunch is served from 11:30am - 12:30pm Monday – Friday

## Monday Spinach and Turkey Frittata With fruit salad

Tuesday
Penne Pasta with Albacore Tuna
And fresh vegetables

Wednesday
Baked Chicken and
Creamy Scalloped Potatoes

Thursday
Swiss and Pastrami Rueben
And fries

Friday
Meatloaf, gravy and
Baked potatoes

Astoria Senior Center
1111 Exchange Street, Astoria, OR 97103
503-325-9693
All seniors and their guests are welcome

