Columbia Senior Diners MENU for the week of July 15th, 2019

Full Meals \$6 Soup & Salad only \$4 Lunch is served from 11:30am - 12:30pm Monday – Friday

July 15 to July 19, 2019

Monday
Parmesan Pork Cutlets with
Tomato Sauce and Orzo

Tuesday
Hash Browns and Brat
Sausage
Cornbread

Wednesday
Roasted lamb in Burgundy
Reduction Sauce
Roasted Potatoes

Thursday
Sesame Ginger Chicken Breast
and Asian Noodle Salad

Friday
Chuck Roast Roll and
Mashed Potatoes
Steamed Broccoli

Astoria Senior Center
1111 Exchange Street, Astoria, OR 97103
503-325-9693
All seniors and their guests are welcome

