

Columbia Senior Diners
MENU for the week of September 9th, 2019

Full Meals \$6
Soup & Salad only \$4
Lunch is served from
11:30am - 12:30pm
Monday – Friday

September 9 to September 13, 2019

Monday

Chicken Salad Sandwich
Macaroni Salad

Tuesday

Waikiki Meatballs with
with Rice and Vegetables

Wednesday

Pork Loin
Twice Baked Potatoes
Vegetable

Thursday

Sun Dried Tomato Frittata
Couscous and Vegetables

Friday

Top Sirloin
Mashed Potatoes and
Veggie Mix

Astoria Senior Center
1111 Exchange Street, Astoria, OR 97103
503-325-9693
All seniors and their guests are welcome

