

**Columbia Senior Diners**  
**MENU for the week of October 18<sup>th</sup>, 2021**  
**Dining Room open for lunch 11:00 – 12:00**  
**Full Meals with Salad \$6 / Soup and Salad \$4**

**Columbia Senior Diners has resumed in person lunches at the Astoria Senior Center!**  
**Meals are still delivered to homes as in the past. If you desire to receive a meal from the CSD for delivery, please call 503-325-9693.**

***Monday through Friday***  
**October 18<sup>th</sup> – 22<sup>nd</sup>**

**Monday**  
**Pork Stir Fry**  
**in ginger garlic sauce**

**Tuesday**  
**Chicken Enchiladas**  
**with rice**

**Wednesday**  
**Sausage + Egg Breakfast**  
**with peppers + onions**

**Thursday**  
**Chicken Parmesan**  
**Sandwiches, with veggies**

**Friday**  
**Steaks with Mushroom Demi**  
**and mashed potatoes**

**Prep, dishwasher and backup driver**  
**volunteer help needed!**  
**CALL TODAY. 503-325-9693**

**PLEASE NOTE: You and your guest MUST have been vaccinated to enter the Astoria Senior Center and the dining facility, and proof of vaccination will be required. Note: Masks are always required now, except for eating while seated at the diner. Thanks to all for your continued cooperation and keeping everyone safe!**

**Astoria Senior Center**  
**1111 Exchange Street, Astoria, OR 97103**  
**503-325-9693**  
**All seniors and their guests are welcome**

