

PR = Pool Room; SR = Sorenson Room; CR = Classroom

LOOKING FOR A FEW GOOD MEN TO COME TO THE OLD MEN'S MEETING THE 1st WEDNESDAY OF THE MONTH. 11A.M. WE HAVE FUN!

The Jam Session from 6-8:00PM – all welcome Enjoy the music!




Every Thursday

NOTE: Blood Pressure checks every Membership Meeting day @ 11am



July 2024

ASTORIA SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9am – Exercise Class -CR 9am – Genealogy Advice Available 1pm - Mah Jong -SR 1pm – Water Color Class - CR	2 9am Tai Chi - CR 11am – Bridge Club CR 1pm Crochet Class– PR 1:30pm Bunco - SR	3 9am – Exercise Class -CR 9:45am – Yoga Class–CR 1pm – Mah Jong – SR 1pm – Beg. Line Dance 2:30pm Adv Line Dance	4 CLOSED 4 TH OF JULY	5 9am – Exercise Class – CR 10am Acc. Grief - CR 10am Scrapbook/Card Making Class – SR 1pm Bingo SR 1pm Adv Line Dance	6 OPENS 11am Movie 12 pm 
7 CLOSED	8 9am – Exercise Class -CR 9am – Genealogy Advice Available 1pm - Mah Jong -SR 1pm – Water Color Class - CR	9 9am Tai Chi - CR 11am – Bridge Club CR 1pm Crochet Class– PR 1:30pm Bunco - SR	10 9am – Exercise Class -CR 9:45am – Yoga Class–CR 1pm – Mah Jong – SR 1pm – Beg. Line Dance 2:30pm Adv Line Dance	11 9am -Tai Chi – CR 11am Bridge Club - CR 1:15pm Pinochle – SR 1:15 Shang-Hi Rummy - SR	12 9am – Exercise Class – CR 10am Acc. Grief - CR 10am Scrapbook/Card Making Class – SR 1pm Bingo SR 1pm Adv Line Dance	13 OPENS 11am Movie 12 pm 
14 CLOSED	15 9am – Exercise Class -CR 9am – Genealogy Advice Available 1pm - Mah Jong -SR 1pm – Water Color Class - CR	16 9am Tai Chi - CR 11am – Bridge Club CR 11am – CMM presentation SR 1pm Crochet Class– PR 1:30pm Bunco - SR	17 9am – Exercise Class -CR 9:45am – Yoga Class–CR 1pm – Mah Jong – SR 1pm – Beg. Line Dance 2:30pm Adv Line Dance	18 9am Board Meeting 10am – Membership Meeting (CR) 11:30am Bridge- CR 1:15pm Pinochle – SR 1:15 Shang-Hi Rummy - SR	19 9am – Exercise Class – CR 10am ScrapBk/Card Making Class – SR 1pm Bingo SR 1pm Adv Line Dance	20 Open 11am – for Movie 12pm 
21 CLOSED	22 9am – Exercise Class -CR 9am – Genealogy Advice Available 1pm Encore Mtg – PR 1pm - Mah Jong -SR 1pm – Water Color Class - CR	23 9am Tai Chi - CR 11am – Bridge Club CR 1pm Crochet Class– PR 1:30pm Bunco - SR	24 9am – Exercise Class -CR 9:45am – Yoga Class–CR 1pm – Mah Jong – SR 1pm – Beg. Line Dance 2:30pm Adv Line Dance	25 9am -Tai Chi – CR 11am Bridge Club - CR 1:15pm Pinochle – SR 1:15 Shang-Hi Rummy - SR	26 9am – Exercise Class – CR 10am ScrapBk/Card Class SR 12pm Birthday Party 1pm Bingo SR 1pm Adv Line Dance	27 OPENS 11am Movie 12 pm 
28 CLOSED	29 9am – Exercise Class -CR 9am – Genealogy Advice Available 1pm - Mah Jong -SR 1pm – Water Color Class - CR	30 9am Tai Chi - CR 11am – Bridge Club CR 1pm Crochet Class– PR 1:30pm Bunco - SR	31 9am – Exercise Class -CR 9:45am – Yoga Class–CR 1pm – Mah Jong – SR 1pm – Beg. Line Dance 2:30pm Adv Line Dance			