



ATTENTION ALL SENIORS!



IF YOU HAVEN'T ALREADY JOINED, WE WOULD LIKE TO INTRODUCE YOU TO THE ASTORIA SENIOR CENTER. OUR SENIOR CENTER IS A WONDERFUL PLACE TO COME MAKE NEW FRIENDS OR SPEND TIME WITH OLD FRIENDS. EVERYONE OVER 60 IS WELCOME. WE ARE A FRIENDLY, FUN AND SUPPORTIVE PLACE TO VISIT. WE OFFER CLASSES IN YOGA, CHAIR EXERCISE, TAI CHI, AND LINE DANCE. WE HAVE A CROCHET/KNITTING GROUP, MAH JONG, PINOCHLE, SHANG-HAI RUMMY, AND BRIDGE! IF THAT ISN'T ENOUGH, WE PLAY BINGO ON FRIDAY AFTERNOONS. MORE? CURRENTLY AVAILABLE CLASSES ARE GENEALOGY AND EXPLORING SCIENCE – PROVIDED BY ENCORE. SOMETHING NEW IS BUNCO TWICE A MONTH AND EVERY SATURDAY WE HAVE A FREE MOVIE AND POPCORN!

MEMBERS HAVE ACCESS TO OUR COMPUTERS AND COPY MACHINE. LIKE TO READ OR WATCH VIDEOS? WE HAVE A GREAT SELECTION OF BOOKS TO TAKE HOME AND DVD'S TO BORROW.

EVERY FRIDAY WE OFFER HAIRCUTS, FREE OF CHARGE!

SIGN UP FOR A BUS TRIP TO VARIOUS PLACES - THE CASINO? SHOPPING? A PLAY? LET'S GO!

COFFEE, TEA AND SNACKS ARE ALWAYS AVAILABLE FOR YOU TO ENJOY. WORK ON THE LATEST PUZZLE, OR CHAT WITH OTHER SENIORS.

WHEN IS YOUR BIRTHDAY? WE HAVE A MONTHLY BIRTHDAY PARTY WITH CAKE AND ICE CREAM. 

DON'T FORGET THE MONTHLY MEN'S MEETING. SOMETIMES THERE IS A GUEST SPEAKER OR THE GROUP CHOOSES THEIR OWN TOPICS TO DISCUSS. LOTS OF WAR STORIES HERE!

GAME OF POOL ANYONE? WE HAVE A BEAUTIFUL POOL TABLE READY AND WAITING.

OUR DIRECTOR IS A GREAT GUY WHO IS MORE THAN HAPPY TO HELP YOU WITH ANYTHING YOU MIGHT NEED, OFFERING LOTS OF HELPFUL INFORMATION. HE IS ALSO A NOTARY FOR TAKING CARE OF THOSE IMPORTANT DOCUMENTS!

MEMBERSHIP IS ONLY \$20 A YEAR; HOWEVER, YOU NEED TO BE 60 TO JOIN. ALL MEMBERS NEED TO HAVE BEEN VACCINATED FOR THE SAFETY OF EVERYONE.

PLEASE STOP BY AND SEE WHAT WE HAVE TO OFFER. WE'D LOVE TO SEE YOU! 1111 Exchange St. (503)325-3231