



Trend Trade

Trend trade For Commercial Investment



Vegie Türk

Frozen vegetables and fruits

Keeping it frozen, keeping it green!

Bringing Nature's Finest To Your Doorstep



www.vegieturk.com

About Us

TREND TRADE is a startup Egyptian company specialized in Manufacturing, selling and exporting IQF frozen fruits and vegetables under our brand name (**Vegie Turk**)

TREND TRADE is keen to provide high quality of fruit and vegetable crops, Which is carefully monitored to maintain its quality and nutritional value. Then the harvesting stage, where the warehouse and logistics base is located near our farms to maintain the quality of our products during sorting, cleaning, and washing. This process is done in an automated and high-tech way to maintain the continuity of quality and nutritional value. Finally the freezing stage, which is done individually Fast (IQF) to retain full flavor, quality and nutrients.

TREND TRADE provides the highest quality crops of fruits and vegetables to preparation and distribution while meeting the strict standards for Food Safety.

We also care about the ideal presentation of fruits and vegetables both in wholesale packages and individual packages.

Import and export of frozen vegetables and fruits are in high demand in the global market, and is expected to increase in the coming years. At **TREND TRADE**, we strive to exceed customer expectations by offering a superior product and competitive prices.

Who We Are?

This is where your expedition starts, and we will take you from Farm to Fork.

We love to tell you everything you want to know about us our values, our history, our process and who we Serve.

We workday in and day out to deliver the most tasteful Food, fresh from the land of the Nile.

We always make sure the fresh taste of the field ends up on your plate too.

Mission

To improve consumers' lifestyles by unlocking the potential of nature and delivering the best quality food from soil.

To achieve this goal, we focus on 4 main pillars

➤ **Our People:**

We strive to have the best team whose goal is to deliver the highest standards to ensure the best food experience is delivered to our customers dining table.

➤ **Our Partners:**

Our suppliers are our partners. We insist on establishing long-term partnerships with our suppliers and integrate the farms into our production cycle.

➤ **Our Products:**

We ensure that our products meet the highest quality and food safety standards by; hand –picking the raw material, utilizing expert technical knowledge & advanced machinery, and controlling the production cycle end to end.

➤ **Our Service:**

With a very diversified global portfolio, we offer a personalized customer experience to maximize satisfaction and to efficiently anticipate and react to our customer's needs.

Frozen Products

1- Vegetables



Molokhia



Green beans



Spinach



Mixed vegetables



Peas



Broad beans



Cauliflower



Okra



Artichoke



Grilled eggplant



Sweet corn



Broccoli



French fries



Colocasia -Taro



Frozen Green Peas

Vegie Türk's Frozen Peas are a burst of freshness in every bite. Picked at the peak of ripeness and frozen quickly to preserve their sweet flavour and vibrant green colour, our 400g pack offers the perfect blend of taste and convenience. Whether added to your favourite soups, salads, or sides, these peas bring a touch of spring to any meal, any time of the year. Enjoy the nutritional benefits of fresh peas with the ease of our frozen variety, ensuring delicious, healthy meals are always within reach.



Energy and nutrients	%DV	For 100g
Energy	-	220.93 kJ / 52.61 kcal
Fats	0.10 %	0.09 g
Saturated fats	-	0 g
Trans fats	-	0 g
Carbohydrate	2.70 %	6.90 g
Sugar	12.00 %	6 g
Dietary fiber	14.00 %	4 g
Protein	6.00 %	3 g
Salt	0.12 %	0.125 g

HS CODE

07102100

Packing

Bulk : 10 kg / 20kg / 25kg
Catering : (8 kg carton) 8 kg x 1 bag (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

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Frozen Okra Extra

Delight in the unique flavour and texture of Vegie Türk's Frozen Grilled Okra Extra. Expertly selected for size and quality, each 400g pack contains okra that has been lightly grilled to enhance its natural sweetness and provide a satisfying crunch. Perfect for adding a gourmet touch to any dish, our grilled okra extra is a convenient and flavourful way to incorporate the goodness of vegetables into your diet. Experience the extra taste and extra quality, bringing a dash of Mediterranean magic straight to your table.



Energy and nutrients	%DV	For 100g
Energy	-	168,3 kJ / 39,9 kcal
Fats	0.04 %	0.25 g
Saturated fats	-	0.065 g
Trans fats		0 g
Carbohydrate	2.60 %	6.63 g
Sugar	6.00 %	2.97 g
Dietary fiber	7.90 %	2.2 g
Protein	3.50 %	1.69 g
Salt	0.75 %	0.0075 g

HS CODE

07108090

Packing

Bulk : 10 kg / 20kg / 25kg
Catering : (8 kg carton) 8 kg x 1 bag
 (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

www.vegieturk.com

Frozen Fine Okra

Discover the delicate texture and rich flavour of **Vegie Türk's** Frozen Fine Okra. Each 400g pack contains tender, finely selected okra, frozen at its freshest to preserve its natural taste and nutritional benefits. Ideal for gourmet dishes, stews, or as a healthy side, our fine okra offers a versatile and easy way to add elegance and nutrition to your meals. Enjoy the simplicity of premium okra, bringing a hint of the Mediterranean to your table with every bite.



Energy and nutrients	%DV	For 100g
Energy	-	168,3 kJ / 39,9 kcal
Fats	0.04 %	0.25 g
Saturated fats	-	0.065 g
Trans fats		0 g
Carbohydrate	2.60 %	6.63 g
Sugar	6.00 %	2.97 g
Dietary fiber	7.90 %	2.2 g
Protein	3.50 %	1.69 g
Salt	0.75 %	0.0075 g

HS CODE
07108090

Packing
Bulk : 10 kg / 20kg / 25kg Catering : (8 kg carton) 8 kg x 1 bag (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.



Frozen Okra Zero

Introducing **Vegie Türk's** Frozen Okra Zero - your guilt-free way to savour the goodness of fresh okra, any day, any time. Our okra is picked at its nutritional peak, ensuring each 400g/14oz pack is brimming with fiber, vitamins, and the natural, crisp flavour you love, with zero additives. Perfect for stews, curries, or as a nutritious side, our Frozen Okra Zero makes healthy eating effortless and delicious. Unlock the potential of every meal with the pure, wholesome taste of our meticulously selected okra.



Energy and nutrients	%DV	For 100g
Energy	-	168,3 kJ / 39,9 kcal
Fats	0.04 %	0.25 g
Saturated fats	-	0.065 g
Trans fats		0 g
Carbohydrate	2.60 %	6.63 g
Sugar	6.00 %	2.97 g
Dietary fiber	7.90 %	2.2 g
Protein	3.50 %	1.69 g
Salt	0.75 %	0.0075 g

HS CODE

07108090

Packing

Bulk : 10 kg / 20kg / 25kg
Catering : (8 kg carton) 8 kg x 1 bag
 (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

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Frozen Big Extra Okra

Experience the hearty texture and full flavour of **Vegie Türk's** Frozen Big Extra Okra. Our 400g pack is brimming with large, hand-selected okra pods, frozen swiftly to capture their freshness and distinctive taste. Ideal for those who love their okra with a bit more bite, this big extra variety adds a robust presence to any dish, from stews to sautés. Enjoy the convenience of premium okra with extra size and extra flavour, making your meals more memorable and nutritious.



Energy and nutrients	%DV	For 100g
Energy	-	168,3 kJ / 39,9 kcal
Fats	0.04 %	0.25 g
Saturated fats	-	0.065 g
Trans fats		0 g
Carbohydrate	2.60 %	6.63 g
Sugar	6.00 %	2.97 g
Dietary fiber	7.90 %	2.2 g
Protein	3.50 %	1.69 g
Salt	0.75 %	0.0075 g

HS CODE

07108090

Packing

Bulk : 10 kg / 20kg / 25kg
Catering : (8 kg carton) 8 kg x 1 bag
 (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season

Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.



Frozen Spinach

Experience the best of nature with Vegie Türk's Frozen Spinach. Harvested at its peak for optimum flavour and nutritional value, our spinach is quickly frozen to preserve its freshness, vitamins, and vibrant green colour. Perfect for smoothies, soups, and side dishes, this 400g/14oz pack offers convenience without compromising on quality or taste. Enjoy the wholesome goodness of our spinach, bringing health and flavour to your table with ease.



Energy and nutrients	%DV	For 100g
Energy	-	220.93 kJ / 52.61 kcal
Fats	1 %	0.9 mg
Saturated fats	1 %	0.2 mg
Trans fats	-	0 mg
Carbohydrate	2 %	4.8 mg
Sugar	1 %	0.5 mg
Dietary fiber	13 %	3.7 gm
Protein	8 %	4 gm
Salt	4 %	9.7 mg

HS CODE

07103000

Packing

Bulk : 10 kg / 20kg / 25kg
Catering : (8 kg carton) 8 kg x 1 bag
 (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

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Frozen Molokhia Minced

Bring the authentic flavours of the Middle East to your kitchen with Vegie Turk's Frozen Molokhia Leaves. Our 400g pack captures the essence of this beloved green, known for its health benefits and rich, savoury taste. Harvested at their peak and quickly frozen to preserve their nutritional value and texture, these Molokhia leaves are perfect for traditional recipes or as a nutritious spin on your favourite dishes. Easy to prepare and versatile, they offer a convenient way to enjoy a staple of Middle Eastern cuisine with all the freshness and flavour intact.



Energy and nutrients	%DV	For 100g
Energy	-	150,5 kJ / 35,6 kcal
Fats	0.02 %	0,02 g
Saturated fats	-	0 g
Trans fats	-	0 g
Carbohydrate	2.70 %	6,5 g
Sugar	12.00 %	0 g
Dietary fiber	14.00 %	1,3 g
Protein	6.00 %	1,7 g
Salt	0.12 %	0,1125 g

HS CODE

0710.80.7060

Packing

Bulk : 10 kg / 20kg / 25kg
Catering : (8 kg carton) 8 kg x 1 bag
 (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season

Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

www.vegieturk.com



Frozen Molokhia Leaves

Embrace the traditional flavours of Egypt with **Vegie Türk** 's Frozen Molokhia Minced. Our 400g pack delivers the rich, velvety texture of finely minced Molokhia leaves, frozen quickly to retain their deep, earthy flavour and vibrant green colour. Perfect for crafting the classic Molokhia soup or as a nutritious addition to any meal, our Molokhia is a testament to our commitment to bringing authentic, wholesome foods to your kitchen. Convenient and delicious, it's an easy way to enjoy a staple of Egyptian cuisine any time.



Energy and nutrients	%DV	For 100g
Energy	-	150,5 kJ / 35,6 kcal
Fats	0.02 %	0,02 g
Saturated fats	-	0 g
Trans fats	-	0 g
Carbohydrate	2.70 %	6,5 g
Sugar	12.00 %	0 g
Dietary fiber	14.00 %	1,3 g
Protein	6.00 %	1,7 g
Salt	0.12 %	0,1125 g

HS CODE
0710.80.9750
Packing
Bulk : 10 kg / 20kg / 25kg Catering : (8 kg carton) 8 kg x 1 bag (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

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Frozen Broad Beans

Vegie Turk's Frozen Broad Beans are a celebration of flavour and nutrition in every 400g pack. Harvested at their freshest, these beans are immediately frozen to capture their creamy texture and sweet taste. Perfect for traditional recipes or as a nutritious side, our broad beans are a versatile kitchen staple. Rich in protein, fibre, and iron, they're an excellent addition to any meal, offering health benefits and deliciousness in equal measure. Elevate your dishes with the natural goodness of our carefully selected broad beans.



Energy and nutrients	%DV	For 100g
Energy	-	273.08 KJ / 64.43 Kcal
Fats	0.04 %	0.25 mg
Saturated fats	-	0.065 mg
Trans fats	-	0 gm
Carbohydrate	2.6 %	6.63 gm
Sugar	6 %	2.97 gm
Dietary fiber	7.9 %	2.2 gm
Protein	4 %	1.69 gm
Salt	0.01 %	3 mg

HS CODE
0710800000
Packing
Bulk : 10 kg / 20kg / 25kg Catering : (8 kg carton) 8 kg x 1 bag (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

Frozen Green Cut Beans

Vegie Türk's Frozen Cut Green Beans are a convenient and nutritious addition to your meals. These tender green beans are carefully selected, cut, and frozen to preserve their freshness. Whether you're preparing a hearty stew, stir-fry, or a simple side dish, these beans are a versatile choice. They're a natural source of fibre and suitable for vegetarians. Each 80g serving provides one portion of your recommended 5-a-day fruit and vegetables. Store them in a cool, dry place, and once opened, transfer any unused portion into a non-metallic container and refrigerate for up to 2 days.



Energy and nutrients	%DV	For 100g
Energy	-	422.01 kJ / 99.87 kcal
Fats	0.10 %	0.09 g
Saturated fats	-	0 g
Trans fats	-	0 g
Carbohydrate	2.70 %	6.90 g
Sugar	12.00 %	6 g
Dietary fiber	14.00 %	4 g
Protein	6.00 %	3 g
Salt	0.12 %	0.125 g

HS CODE
0710220020
Packing
Bulk : 10 kg / 20kg / 25kg Catering : (8 kg carton) 8 kg x 1 bag (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.



Frozen Mixed Vegetables

Savour the convenience and taste of Vegie Türk's Frozen Mixed Vegetables, featuring a classic blend of peas, carrots, and string beans in one 400g pack. Each vegetable is selected for its freshness and quick-frozen to lock in flavour, colour, and nutritional value. Ideal for stir-fries, soups, or as a vibrant side dish, this mix offers a wholesome and easy way to enrich your meals with variety and goodness. Enjoy the simplicity of preparing nutritious, delicious dishes with our perfectly balanced blend of peas, carrots, and string beans.



Energy and nutrients	%DV	For 100g
Energy	-	203.63 kJ / 48.4 kcal
Fats	0.10 %	0.09 g
Saturated fats	-	0 g
Trans fats	-	0 g
Carbohydrate	2.70 %	6.90 g
Sugar	12.00 %	6 g
Dietary fiber	14.00 %	4 g
Protein	6.00 %	3 g
Salt	0.12 %	0.125 g

HS CODE
20049098
Packing
Bulk : 10 kg / 20kg / 25kg Catering : (8 kg carton) 8 kg x 1 bag (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Percentage of items		
Carrot	Peas	Green beans
50 %	25 %	25 %



Frozen mixed vegetables, potatoes

Are you tired of bland, uninspiring frozen veggies? Look no further!

Vegie Türk brings you a delightful blend of garden-fresh goodness in one convenient pack. Our 400g mix combines the vibrant colours and flavours of peas, carrots, and potatoes, making it the perfect addition to your meals..



Energy and nutrients	%DV	For 100g
Energy	-	1176.4 Kj/ 278 Kcal
Fats	0.6 %	0.09 g
Saturated fats	0.1 %	0 g
Trans fats	0	0 g
Carbohydrate	55.6 %	6.90 g
Sugar	14.2 %	6 g
Dietary fiber	10.4 %	4 g
Protein	7.4 %	3 g
Salt	4.9 %	0.125 g

HS CODE

20049098

Packing

Bulk : 10 kg / 20kg / 25kg
Catering : (8 kg carton) 8 kg x 1 bag (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Percentage of items		
Carrot	Peas	potato
50 %	25 %	25 %



Frozen Peas & Carrots

Are you tired of bland, uninspiring frozen veggies? Look no further!

Vegie Turk brings you a delightful blend of garden-fresh goodness in one convenient pack. Our 400g mix combines the vibrant colours and flavours of peas and carrots, making it the perfect addition to your meals..



Energy and nutrients	%DV	For 100g
Energy	-	478.19 kJ/113.38 kcal
Fats	0.20	0.13 g
Saturated fats	-	0 g
Trans fats	-	0 g
Carbohydrate	2.80 %	8.6 g
Sugar	6.00 %	2.97g
Dietary fiber	16.50 %	3 g
Protein	7.5 %	3.7 g
Salt	0.22 %	0,200 g

HS CODE

20049098

Packing

Bulk : 10 kg / 20kg / 25kg
Catering : (8 kg carton) 8 kg x 1 bag
(10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Percentage of items	
Carrot	Peas
50 %	50 %

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Frozen Grilled Eggplant

Indulge in the smoky richness of **Vegie Türk's** Frozen Grilled Eggplant, a culinary delight straight from the heart of Egypt. Each 400g pack captures the essence of perfectly grilled eggplant, charred to perfection and then frozen to seal in its robust flavour and tender texture. Ideal for dips, sandwiches, or as a savoury side, our grilled eggplant is a versatile and delicious way to elevate your meals. Enjoy the convenience of gourmet grilled vegetables any day, ensuring a touch of Mediterranean flair in your kitchen.



Energy and nutrients	%DV	For 100g
Energy	-	266.3Kj/63.3Kcal
Fats	13 %	0.07 g
Saturated fats	7 %	1.4 g
Trans fats	0	0 g
Carbohydrate	4 %	11 g
Sugar	11 %	5.19 g
Dietary fiber	15 %	3.7 g
Protein	2 %	1.4 g
Salt	16 %	37.5 g

HS CODE

07093000

Packing

Bulk : 10 kg / 20kg / 25kg
Catering : (8 kg carton) 8 kg x 1 bag
 (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season

Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

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Frozen Sweet Corn

Vegie Turk's Frozen Sweet Corn 400 gm is a premium product imported from Egypt. These **IQF (Individually Quick Frozen) sweet corn kernels offer unbeatable wholesale prices and unparalleled quality, giving you a competitive edge in the global market¹. Whether you're boiling, steaming, or grilling, these sweet corn kernels are a convenient way to enjoy their natural sweetness all year round. 🌽🌱 If you're looking for a versatile and delicious addition to your meals, Vegie Turk's 400 gm pack of frozen sweet corn is a great choice! 😊



Energy and nutrients	%DV	For 100g
Energy	4 %	359.824 kj/86 kcal
Fats	2 %	1.35 g
Saturated fats	-	0.32 g
Trans fats	-	0 g
cholesterol	0 %	0 mg
sodium	1 %	15 mg
Carbohydrate	6 %	18.7 gr
Sugar	-	6.26 mg
Dietary fiber	8 %	2 g
Protein	7 %	3.27 g

HS CODE
07104000
Packing
Bulk : 10 kg / 20kg / 25kg Catering : (8 kg carton) 8 kg x 1 bag (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season

Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

Frozen Artichokes Bottom

Certainly! **Vegie Turk's** Frozen Artichoke Bottoms are a delightful addition to your culinary repertoire. These tender and flavourful artichoke bottoms are **IQF (Individually Quick Frozen), preserving their natural taste and texture. Here are some ways you can enjoy them:

- Cooking with Vegetables
- Pasta Dishes
- Appetizers and Side Dishes

Feel free to explore these culinary possibilities with Vegie Turk's Frozen Artichoke Bottoms! 🍷🌿



Energy and nutrients	%DV	For 100g
Energy	-	188.28kj/45 kcal
Fats	1 %	0 g
Saturated fats	1 %	0 g
Trans fats	-	0 g
cholesterol	0 %	0 g
sodium	12 %	289 mg
Carbohydrate	3 %	9 g
Sugar	-	1 g
Dietary fiber	18 %	5 g
Protein	6 %	3 g

HS CODE

07108085

Packing

Bulk : 10 kg / 20kg / 25kg
Catering :(8 kg carton) 8 kg x 1 bag
 (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season

Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

Frozen Artichokes Quarters

Vegie Turk's Frozen Artichoke Quarters are a delightful addition to your culinary repertoire. These tender artichoke quarters are IQF (Individually Quick Frozen), preserving their natural taste and texture. Here are some ways you can enjoy them:

- Cooking with Vegetables
- Roasted Artichoke Hearts
- Creative Dishes

Feel free to explore these culinary possibilities with Vegie Turk's Frozen Artichoke Quarters! 😊 🌿



Energy and nutrients	%DV	For 100g
Energy	-	188.28kj/45 kcal
Fats	1 %	0 g
Saturated fats	1 %	0 g
Trans fats	-	0 g
cholesterol	0 %	0 g
sodium	12 %	289 mg
Carbohydrate	3 %	9 g
Sugar	-	1 g
Dietary fiber	18 %	5 g
Protein	6 %	3 g

HS CODE

07108085

Packing

Bulk : 10 kg / 20kg / 25kg
Catering : (8 kg carton) 8 kg x 1 bag
 (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 400 gm x 20 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season

Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.



Frozen Broccoli

Discover the vibrant taste and nutritional powerhouse of Vegie Türk's Frozen Broccoli. Our 1kg pack is filled with carefully selected, perfectly cut florets of broccoli, frozen quickly to lock in their natural goodness, flavour, and bright green hue. Ideal for a variety of dishes from stir-fries to casseroles, our broccoli offers convenience without sacrificing quality. Rich in vitamins, fibre, and antioxidants, it's the perfect addition to your healthy lifestyle. Enjoy the convenience of premium, farm-fresh broccoli all year round, with Vegie Türk.



Energy and nutrients	%DV	For 100g
Energy	-	228.28 KJ / 53.98 Kcal
Fats	0.05 %	0.5 mg
Saturated fats	-	0 mg
Trans fats	-	0 mg
Carbohydrate	4.5 %	8.3 gm
Sugar	9 %	4.5 gm
Dietary fiber	1 %	0.3 gm
Protein	1.9 %	0.8 gm
Salt	0.05 %	0.2 gm

HS CODE
07108090
Packing
Bulk : 10 kg / 20kg / 25kg Catering : (8 kg carton) 8 kg x 1 bag (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags Retail : 1 kg x 8 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	9 tones /1125 cartons	9 tones /900 cartons
40 feet Cont. capacity	18 tones/2250 cartons	18 tones /1800 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

www.vegieturk.com

Frozen Cauliflower

Vegie Türk's Frozen Cauliflower is a testament to simplicity and health, packed in a generous 1 kg bag for your convenience. Selected for its freshness and quick-frozen to lock in its natural taste and nutritional benefits, our cauliflower florets offer versatility and ease for any meal. Ideal for roasting, stir-frying, or blending into soups and sauces, this cauliflower retains its crisp texture and mild, sweet flavour. Enjoy the wholesome goodness of cauliflower in your dishes all year round, making healthy eating effortlessly delicious.



Energy and nutrients	%DV	For 100g
Energy	-	422.01KJ / 99.87 Kcal
Fats	0.05 %	0.5 mg
Saturated fats	-	0 mg
Trans fats	-	0 mg
Carbohydrate	4.2 %	8.3 gm
Sugar	8.6 %	4.5 gm
Dietary fiber	1.4 %	0.3 gm
Protein	1.8 %	0.8 gm
Salt	0.04 %	0.2 gm

HS CODE

0710.80.9730

Packing

Bulk : 10 kg / 20kg / 25kg
Catering : (8 kg carton) 8 kg x 1 bag
 (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 1 kg x 8 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	9 tones /1125 cartons	9 tones /900 cartons
40 feet Cont. capacity	18 tones/2250 cartons	18 tones /1800 cartons

Season

Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.



Frozen Pre-fried Potato

we supply high-quality frozen French fries under (Vegie Turk) brand name .

Our capabilities include:

➤ POTATO VARIETY:

Asterix - Diamant - Santana - TAS - DPT - Sponta - ... etc.

➤ Sourcing:

We select only the finest quality potatoes, primarily from our trusted farms , ensuring a consistent product year-round.

Processing:

The processing lines are equipped with the technology to cut and size the fries to precise dimensions, catering to various market needs.

Size available 7*7 mm & 9*9 mm

➤ Blanching & Pre-frying:

The potatoes undergo a careful blanching process to ensure the perfect texture, followed by pre-frying in high-quality vegetable oil to achieve a golden appearance and delicious Crispy taste.

➤ Freezing:

Using Individual Quick Freezing (IQF) technology, we rapidly freeze the French fries to lock in freshness, flavor, and nutritional value.

➤ Packaging:

We offer flexible packaging options, from retail packs to bulk packaging, all designed to maintain product integrity during transport and storage.

➤ Packing available:

2.5 kg * 4 bags (10 kg carton box).

Available packing bags weight as your requirements



How to use

Fry the potatoes in a frying pan in small quantities while they are in their frozen state in hot oil at 175 degrees Celsius for 3-4 minutes.

Storage instructions

- Store at -18 °C.
- Keep frozen (no thawing is required).
- Free from any preservatives or chemical substances.

DO NOT RE-FREEZE AFTER THAWING

➤ Season:

In Egypt, potato cultivation occurs continuously from August to June. Most authors distinguish between spring/summer and fall/winter crops1.

So, if you're sourcing potatoes for your "Vegie Turk" brand, consider these months for the freshest produce. 🌱🍷

Frozen Pre-fried Potato



Energy and nutrients	%DV	For 100g	HS CODE								
Energy	-	619.2 kj/148 kcal	07101000								
Fats	4 %	2.3 g	Packing Bulk : 10 kg / 20kg / 25kg Catering :(10 kg carton) 10 kg x 1 bag (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags Retail : 2.5 kg x 4 bags								
Saturated fats	10 %	1.96 g									
Trans fats	-	0 g									
cholesterol	0 %	0 mg									
sodium	9 %	220 mg									
Carbohydrate	10 %	29.7 g									
Sugar	-	0.3 g									
Dietary fiber	12 %	3.1 g									
Protein	-	2.2 g									
				<table border="1"> <thead> <tr> <th>Type</th> <th>Catering</th> </tr> </thead> <tbody> <tr> <td>Packing</td> <td>10 kg</td> </tr> <tr> <td>20 feet Cont. Capacity</td> <td>12 tones /1200 cartons</td> </tr> <tr> <td>40 feet Cont. Capacity</td> <td>24 tones /2400 cartons</td> </tr> </tbody> </table>	Type	Catering	Packing	10 kg	20 feet Cont. Capacity	12 tones /1200 cartons	40 feet Cont. Capacity
Type	Catering										
Packing	10 kg										
20 feet Cont. Capacity	12 tones /1200 cartons										
40 feet Cont. Capacity	24 tones /2400 cartons										

Season

Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

Remember, the quality of the potato and the cooking method play a significant role in achieving that perfect pre-fried texture.

Happy cooking! 😊 🍷 🍴

Frozen Products

2- Fruits



Strawberry



Mango



Apricot



Pomegranate



Guava



Frozen Strawberries

Indulge in the sweet, succulent taste of **Vegie Türk's** Frozen Strawberries, your all-season pass to summer flavours. Each 1kg pack is filled with the finest strawberries, picked at their peak of ripeness and quick-frozen to lock in their juicy taste and vibrant red colour. Perfect for smoothies, desserts, or as a tantalizing topping, our frozen strawberries offer the ultimate in convenience and taste. Experience the joy of delicious, ripe strawberries any time of the year, bringing a touch of sweetness to your favourite dishes.



Energy and nutrients	%DV	For 100g
Energy	-	168,29 kJ / 39,93 kcal
Fats	0.40 %	0.25 g
Saturated fats	-	0,065 g
Trans fats	-	0 g
Carbohydrate	2.60 %	6.63 g
Sugar	6.00 %	2.97 g
Dietary fiber	7.90 %	2.2 g
Protein	4.00 %	1.69 g
Salt	0.75 %	0.0075 g

HS CODE

08111090

Packing

Bulk : 10 kg / 20kg / 25kg
 Catering : (8 kg carton) 8 kg x 1 bag
 (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
 Retail : 1 kg x 8 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

www.vegieturk.com



Frozen Mango

Savor the tropical sweetness of **Vegie Türk's** Frozen Mango, your shortcut to summer flavors all year round. Each 1kg pack is filled with succulent, ripe mango pieces, quick-frozen to lock in their juicy taste and vibrant color. Perfect for smoothies, desserts, or as a refreshing snack, our frozen mango offers the ultimate in convenience without compromising on taste or nutritional value. Dive into a pack and experience the burst of natural sweetness that only the finest mangoes can provide, brought to you by the warmth of Egypt.



Energy and nutrients	%DV	For 100g
Energy	-	168,3 kJ / 39,9 kcal
Fats	0.40 %	0.25 g
Saturated fats	-	0,065 g
Trans fats	-	0 g
Carbohydrate	2.60 %	6.63 g
Sugar	6.20 %	2.97 g
Dietary fiber	7.90 %	2.2 g
Protein	4.00 %	1.69 g
Salt	0.75 %	0.0075 g

HS CODE
08119095
Packing
Bulk : 10 kg / 20kg / 25kg Catering : (8 kg carton) 8 kg x 1 bag (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags Retail : 1 kg x 8 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.

www.vegieturk.com

Frozen Guava

Delight in the exotic, refreshing taste of **Vegie Türk's** Frozen Guava. Our 1kg pack is packed with the finest guava, quick-frozen to lock in their lush flavour and nutritional benefits. Perfect for smoothies, desserts, or as a vibrant addition to your breakfast bowl, our frozen guava offers a taste of the tropics at your convenience. Rich in vitamin C and dietary fiber, these guava pieces are a delicious way to boost your health. Experience the sweet, unique flavour of guava any time of the year, effortlessly adding a burst of tropical goodness to your day.

Share



Energy and nutrients	%DV	For 100g
Energy	-	175,6 kJ / 41.5 kcal
Fats	0.02 %	0.5 g
Saturated fats	-	0,065 g
Trans fats	-	0 g
Carbohydrate	2.70 %	8.3 g
Sugar	12.00 %	4.5 g
Dietary fiber	14.00 %	0.3 g
Protein	6.00 %	0.8 g
Salt	0.12 %	0.005 g

HS CODE

08119085

Packing

Bulk : 10 kg / 20kg / 25kg
 Catering : (8 kg carton) 8 kg x 1 bag
 (10 kg carton) 1, 2, 2.5, 5 & 10 kgs bags
 Retail : 1 kg x 8 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.



Frozen Pomegranate

Our frozen pomegranate under **vegie turk** brand name are carefully handpicked and packed to preserve their natural flavour and nutrients. Each bag contains a generous one-kilo portion, perfect for your family's health-conscious lifestyle.



Energy and nutrients	%DV	For 100g
Energy	-	175.6 kJ /41.5 kcal
Fats	0.40 %	0.5 g
Saturated fats	-	0,065 g
Trans fats	-	0 g
Carbohydrate	2.60 %	6.63g
Sugar	5.80 %	2.97 g
Dietary fiber	7.90 %	2.2 g
Protein	3.50 %	1.69 g
Salt	0.80 %	0,0075 g

HS CODE

08109010

Packing

Bulk : 10 kg / 20kg / 25kg
Catering : (8 kg carton) 8 kg x 1 bag (10 kg carton) 1 , 2 , 2.5 , 5 & 10 kgs bags
Retail : 1 kg x 8 bags

Type	Retail	Catering
Packing	8 kg	10 kg
20 feet Cont. capacity	12 tones /1500 cartons	12 tones /1200 cartons
40 feet Cont. capacity	24 tones/3000 cartons	24 tones /2400 cartons

Season					
Jan.	Feb.	Mar .	Apr.	May.	Jun.
Jul.	Aug.	Sept.	Oct.	Nov.	Dec.



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