Online Shorei Goju Ryu Karate Schedule

For weeks of March 23 to April 5, 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
9		KEY				Black Belt		9
		white-gold belts ages						
		white-gold belts ages	s 5 and over	Beginner		_		_
	_	white-green belts		white - green				_
10		blue-black belts		Gensheimer		Purple-Brown/		10
	BBT 1	Black Belt Training 1	- Yellow-Blue			BBT 2		
	BBT 2 Black Belt Training 2 - Purple & Brown					Hernly		
	Kobudo weapons, all ranks							
11	Exercise circuit training using karate skills							11
1 1	Chat chat with a Sensei and students					Green-Blue/BBT1		1
	Zoom.us all classes will use this Zoom Meeting					Hernly		
	ID: 388 391 0895 room unless otherwise stated							
12		Kata	Kata					12
12		Karate & Kobudo	Karate & Kobudo			Kobudo		144
		Yellow and above	Yellow and above			Hernly		1
		Bilek	Bilek			· ·		1
1								1
1						Yellow-Orange/		1
						BBT 1		1
						Hernly		1
_		Pre-School		Pre-School		Herrity		╁
2		Hernly		Hernly		Pre-School		2
		Henny		Herrity		Hernly		-
				Purple-Brown/		пенну		-
		V II 0 /						+
3		Yellow-Orange/		BBT 2		Basics		3
		BBT 1		Hernly		White-Gold		4 !
		Hernly				Hernly		-
	Beginner	Advanced	Beginner	Advanced				
4	white -green	Blue-Black/BBT2	white - green	Blue-Black/BBT2				4
	Gensheimer	Gensheimer	Gensheimer	Gensheimer				1
	Genomen	& Todd	Genonemer	& Todd		+		1 1
\vdash		& Touu		Green-Blue/BBT1		+		+
5		Dosies						- 5
		Basics White-Gold		Hernly				-
								-
		Hernly		Vallau Oraza /				\vdash
6		0 0 00		Yellow-Orange/				6
		Green-Blue/BBT1		BBT 1				4
		Hernly		Hernly				-
_				Basics				\vdash
7		Vohudo						7
		Kobudo Hernly		White-Gold				-
		nerilly		Hernly				1
0		Black Belt		Black Belt		+		
8		Hernly		Hernly		1		8
		,				1 1		1
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9								9
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