

SWARTZ CREEK AREA SENIOR CENTER

Mission

The purpose of the Swartz Creek Area Senior Center shall be to identify and meet the needs of senior citizens. This is achieved through programs designed to provide services in the areas of information and referral, education, nutrition, health screening, the arts, recreation, personal growth, leadership development, self-worth, and community involvement.



JULY 2017 NEWS

Volume 17, Issue 07



A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

Program offered in partnership with the.... 

WHERE: Swartz Creek Area Senior Center

Eight-week program, meeting once a week for 2 hours

Time: 1:00 p.m. — 3:00 p.m.

All classes are held on FRIDAYS

July 7th, 14th, 21st, 28th

August 4th, 11th, 18th, 25th

Sign up by contacting the senior center at (810)-635-4122.
Space is limited!

Award-Winning Program Emphasizes Practical Strategies to Manage Falls.

YOU WILL LEARN TO:

- view falls as controllable.
- set goals for increasing activity.
- make changes to reduce fall risks at home.
- exercise to increase strength and balance.

WHO SHOULD ATTEND?

- anyone concerned about falls.
- anyone interested in improving balance, flexibility & strength.
- anyone who has fallen in the past.
- anyone who has restricted activities due to falling concerns.



Creating Confident Caregivers

A program for family members caring for a loved one with dementia and/or memory loss.

Provided by



FREE PROGRAM!

Attend six 2 hour sessions once a week to complete the program.

**Mondays, July 17th
thru August 21st, 2017
10:00 a.m. – 12:00Noon**

Event will be held at:

Swartz Creek Area Senior Center

Space is Limited! Register Early!

Deadline to register is Wednesday, July 12th

“Creating Confident Caregivers” is a university tested program for family members caring for a loved one with dementia at home. The program is lead by dementia care specialists and provides participants with information, skills and attitudes to manage stress and increase effective care giving skills.

Learn about —

- ◇ Dementia and its effects on the brain
- ◇ Caregiver resources
- ◇ Managing behaviors
- ◇ Improving caregiving skills
- ◇ How to handle everyday activities more easily
- ◇ Taking care of yourself to better care for your loved one

“Stay Active & Informed at the Senior Center”

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Senior Living Community

Fenton's Best Kept Secret for Seniors 55+

 **Millpond Manor**

Vicky Coppler
 Community Manager

201 E. Elizabeth • Downtown Fenton
(810) 629-1179
millpond@kmgprestige.com

➤ Reach the Senior Market

ADVERTISE HERE

CONTACT

Eileen Frazier to place an ad today!
EFrazier@4LPi.com or (800) 477-4574 x6309

FREE AD DESIGN WITH PURCHASE OF THIS SPACE.

— 800-477-4574 —



5300 Gateway Centre (US-23 & Hill Rd.)
810-720-9111
www.michvision.com

Michigan Vision

INSTITUTE  OPTICAL

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 Athear M. Alrawi, M.D.
 Kelly C.K. Tierney, O.D.
 John F. Labaza, O.D.

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 - Macular Degeneration
 - Diabetic Retinopathy
- Pediatric eye care
- Full Service Optical Shop

Compassionate Care
 FROM OUR HEART TO YOURS

 **Heart to Heart Hospice**

2029 S. Elms Bldg. B, Ste. A
 Swartz Creek

(810) 422-9453
www.hearttohearthospice.com

Locally Owned & Operated by the Sharp Family

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Toll-free 1-877-53-SHARP
www.sharpfuneralhomes.com
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 Stephanie Sharp Foster • Roger L. Sharp II

Miller Road Chapel
 8138 Miller Road
 Swartz Creek, MI
 Roger L. Sharp, Manager
(810) 635-4411



Upcoming Events

Support Group for Caregivers

Caring for Loved Ones with Memory Loss

Wednesday, July 5th, 10:00 a.m.

Led By Sara Zuniga



This Support Group provides caregivers:

- An opportunity to gain support from others who are caring for a loved one with progressive memory loss.
- Information on how to cope.
- A listening ear and answers to questions about the diagnosis and its consequences.
- A connection to vital community resources.

Still Life Pencil Drawing Class

Thursday, July 20th & 27th, 1:00pm

Pay by Friday, July 17th

Cost (2 Sessions): \$10



Join Peggy Mattson as she teaches you how to draw with Pencil. Supplies are not provided. **You will need a #2 Pencil, white paper and a gum eraser for this class.**

Acrylic Paint Class

Wednesday, July 19th, 10:30 a.m.

Cost: \$5.00 Advanced Payment

Rachel from the Swartz Creek Art Guild is teaching a class held once a month at our senior center. This class will be using acrylic paints. You will see a short demonstration and then you will choose a pre-painted canvas that a shape is already drawn on. You then get to choose colors, painting techniques and which direction you want your painting to go. All supplies are provided for you, come play with paint!

Beginners Choreographed Ballroom

&

Beginners Square Dancing

Starting July 17th

Beginners Choreographed Ballroom - 4:00pm

Beginners Square Dancing - 6:30pm

\$2.00 a class



Thursday, July 13th

Yoga am Canceled



Tuesday, July 4th
Center Closed

POTLUCK

July 7th, 5:00 p.m.

Entre: Pulled Pork

We must follow and enforce new guidelines. Anyone attending must be a member of the Swartz Creek Senior Center. You must call to reserve a spot no later than 5:00 p.m. the Tuesday before the potluck.

IF YOU DO NOT HAVE A RESERVATION, YOU WILL NOT BE ALLOWED TO PARTICIPATE.



BOOK CLUB

Tuesday, July 25th at 4:00pm

A Man Called Ove by Fredrick Backman

Are you looking for an opportunity to connect with others who enjoy reading as much as you do? The Book Club meets the last Tuesday of each month to discuss some of your favorite books and authors.

New participants are always welcome!



SWEETCOMMUNITAS.NET

Senior Center Closed

Mark Your Calendar

One on One Technology Tutoring \$15.00 an hour

Are you having problems with your phone, computer or tablet? Meet with Dan and get all your questions answered. Dan will be meeting with people on Thursdays. You MUST prepay to schedule an appointment. Call the Senior Center for more information. 810-635-4122



BEGINNING QUILTING

Wednesday, July 12, 19, 26 & August 2
1:30 pm - 3:30 pm
Limit 7

\$10 per class. Supplies included.
Must make payment to sign up.



Quilling or paper filigree (which is an ancient art, beginning in the 13-14 century) is an art form that involves the use of strips of paper that are rolled, shaped and glued together to create decorative designs. Each class you will create a new project with careful instruction from Reita Newell. Projects build on each other, so please sign up early and plan on attending all four classes.

Community Events at the Pajtas Theater



Where: Pajtas Theater
8099 Civic Drive P.O. BOX 98,
Swartz Creek

To find out about weather cancellations or more information about membership or booking a future event, contact us: **Phone: (810)-635-7439 or (810)-635-4471**

2017 CONCERT SCHEDULE

July 4th — **Jump Street** — Big Band Swing from the 40's
July 11th — **Sherman Arnold "Elvis" & Interstate** — Country and Elvis impersonation
July 18th — **Sinclair's Band**— 60's rock thru today's top 40
July 25th — **Paradise Band**— Jimmy Buffet Show
August 1st — **The Invasion Band**— British Invasion Music: the Beatles, Rolling Stones, The Who
August 8th — **Fairlanes**— 50's and 60's rock and roll

See flyer for weekly sponsors.



Shows will be held at the Pajtas Theater (Bring blankets or chairs), across from the public safety building at dusk. Call City Hall at 635.4464 for more information.

July 7th - The Legend of Tarzan (PG-13: 113 min)
July 21st - Fantastic Beasts and Where to find Them (PG: 107 min)
August 4th - Moana (PG: 113 min)
August 18th - The Secret Life of Pets (PG: 90 Min)
Weather cancellations will show the following Friday.
FREE BOUNCE HOUSE ACTIVITIES
Fantastic Inflatables will be onsite at 7:30 for each event to provide fun for the kids at no charge!

Senior Day at the Genesee County Fair

Tuesday, August 22 (9:00 am to 2:00 pm)
Parking & Admission Are FREE!

All Activity Under The Community Tent Are FREE! Coffee & Donuts, Entertainment All Morning, Door Prizes, Wagon Rides, Afternoon Games, and All The Many Genesee County Fair Activities and Exhibits To Explore!

NOTE: Rides are not free.



Genesee County Commission on Aging
Invites you to a Senior Resource

FUN FAIR

WHERE: Flint Farmers Market
300 E. First St., Flint, MI 48502
WHEN: Thursday, September 7th, 2017
9:00 a.m.— 12:00 p.m.

Admission is FREE

Ideal for Seniors, Caregivers and the Public!
Vendors-Refreshments-and the opportunity to learn more about available resources in the community!

Notary Services

Assistant Director, Barbara Hyrman is a certified Public Notary. This is a free service to our members. Please call the center to make an appointment when needing notary services. 810-635-4122

YOU'RE INVITED TO A

Bridal SHOWER

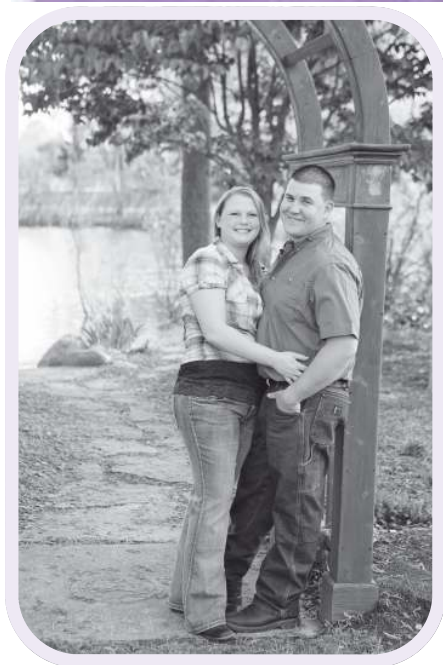
HONORING

Barbara Hyrman

FRIDAY, AUGUST 11TH
5:00 p.m.

SWARTZ CREEK AREA
SENIOR CENTER

Put on by Susan Butler, Sally Creech
& Marge Nemecek.



We have watched Barbara as a young lady straight out of high school become a college graduate, a volunteer firefighter and now a BRIDE-TO-BE.

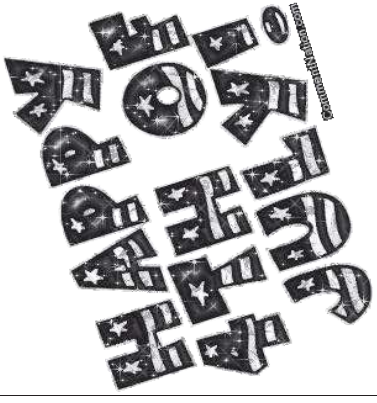
One small request that won't be too hard, please bring a recipe instead of a card.

Please RSVP by August 4th if you would like to join us in the celebration!

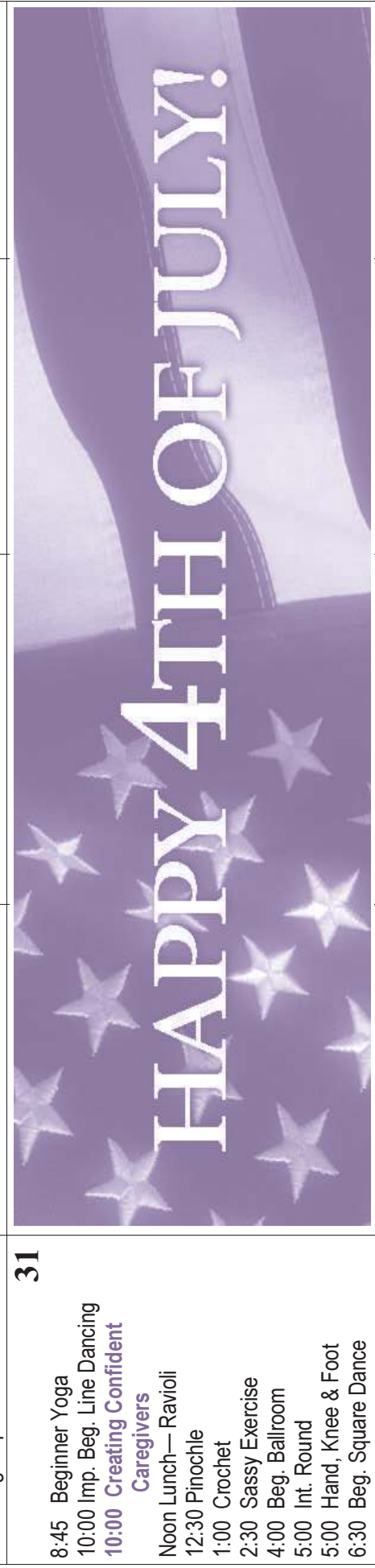
Registered at Bed Bath & Beyond.

Home Depot Gift Cards also appreciated.

JULY

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing Noon Lunch— Pulled BBQ Chicken 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Round Dance 5:00 Int. Round Dance 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance</p>	<p>4</p> 	<p>5</p> <p>Veteran's Services by Appt. 9:30 Zumba Noon Lunch— Grilled Turkey Burger 10:00 Alz. Support Group 2:30 Sassy Exercise 3:45 Beginner Tai Chi 5:00 Int. Line Dancing 6:00 Setback 6:30 Mah-Jongg</p>	<p>6</p> <p>8:45 Yoga 10:00 Tai Chi 11:00 Toning Exercise Noon Lunch— Meatball Sub 12:30 Pinochle 2:30 Yoga with Props 3:45 Yoga 5:15 Basic Line Dancing 6:30 Pinochle</p>	<p>7</p> <p>11:00 Arthritis Exercise Noon Lunch— Baked Cod 1:00 Coffee Hour 1:00 Matter of Balance 5:00 Potluck— Pulled Pork 6:15 Mexican Train Dominoes 6:30 Euchre</p>
<p>10</p> <p>8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing Noon Lunch— Pub Burger 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Round Dance 5:00 Int. Round Dance 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance</p>	<p>11</p> <p>8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning Noon Lunch— Tuna Salad 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 6:30 5-Handed Euchre 6:30 Cribbage</p>	<p>12</p> <p>9:30 Zumba Noon Lunch— Chicken Tenders 10:00 Board Meeting 1:30 Quilling Class 2:30 Sassy Exercise 3:45 Beginner Tai Chi 5:00 Int. Line Dancing 6:00 Setback 6:30 Mah-Jongg</p>	<p>13</p> <p>8:45 Yoga Canceled 10:00 Tai Chi 1:00 Toning Exercise Noon Lunch— Vegetable Lasagna 12:30 Pinochle 2:30 Yoga with Props 3:45 Yoga 5:15 Basic Line Dancing 6:30 Pinochle</p>	<p>14</p> <p>11:00 Arthritis Exercise Noon Lunch— Philly Steak & Cheese 1:00 Coffee Hour 1:00 Matter of Balance CENTER CLOSED 4:30 - 6:00 PM 6:15 Mexican Train Dominoes 6:30 Euchre</p>

<p>17</p> <p>8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing 10:00 Creating Confident Caregivers Noon Lunch— Sloppy Joe 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Ballroom 5:00 Int. Round 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance</p>	<p>18</p> <p>8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning Noon Lunch— Chicken Salad 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 6:30 5-Handed Euchre 6:30 Cribbage</p>	<p>19</p> <p>Saugatuck Trip Departs Legal Services By Appts. 9:30 Zumba Noon Lunch— Salisbury Steak 1:30 Quilling Class 2:30 Sassy Exercise 3:45 Beginner Tai Chi 5:00 Int. Line Dancing 6:00 Setback 6:30 Mah-Jongg</p>	<p>20</p> <p>8:45 Yoga 10:00 Tai Chi 11:00 Toning Noon Lunch— Spaghetti & Meatballs 1:00 Pencil Drawing Class 12:30 Pinochle 2:30 Yoga w/ Props 3:45 Yoga 5:15 Basic Line Dancing 6:30 Pinochle</p>	<p>21</p> <p>11:00 Arthritis Exercise Noon Lunch— Chicken Breast 1:00 Coffee Hour 1:00 Matter of Balance CENTER CLOSED 4:30 - 6:00 PM 6:15 Mexican Train Dominoes 6:30 Euchre</p>
<p>24</p> <p>8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing 10:00 Creating Confident Caregivers Noon Lunch— Boneless Chicken Wings 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Ballroom 5:00 Int. Round 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance</p>	<p>25</p> <p>8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning Noon Lunch— Beef Pasty 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 4:00 Book Club 6:30 5-Handed Euchre 6:30 Cribbage</p>	<p>26</p> <p>Hearing Screenings by Appt. 9:30 Zumba Noon Lunch— Chicken Philly w/ Cheese 1:30 Quilling Class 2:30 Sassy Exercise 3:45 Beginner Tai Chi 5:00 Int. Line Dancing 6:00 Setback 6:30 Mah-Jongg</p>	<p>27</p> <p>8:45 Yoga 10:00 Tai Chi 11:00 Toning Noon Lunch— BBQ Turkey Burger 12:30 Pinochle 1:00 Pencil Drawing Class 2:30 Yoga w/ Props 3:45 Yoga 5:15 Basic Line Dancing 6:30 Pinochle</p>	<p>28</p> <p>11:00 Arthritis Exercise Noon Lunch— Baked Macaroni & Cheese 1:00 Coffee Hour 1:00 Matter of Balance CENTER CLOSED 4:30 - 6:00 PM 6:15 Mexican Train Dominoes 6:30 Euchre</p>



<p>31</p> <p>8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing 10:00 Creating Confident Caregivers Noon Lunch— Ravioli 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Ballroom 5:00 Int. Round 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance</p>

Travel Opportunities

Exciting NEW Trips for 2017!

Turkeyville Dinner Theater presents Ring of Fire – The Music of Johnny Cash

Wednesday, August 30, 2017

Price \$79 per person

-Includes Turkey Dinner with all the Fixings and admission to the show.

More than two dozen Johnny Cash hits performed by a multi-talented cast. From the iconic songbook of Johnny Cash comes this musical about love and faith, struggle and success, rowdiness and redemption, and home and family.

Deadline: July 17, 2017

Detroit Tigers vs. Chicago White Sox

Thursday, September 14, 2017

Price \$69 per person

- Round trip motor coach transportation to Comerica park in Detroit
- Ticket to the game
- Food Voucher good for a soft drink and a hot dog



Deadline: August 18, 2017

Detroit Princess Riverboat Luncheon Cruise

Friday, September 15, 2017

Price \$79 per person

- 2 hour Cruise on the Detroit Princess with Live Musical Entertainment. Take a Boat Cruise down the Detroit River from Hart Plaza, past the Ambassador Bridge, past Belle Isle.
- The luncheon Buffet includes three main entrees, potatoes, vegetables, assorted salads and desserts.

Deadline: August 18, 2017

Little River Casino Overnight

October 16th & 17th, 2017

Price \$114.00 Per Person*

*Double, Triple, & Quad Price

\$169.00 Per Person Single

- Round trip motor coach transportation to Manistee
- Overnight Lodging at Little River Casino & Resort*
*Get back \$20 in gaming credit + \$10 food
- 4 hour stop at Soaring Eagle Casino*
*Get back \$10 in gaming credit + \$5 food

Deadline: August 30, 2017

Gordon Lightfoot Tribute & Up North Michigan

Tuesday, October 10, 2017

Price \$94 per person

- Buffet Luncheon and Gordon Lightfoot Tribute at Lakeside Resort and Conference Center, Houghton Lake, MI.
- Free time at Arnie's Arts and Crafts in Houghton Lake, MI.
- Free time in Downtown Clare (Cops and Donuts).

Deadline: August 31, 2017

Michigan Princess River Boat Luncheon Fall Color Cruise

Wednesday, October 11, 2017

Price \$84 per person

- Enjoy a plentiful buffet on board and enjoy the beautiful scenery.
- Stop at Uncle John's Cider Mill for a taste of cider and a donut.



Deadline: September 18th, 2017

Travel Policy

We encourage you and your friends over age 50 to join us on any of our trips.

All participants must have an updated "Participation Form" on file at the time of sign-up.

Trip Cancellation Policy:

All cancellations incur a \$15 administrative fee which is deducted from any refund due to the member. Refund of the balance will be paid only if your seat can be canceled with the tour company. **During inclement weather, if the tour company providing the trip does not cancel, the traveler will not be entitled to any refund.** Some trips have policies unique to that trip, so be sure to read the policy details on the back of individual trip flyer. Stop by or call the Senior Center for trip details and the complete Travel Policy.



Travel Opportunities Continued

Taste of the Sunrise Side (Deer Widows trip!)

Thursday, November 16, 2017

Price \$79 per person

- Multiple stops around Northeast Michigan for treats that will delight everyone.
- Williams Cheese Company, Linwood (home of Pinconning Cheese).
- Lunch on own at H&H Bakery, AuGres
- Wine Tasting at Modern Craft Winery Sample and shop at Sherni's Homemade Candies and Chocolates
- Dinner at Iva's Famous Chicken Dinners

Deadline: October 26, 2017

Firekeepers Casino and the Drive-thru Christmas Lights Tour –

Wednesday, December 13, 2017

Price \$50 per person

- 4 hours of gaming at Firekeepers Casino
- Receive \$20 in gaming and \$5 in food credits
- Drive-thru Christmas Lights display at Jackson Fairgrounds

Deadline: November 29, 2017

Thank you Jim!

The Board of Trustees, Senior Center Staff and Volunteers would like to thank Jim Florence for his years of service to the senior center. Jim served on the Board for 13 years; 12 of those years as President. He was instrumental in the completion of the new additions to the center. Over the years Jim was dedicated and influential in making the senior center a successful operation that will continue into the future. We all wish Jim and Jean good luck in their future endeavors!

The Swartz Creek Area Senior Center Board of Trustees election took place June 5th — June 9th, 2017.

Election Results:

Ann Knight, Harold O'Brien, and Roger Bloss were elected for a two-year term on the Board of Trustees.

Appointed Results:

Phil Bracey, Roy Beville & Susan Butler were appointed to serve a one-year term as trustees.

Meetings are held the 2nd Wednesday of each month at 10:00a.m. **Public Welcome.**



**VOLUNTEERS
OF THE YEAR:**

Roy Beville: Van Driver, Euchre Tournament Coordinator, Pancake Breakfast Volunteer.

Jeanne Beville: Front Desk Volunteer, Pancake Breakfast and Euchre Tournament Volunteer.

Thank you for all your help through out the year!

SUPPLY DONATIONS

Our Center uses many supplies on a daily basis. Donations of paper towel, cold drink cups, bowls, napkins, dessert plates, hard candy, tissues, Bathroom Tissue, hand soap, and 2-liter bottles of pop are always appreciated.



Supplies were received from Marie Ramick, Jane Perrault and Roy & Jeanne Beville.

Senior Center Services

Transportation



Transportation Services available to seniors residing within the Swartz Creek School District.

Contact the Senior Center for the Complete Schedule, Transportation Policy & Participant Requirements; including [deadline dates for sign-up](#).

TRANSPORTATION SERVICES INCLUDE:

LUNCH — (Daily — Monday through Friday)

Round-trip transportation from your home to attend lunch at the center.

SHOPPING — (Weekly)

Round-trip transportation from your home in the early afternoon on Mondays. This trip alternates between Meijer and Kroger each week.

FOOD PANTRY — (Monthly)

Round-trip transportation from your home to the Swartz Creek Community Food Basket.



Assistance for Veterans

**Available at the Senior Center
Call (810) 635-4122 for an Appointment**

Are you a veteran over age 60, or the spouse, widow, or widower of a veteran? John Nelson, Service Officer, with the Genesee County Department of Veterans Services Office is available for appointments at the Senior Center one day per month. During your appointment, John can provide information on benefit programs and assist you in completing applications for Veterans benefits. Please request a list of information to bring when you schedule your appointment.

Membership & Participation Guidelines

- ◆ Open to all Genesee County residents over age 50.
- ◆ Completion of a "Participation Form" and update the information annually.
- ◆ A yearly donation of \$10 per person is requested but not required.
- ◆ For more details, request a Membership Handbook.

Memorial Donations

A memorial donation was made by Dolores Pobocik in memory of Lary J. Burk.

A memorial donations were made by Ralph & Vonna Horwood and Dolores Pobocik in memory of Maxine Smith.

A memorial donation was made by Ralph & Vonna Horwood in memory of Valerie Miller.

Join us for Lunch!

Provided by Genesee County Community Action
Resource Department (GCCARD)

Meals are served Monday — Friday at 12:00 noon at the senior center. Reservations for Tuesday—Friday must be made by noon on the day before.

Reservations for Mondays must be made by noon on the prior Friday. Call the center at (810) 635-4122.

(Note: Meals for special occasions may require up to two weeks advance reservations.)

The requested donation is \$2.00 for anyone 60 years and over that lives in Genesee County. The cost for under 60 years or anyone that lives outside of Genesee County is \$3.50.



Hearing Screenings



**Provided by Fluke Hearing
Offered at the Center once a month.
Call the Center to make an appointment**

- Do you often have to ask others to repeat themselves?
- Do others complain to you that the TV is too loud?
- Do you hear, but not always understand?

Free hearing evaluation available at the senior center.

* Hearing aid cleaning and adjustments at no charge.

* Fees apply for battery replacement.

Discrimination Policy

The Swartz Creek Area Senior Center has adopted a policy of non-discrimination in all programs, services and employment. No one shall be excluded on the basis of race, color, national origin, sex, sexual orientation, religion, age, marital status, veteran and military status or disability unless required by the eligibility guidelines for services. Inclusiveness is a core value that drives the organization's mission of providing services to benefit persons who are over the age of fifty and reside in Genesee County.

At Willowbrook Manor, the Home Express team is here for you to encourage, celebrate your rehabilitation achievements, and prepare you for a return to safe and independent living as quickly as possible!

For more information about our facility or to schedule a personal tour, please give us a call today!



Willowbrook Manor
Nursing and Rehab Center
G-4436 Beecher Road, Flint, MI 48332
phone 810.733.0290 fax 810.733.6463
web willowbrook.cimafacilities.com

HELP PROTECT YOUR FAMILY

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HOME SECURITY TEAM



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Flint/Swartz Creek
6012 S. Linden Rd, Unit 15
Monticello Center
Swartz Creek, MI 48473
Telephone: 810-655-8244

ORTHOPEDICS - PAIN MANAGEMENT
FALL RISK/BALANCE

WWW.GENESEEVALLEYPPT.NET

MOST INSURANCE PLANS ACCEPTED
INITIAL APPOINTMENTS WITHIN 24-48 HOURS

☺ After a week and a half I was able to walk on my own.... I highly recommend the *Miracle Workers* at Durand Senior Care and Rehab! ☺

Featuring Rehab to Home
Physical, Occupational & Speech Therapy Services

Long-Term Skilled Nursing
Memory Care • Respite Care
Admissions 24 Hours a Day, 7 Days a Week! • Cable \$ Wi-Fi
Private Rooms Available!

Rehab is work.
But it can also be fun.

To find out how we can help you or someone you love transition smoothly back home, call us to schedule a personal tour.



5370 Baldwin Road • Grand Blanc, MI 48439
810-606-9950 • theoaksatwoodfield.com

MJL

INDIVIDUAL & SENIOR
HEALTHCARE BENEFIT SPECIALIST

Margaret Lazell

(810) 736-8636 • MLAZ41@ATT.NET



Come Tour Today!

989.288.3166

8750 Monroe Rd
Durand, MI 48429

www.durandscr.com



A *NeCare* Managed Community

Worry Free Home Care 24-Hour Assistance Available!



(810) 629-9004

www.WorryFreeCare.com

Tanglewood
Home Care

Tanglewood Home Care provides compassionate care in the comfort of your own home. Our services include everything from companionship to complete home health care. When family members or friends need help for the seniors they love, Tanglewood Home Care can help.

"Simply the Finest Care Available"

all-inclusive rate
NO EXTRA FEES
starting at
\$3400

Call 810.635.3183
for more information!

Swank Home
ASSISTED LIVING

- 24 Hour a day care by trained and caring staff
- Assistance with bathing, dressing, and personal care
- Complete health and medication management
- Home-cooked meals, served family style
- All housekeeping and laundry services included
- Weekly Activities: Bingo, Crafts, Yoga, Music

www.swankassistedliving.com
9412 Miller Rd., Swartz Creek, MI 48473



Swartz Creek Area Senior Center

8095 Civic Drive, Swartz Creek, MI 48473

Office Hours: Monday-Thursday: 9:00 am — 8:00 pm

Friday: 9:00 am — 4:30 pm & 6:00 pm — 8:00 pm

Office: (810) 635-4122

Fax: (810) 635-9405

Website:

www.myscasc.org

STAFF

Melinda Soper, Director

Barbara Hyrman, Asst. Director

Marianne Campbell, Staff Asst.

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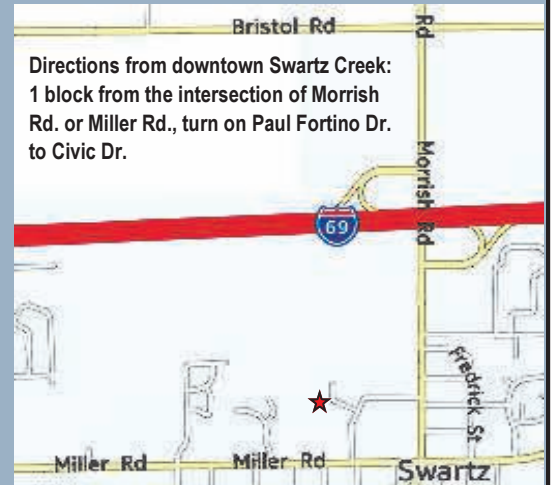
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