

SWARTZ CREEK AREA SENIOR CENTER

Mission

The purpose of the Swartz Creek Area Senior Center shall be to identify and meet the needs of senior citizens. This is achieved through programs designed to provide services in the areas of information and referral, education, nutrition, health screening, the arts, recreation, personal growth, leadership development, self-worth, and community involvement.



AUGUST 2017 NEWS

Volume 17, Issue 08

LUAAU

Thursday, August 17th

5:30p.m.

(Doors open at 5:00 p.m.)

Cost: \$8

(Advance payment by Friday, August 11th)

**Join us for a delicious homemade Luau Dinner,
Crazy Games by Staff, and Karaoke let by
entertainer Mike Tebo!**

"Stay Active & Informed at the Senior Center"

The Lodges of Durand

A VIBRANT LIFE COMMUNITY

A whole new approach to Assisted Living & Memory Care

8700 Monroe St. • Durand
(989) 288-6561
www.thelodgeofdurand.com

JAMES BURK

Works Well With Seniors

HANDYMAN James Burk
810-223-3598 Insured

Window Washing • Mowing & Yard Work
 General Cleaning • Snow Removal
 Power Washing & Deck Staining...and More!

America's Choice in Homecare.

VisitingAngels

LIVING ASSISTANCE SERVICES

Senior Home Care

- Affordable Hourly Rates
- Up to 24-Hour Care
- Medication Reminders
- Meal Preparation
- Light Housekeeping
- Bathing Assistance
- Respite for Family Caregivers

(989) 314-0457
www.visitingangels.com/shiawasseeconomy

24/7... Rain or Shine...

Your local, independent agent will be there.

BLACKMORE-ROWE INSURANCE AGENCY

Flint • 810-720-8244
www.blackmorerowe.com

Auto-Owners Insurance 

You Love Where You Live. We Care N Assist!

- Personal Care
- Homemaking
- Med Management
- Companionship
- Emergency Alert

Call for a FREE Info visit
877-743-4434
careNassist.com

 **Care N Assist**
An Elite In Home Care Team

1044 North Irish Road
 Davison, MI 48423

Senior Living Community

Fenton's Best Kept Secret for Seniors 55+

Millpond Manor

Vicky Coppler
 Community Manager

201 E. Elizabeth • Downtown Fenton
(810) 629-1179
millpond@kmgprestige.com

➤ Reach the Senior Market

ADVERTISE HERE

CONTACT

Eileen Frazier to place an ad today!
EFrazier@4LPi.com or (800) 477-4574 x6309

FREE

AD DESIGN

WITH PURCHASE

OF THIS SPACE.

— 800-477-4574 —



5300 Gateway Centre (US-23 & Hill Rd.)
810-720-9111
www.michvision.com

Michigan Vision

INSTITUTE  OPTICAL

Edward P. Stack, M.D.
 Athear M. Alrawi, M.D.
 Kelly C.K. Tierney, O.D.
 John F. Labaza, O.D.

Specialized Eye Care by Board Certified Physicians

- LenSx - Laser Assisted Cataract Surgery
- Premium ILOs including: Crystalens AO, Trulign Toric Acrysof Toric, ReSTOR Multifocal, and TECNIS Multifocal lenses
- Medical evaluation and surgical treatment of:
 - Glaucoma - including surgical implantation of iStent
 - Macular Degeneration
 - Diabetic Retinotherapy
- Pediatric eye care
- Full Service Optical Shop

Compassionate Care
 FROM OUR HEART TO YOURS



2029 S. Elms Bldg. B, Ste. A
 Swartz Creek

(810) 422-9453
www.hearttohearthospice.com

Locally Owned & Operated by the Sharp Family



Roger L. Sharp • Michael T. Scully • Jennifer Sharp Scully
 Stephanie Sharp Foster • Roger L. Sharp II

Miller Road Chapel
 8138 Miller Road
 Swartz Creek, MI
 Roger L. Sharp, Manager
(810) 635-4411



Upcoming Events

Support Group for Caregivers

Caring for Loved Ones with Memory Loss

Wednesday, August 2nd, 10:00 a.m.
Led By Sara Zuniga



This Support Group provides caregivers:

- An opportunity to gain support from others who are caring for a loved one with progressive memory loss.
- Information on how to cope.
- A listening ear and answers to questions about the diagnosis and its consequences.
- A connection to vital community resources.

Still Life Pencil Drawing Class

Thursday, August 24th & 31st, 1:00pm
Pay by Friday, August 18th



Cost (2 Sessions): \$10

Join Peggy Mattson as she teaches you how to draw with Pencil. Supplies are not provided. **You will need a #2 Pencil, white paper and a gum eraser for this class.**

Acrylic Paint Class

Wednesday, August 30th, 10:30 a.m.
Cost: \$5.00 Advanced Payment

Rachel from the Swartz Creek Art Guild is teaching a class held once a month at our senior center. This class will be using acrylic paints. You will see a short demonstration and then you will choose a pre-painted canvas that a shape is already drawn on. You then get to choose colors, painting techniques and which direction you want your painting to go. All supplies are provided for you, come play with paint!

One on One Technology Tutoring \$15.00 an hour

Are you having problems with your phone, computer or tablet? Meet with Dan and get all your questions answered. Dan will be meeting with people on Thursdays. **You MUST prepay to schedule an appointment.** Call the Senior Center for more information. 810-635-4122



August Cancellations

August 11th - Arthritis Exercise
August 17th - Basic Line Dancing ,
Yoga w/ Props, and Yoga pm



POTLUCK

August 4th, 5:00 p.m.

Entre: Burgers & Dogs

We must follow and enforce new guidelines. Anyone attending must be a member of the Swartz Creek Senior Center. You must call to reserve a spot **no later than 5:00 p.m. the Tuesday before the pot luck.**

IF YOU DO NOT HAVE A RESERVATION, YOU WILL NOT BE ALLOWED TO PARTICIPATE.



BOOK CLUB

Tuesday, August 29th at 4:00pm
"The Heart Mender" by Andy Andrews

Are you looking for an opportunity to connect with others who enjoy reading as much as you do? The Book Club meets the last Tuesday of each month to discuss some of your favorite books and authors.

New participants are always welcome!

Grief Support Group

NEW

Heartland Hospice provides, at no charge, on-going grief support for anyone who has experienced the death of a loved one.

Our purpose is to provide education about normal grief reactions, as well as a safe environment where feelings are validated and accepted.

When: 3rd Wednesday of every month at 10:00am **starting September 2017**

Where: Swartz Creek Senior Center

Heartland 
Hospice Care

Notary Services

Assistant Director, Barbara Hyrman is a certified Public Notary. This is a free service to our members. Please call the center to make an appointment when needing notary services. 810-635-4122

Mark Your Calendar

Assisted Living Seminar

Wednesday, September 20th, 1:00pm

- What you need to know
- What to look for
- How to get help paying for assisted living

Sign up requested by
Friday, September 15th



Presented by: **The Lodges of Durand**
A VIBRANT LIFE COMMUNITY

Exploring End of Life Care Options

Wednesday, September 13th, 1:00 p.m.

We will discuss various myths/misconceptions about hospice care, learn about hospice care/services and the advantages to having services right in your own home. Also, learn about Medicare hospice benefits and services this covers.



Sign up to reserve your spot 810-635-4122

You're Invited to a Bridal Shower Honoring Barbara Hyrman

Friday, August 11th,
5:00 p.m.



Don't forget to RSVP so we can know how many people to expect!

Genesee County Commission on Aging
Invites you to a Senior Resource

FUN FAIR

WHERE: Flint Farmers Market
300 E. First St., Flint, MI 48502
WHEN: Thursday, September 7th, 2017
9:00 a.m.— 12:00 p.m.

Admission is FREE

Ideal for Seniors, Caregivers and the Public!
Vendors-Refreshments-and the opportunity to learn more about available resources in the community!

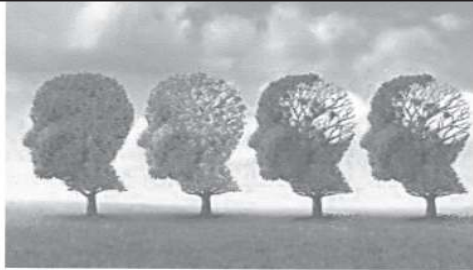


You are invited to have lunch and tour
Caretel Inns of Linden!

Wednesday, August 23rd

Caretel bus will arrive at Swartz Creek Senior Center at 10:00 a.m. and return approximately 2:30p.m.

Sign up to reserve seat on the bus! Limited seating available.



Alzheimer's – "I live it one day at a time"

MEMORIES MATTER!!

Fighting to remember -

Experience for yourself the challenges of having dementia by:

- Watching a 1-hour DVD, "Alzheimer's – Every Minute Counts"
- Followed with a 1-hour hands on virtual dementia tour having your senses altered and attempting a series of task

The tours are for:

- Family member of those with dementia
- Clinicians
- Caregivers working with seniors

How to sign up: Call Swartz Creek Senior Center at (810) 635-4122, and ask for available time slots for the Virtual Dementia Tour.

*Any additional questions please contact Brent Hughes LLMsw (Kindred) at (810)513-0707 or Abbie Mars at Valley Area Agency on Aging at (810)600-0633.

Experience for yourself the challenges of having dementia!

FREE EVENT!!

Where: Swartz Creek Senior Center
8095 Civic Drive
Swartz Creek, MI 48473

When: Friday, September 15, 2017

DVD Time: 10am
Virtual Tour Time:
12:00pm, 1:00pm,
2:30pm (6-8 openings per hour time slot)

PRESENTED BY:



Caretel Inns of Linden

Caretel Inns of Linden and The Swartz Creek Senior Center Present:

Breaking Cycle
"Minimizing your risk of re-hospitalization"

"Utilizing a multi disciplinary process through the transition of care effective ways to minimize the risk of re-hospitalization"

Rodney Roberson, NHA & Kristine Myers, RN

Introductions, objectives and overview

Friday, September 8th, 1:00 p.m.

- **Renee Brum RN**—Education opportunities to manage the disease process during and post short term rehabilitation.
- **Emily Morningstar SW**— Maintaining an active social life is key.
- **Daisey Sykes RPT**— Maintaining an active physical presence and working with new limitations.
- **Kim Murphy -Diamond Home Care**— What to expect upon discharge to home, the transition of care post discharge back home, and the importance of Centers like Loose!
- **Michelle deBoyrie, RD**— Importance of Nutrition.
- **Dr. Phillip Eisenberg, DO**—The importance of the Primary Care Physician, and making difficult decisions.

Refreshments will be served during the presentation

QUESTIONS AND ANSWERS

(Swartz Creek Senior Center September 8, 2017 @ 1pm)

Caretel Inns of Linden is the only facility in Genesee County to receive a 3 year

Accreditation for Inpatient Rehab & Stroke programs from CARF



Swartz Creek Area Senior Center T-shirt and Sweatshirt Fundraiser

Name: _____ Phone: _____

Short Sleeved T-Shirt: Cost is \$10 for sizes S, M, L, XL; Cost is \$13 for sizes XXL, XXXL

Color	S	M	L	XL	QTY X \$10	2XL	3XL	QTY X \$13	TOTAL COST
Lime Green					\$			\$	\$
Orchid					\$			\$	\$

Long Sleeved T-Shirt: Cost is \$12 for sizes S, M, L, XL; Cost is \$15 for sizes XXL, XXXL

Color	S	M	L	XL	QTY X \$12	2XL	3XL	QTY X \$15	TOTAL COST
Sapphire					\$			\$	\$
Charcoal Grey					\$			\$	\$

Crew Neck Sweatshirt: Cost is \$18 for sizes S, M, L, XL; Cost is \$20 for sizes XXL, XXXL

Color	S	M	L	XL	QTY X \$18	2XL	3XL	QTY X \$20	TOTAL COST
Charcoal Grey					\$			\$	\$

Cash or Checks Only. Make Checks Payable to: Swartz Creek Area Senior Center


Total quantity: _____ Total payment: \$_____ Receipt # _____

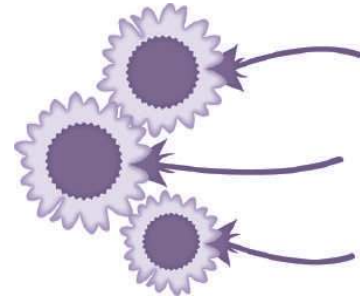


**Show your senior center
SPIRIT!
TAKING ORDERS NOW!
Purchase a short or long sleeved
T-Shirt, or a crew neck sweatshirt and
wear it with pride!**



August

Monday	Tuesday	Wednesday	Thursday	Friday
	1 8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning Noon Lunch— Roasted Chicken 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 6:30 5-Handed Euchre 6:30 Cribbage	2 Veteran's Services by Appt. 9:30 Zumba Noon Lunch— Grilled Turkey Burger 10:00 Alz. Support Group 1:30 Quilling Class 2:30 Sassy Exercise 3:45 Beginner Tai Chi 5:00 Int. Line Dancing 6:00 Setback 6:30 Mah-Jongg	3 8:45 Yoga 10:00 Tai Chi 11:00 Toning Exercise Noon Lunch— Char Beef Steak 12:30 Pinochle 2:30 Yoga with Props 3:45 Yoga 5:15 Basic Line Dancing 6:30 Pinochle	4 11:00 Arthritis Exercise Noon Lunch— Spanish Rice with Beef 1:00 Coffee Hour 1:00 Matter of Balance 5:00 Potluck— Burgers & Dogs 6:15 Mexican Train Dominoes 6:30 Euchre
	7 8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing 10:00 Creating Confident Caregivers Noon Lunch— Pub Burger 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Round Dance 5:00 Int. Round Dance 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance	8 8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning Noon Lunch— Marinated Turkey Breast 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 6:30 5-Handed Euchre 6:30 Cribbage	9 9:30 Zumba Noon Lunch— Chicken Tenderloin 10:00 Board Meeting 2:30 Sassy Exercise 3:45 Beginner Tai Chi 5:00 Int. Line Dancing 6:00 Setback 6:30 Mah-Jongg	10 8:45 Yoga 10:00 Tai Chi 1:00 Toning Exercise Noon Lunch— Baked Lemon Pollock 12:30 Pinochle 2:30 Yoga with Props 3:45 Yoga 5:15 Basic Line Dancing 6:30 Pinochle
	11 11:00 Arthritis-Exercise Canceled Noon Lunch— Philly Steak w/ Cheese 1:00 Coffee Hour 1:00 Matter-of-Balance Canceled CENTER CLOSED 4:30 - 6:00 PM 6:15 Mexican Train Dominoes 6:30 Euchre			

<p>14</p> <p>8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing 10:00 Creating Confident Caregivers Noon Lunch— Sloppy Joe 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Ballroom 5:00 Int. Round 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance</p>	<p>15</p> <p>8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning Noon Lunch— Meatloaf 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 6:30 5-Handed Euchre 6:30 Cribbage</p>	<p>16</p> <p>Legal Services By Appts. 9:30 Zumba Noon Lunch— Salisbury Steak 2:30 Sassy Exercise 3:45 Beginner Tai Chi 5:00 Int. Line Dancing 6:00 Setback 6:30 Mah-Jongg</p>	<p>17</p> <p>8:45 Yoga 10:00 Tai Chi 11:00 Toning Noon Lunch— Buttermilk Breaded Chix 12:30 Pinochle 2:30 Yoga w/ Props-Canceled 3:45 Yoga Canceled 5:00 Luau Dinner 5:15 Basic-Line Dancing Canceled 6:30 Pinochle</p>	<p>18</p> <p>11:00 Arthritis Exercise Noon Lunch— BBQ Pork 1:00 Coffee Hour 1:00 Matter of Balance CENTER CLOSED 4:30 - 6:00 PM 6:15 Mexican Train Dominoes 6:30 Euchre</p>
<p>21</p> <p>8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing 10:00 Creating Confident Caregivers Noon Lunch— Boneless Chicken Wings 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Ballroom 5:00 Int. Round 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance</p>	<p>22</p> <p>8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning Noon Lunch— Pork Chop Loin 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 6:30 5-Handed Euchre 6:30 Cribbage</p>	<p>23</p> <p>9:30 Zumba Noon Lunch— Chicken Philly w/ Cheese 2:30 Sassy Exercise 3:45 Beginner Tai Chi 5:00 Int. Line Dancing 6:00 Setback 6:30 Mah-Jongg</p>	<p>24</p> <p>8:45 Yoga 10:00 Tai Chi 11:00 Toning Noon Lunch— Pot Roast w/ Gravy 12:30 Pinochle 1:00 Pencil Drawing Class 2:30 Yoga w/ Props 3:45 Yoga 5:15 Basic Line Dancing 6:30 Pinochle</p>	<p>25</p> <p>845 Yoga Workshop 10:00 Family Memories 11:00 Arthritis Exercise Noon Lunch— Mac n Cheese 1:00 Coffee Hour 1:00 Matter of Balance CENTER CLOSED 4:30 - 6:00 PM 6:15 Mexican Train Dominoes 6:30 Euchre</p>
<p>28</p> <p>8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing Noon Lunch— Boneless Rib 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Ballroom 5:00 Int. Round 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance</p>	<p>29</p> <p>8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning Noon Lunch— Meatball Sub 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 4:00 Book Club 6:30 5-Handed Euchre 6:30 Cribbage</p>	<p>30</p> <p>Turkeyville Trip Departs Hearing Screenings by Appt. 9:30 Zumba 10:30 Acrylic Paint Class Noon Lunch— Stuffed Cabbage 2:30 Sassy Exercise 3:45 Beginner Tai Chi 5:00 Int. Line Dancing 6:00 Setback 6:30 Mah-Jongg</p>	<p>31</p> <p>8:45 Yoga 10:00 Tai Chi 11:00 Toning Noon Lunch— Pulled BBQ Chicken 12:30 Pinochle 1:00 Pencil Drawing Class 2:30 Yoga w/ Props 3:45 Yoga 5:15 Basic Line Dancing 6:30 Pinochle</p>	

Travel Opportunities

Exciting Trips for 2017!

Detroit Tigers vs. Chicago White Sox

Thursday, September 14, 2017

Price \$69 per person

- Round trip motor coach transportation to Comerica park in Detroit
- Ticket to the game
- Food Voucher good for a soft drink and a hot dog



Deadline: August 18, 2017

Detroit Princess Riverboat Luncheon Cruise

Friday, September 15, 2017

Price \$79 per person

- 2 hour Cruise on the Detroit Princess with Live Musical Entertainment. Take a Boat Cruise down the Detroit River from Hart Plaza, past the Ambassador Bridge, past Belle Isle.
- The luncheon Buffet includes three main entrees, potatoes, vegetables, assorted salads and desserts.

Deadline: August 18, 2017

Gordon Lightfoot Tribute & Up North Michigan

Tuesday, October 10, 2017

Price \$94 per person

- Buffet Luncheon and Gordon Lightfoot Tribute at Lakeside Resort and Conference Center, Houghton Lake, MI.
- Free time at Arnie's Arts and Crafts in Houghton Lake, MI.
- Free time in Downtown Clare (Cops and Donuts).

Deadline: August 31, 2017

Michigan Princess River Boat Luncheon Fall Color Cruise

Wednesday, October 11, 2017

Price \$84 per person

- Enjoy a plentiful buffet on board and enjoy the beautiful scenery.
- Stop at Uncle John's Cider Mill for a taste of cider and a donut.

Deadline: September 18th, 2017

Firekeepers Casino and the Drive-thru Christmas Lights Tour –

Wednesday, December 13, 2017

Price \$50 per person

- 4 hours of gaming at Firekeepers Casino
- Receive \$20 in gaming and \$5 in food credits
- Drive-thru Christmas Lights display at Jackson Fairgrounds

Deadline: November 29, 2017

Taste of the Sunrise Side (Deer Widows trip!)

Thursday, November 16, 2017

Price \$79 per person

- Multiple stops around Northeast Michigan for treats that will delight everyone.
- Williams Cheese Company, Linwood (home of Pinconning Cheese).
- Lunch on own at H&H Bakery, AuGres
- Wine Tasting at Modern Craft Winery Sample and shop at Sherni's Homemade Candies and Chocolates
- Dinner at Iva's Famous Chicken Dinners

Deadline: October 26, 2017

NEW!

Soaring Eagle Casino & BRENDA LEE

Monday, December 18, 2017

Price \$40 per person

- 5 hours of gaming at Soaring Eagle Casino
- Receive \$10 in gaming and \$5 in food credits
- Admission to see "Brenda Lee Christmas Show" at Soaring Eagle



Deadline: December 4th, 2017

Travel Policy

We encourage you and your friends over age 50 to join us on any of our trips. All participants must have an updated "Participation Form" on file at the time of sign-up.

Trip Cancellation Policy:

All cancellations incur a \$15 administrative fee which is deducted from any refund due to the member. Refund of the balance will be paid only if your seat can be canceled with the tour company. **During inclement weather, if the tour company providing the trip does not cancel, the traveler will not be entitled to any refund.** Some trips have policies unique to that trip, so be sure to read the policy details on the back of individual trip flyer. Stop by or call the Senior Center for trip details and the complete Travel Policy.



Have Fun! Play Fair!

Senior Day

In Partnership with
Senior Directors Association
Of Genesee County

Tuesday, August 22, 2017

Cummings Center, 6130 E. Mt. Morris Rd, 2 miles E of Genesee Rd

Admission is FREE

8:30 a.m. to Noon – Parking **FREE** to seniors with Parking Pass (*Passes available at your local Senior Center*)

8:30 a.m. to 2:30 p.m. – Shuttle Bus service available from/to parking lot.

Schedule in the Community Tent

9:00 a.m. – **FREE** Donuts & Coffee – (while supplies last)
provided by VG's

9:00 a.m. to Noon – **Visit with Vendors** from Genesee County Senior Services

9:00 a.m. to 12:00 – **FREE** Fun Entertainment

Entertainment Schedule: D.J. John Davis throughout the morning

9:00 – Jymi Dill, Singer

10:00 – Drummunity, Interactive

11:00 – T.J. Craven, Singer

Lunch – Bring a sack lunch or purchase food at the fair. Shaded tables and chairs are available in the Community tent, eat lunch and enjoy the entertainment.

Fun Games in the Afternoon (With Prizes)

12:00 – Scavenger Hunt (Get Your Team Together – Up to 4 people)

1:00 – Bean Bag Toss, Ladder Golf & Miniature golf – With Prizes!

AT THE FAIR!

10:00 a.m. **Bingo Tent Opens**

10:00 a.m. to 2:00 p.m. – **FREE Wagon Rides every half hour**

2:00 – **FREE Ice Cream** (while supplies last)

All Afternoon - There are many Genesee County Fair activities and exhibits!

Please note: Carnival rides are not free.



SUPPLY DONATIONS

Our Center uses many supplies on a daily basis. Donations of cold drink cups, bowls, napkins, dessert plates, hard candy, tissues, Bathroom Tissue, hand soap, and 2-liter bottles of pop are always appreciated.



Supplies were received from Ann Gray, Jane Perrault and Roy & Jeanne Beville.

Senior Center Services

Transportation



Transportation Services available to seniors residing within the Swartz Creek School District.

Contact the Senior Center for the Complete Schedule, Transportation Policy & Participant Requirements; including [deadline dates for sign-up](#).

TRANSPORTATION SERVICES INCLUDE:

LUNCH — (Daily — Monday through Friday)

Round-trip transportation from your home to attend lunch at the center.

SHOPPING — (Weekly)

Round-trip transportation from your home in the early afternoon on Mondays. This trip alternates between Meijer and Kroger each week.

FOOD PANTRY — (Monthly)

Round-trip transportation from your home to the Swartz Creek Community Food Basket.



Assistance for Veterans

Available at the Senior Center
Call (810) 635-4122 for an Appointment

Are you a veteran over age 60, or the spouse, widow, or widower of a veteran? John Nelson, Service Officer, with the Genesee County Department of Veterans Services Office is available for appointments at the Senior Center one day per month. During your appointment, John can provide information on benefit programs and assist you in completing applications for Veterans benefits. Please request a list of information to bring when you schedule your appointment.

Membership & Participation Guidelines

- ◆ Open to all Genesee County residents over age 50.
- ◆ Completion of a "Participation Form" and update the information annually.
- ◆ A yearly donation of \$10 per person is requested but not required.
- ◆ For more details, request a Membership Handbook.

Memorial Donations

A memorial donation was made by Mary Grace McFarlane in memory of Gordon Ford.



Join us for Lunch!

Provided by Genesee County Community Action Resource Department (GCCARD)

Meals are served Monday — Friday at 12:00 noon at the senior center. Reservations for Tuesday—Friday must be made by noon on the day before.

Reservations for Mondays must be made by noon on the prior Friday. Call the center at (810) 635-4122.

(Note: Meals for special occasions may require up to two weeks advance reservations.)

The requested donation is \$2.00 for anyone 60 years and over that lives in Genesee County. The cost for under 60 years or anyone that lives outside of Genesee County is \$3.50.



Hearing Screenings



Provided by Fluke Hearing
Offered at the Center once a month.
Call the Center to make an appointment

- Do you often have to ask others to repeat themselves?
- Do others complain to you that the TV is too loud?
- Do you hear, but not always understand?

Free hearing evaluation available at the senior center.

* Hearing aid cleaning and adjustments at no charge.

* Fees apply for battery replacement.

Discrimination Policy

The Swartz Creek Area Senior Center has adopted a policy of non-discrimination in all programs, services and employment. No one shall be excluded on the basis of race, color, national origin, sex, sexual orientation, religion, age, marital status, veteran and military status or disability unless required by the eligibility guidelines for services. Inclusiveness is a core value that drives the organization's mission of providing services to benefit persons who are over the age of fifty and reside in Genesee County.

At Willowbrook Manor, the Home Express team is here for you to encourage, celebrate your rehabilitation achievements, and prepare you for a return to safe and independent living as quickly as possible!

For more information about our facility or to schedule a personal tour, please give us a call today!



Willowbrook Manor
Nursing and Rehab Center
G-4436 Beecher Road, Flint, MI 48332
phone 810.733.0290 fax 810.733.6463
web willowbrook.cimafacilities.com

HELP PROTECT YOUR FAMILY

With a home security system monitored by ADT professionals 24 hours a day, 7 days a week. As an added benefit, installing a Security System may qualify you for a Homeowners Insurance discount.



HOME SECURITY TEAM

CALL NOW! 1-888-331-6501



Swartz

FUNERAL HOME AND CREMATION CENTER

1225 West Hill Road • Flint, MI
810-235-2345 • 810-694-2345
www.swartzfuneralhomeinc.com

Family Owned

Operated By Rick R. Lamb & Family



GENESEEVALLEY
PHYSICAL THERAPY

ORTHOPEDICS - PAIN MANAGEMENT
FALL RISK/BALANCE

WWW.GENESEEVALLEYPT.NET

MOST INSURANCE PLANS ACCEPTED
INITIAL APPOINTMENTS WITHIN 24-48 HOURS

Flint/Swartz Creek
6012 S. Linden Rd, Unit 15
Monticello Center
Swartz Creek, MI 48473
Telephone: 810-655-8244

“ After a week and a half I was able to walk on my own.... I highly recommend the *Miracle Workers* at Durand Senior Care and Rehab! ”

Featuring Rehab to Home
Physical, Occupational & Speech Therapy Services

Long-Term Skilled Nursing
Memory Care • Respite Care
Admissions 24 Hours a Day, 7 Days a Week! • Cable \$ Wi-Fi
Private Rooms Available!



Come Tour Today!

989.288.3166

8750 Monroe Rd
Durand, MI 48429

www.durandscr.com



A *NeCare* Managed Community

Worry Free Home Care 24-Hour Assistance Available!



Tanglewood
Home Care

Tanglewood Home Care provides compassionate care in the comfort of your own home. Our services include everything from companionship to complete home health care. When family members or friends need help for the seniors they love, *Tanglewood Home Care* can help.

(810) 629-9004

www.WorryFreeCare.com

“Simply the Finest Care Available”

all-inclusive rate
NO EXTRA FEES

starting at
\$3400

Call **810.635.3183**
for more information!

Swank Home
ASSISTED LIVING

- 24 Hour a day care by trained and caring staff
- Assistance with bathing, dressing, and personal care
- Complete health and medication management
- Home-cooked meals, served family style
- All housekeeping and laundry services included
- Weekly Activities: Bingo, Crafts, Yoga, Music

www.swankassistedliving.com

9412 Miller Rd., Swartz Creek, MI 48473



Swartz Creek Area Senior Center

8095 Civic Drive, Swartz Creek, MI 48473

Office Hours: Monday-Thursday: 9:00 am — 8:00 pm

Friday: 9:00 am — 4:30 pm & 6:00 pm — 8:00 pm

Office: (810) 635-4122

Fax: (810) 635-9405

Website:

www.myscasc.org

STAFF

Melinda Soper, Director

Barbara Hyrman, Asst. Director

Marianne Campbell, Staff Asst.

BOARD OF TRUSTEES

Roger Bloss, President

Bob Plumb, Vice President

Sally Creech, Secretary

Phillip Bracey, Treasurer

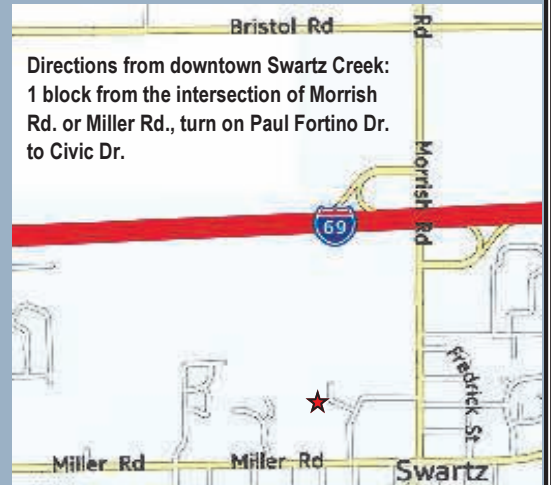
Harold O'Brien, Trustee

Allan Cox, Trustee

Ann Knight, Trustee

Roy Beville, Trustee

Susan Butler, Trustee



Swartz Creek Area Senior Center
8095 Civic Dr.
Swartz Creek, MI 48473